

**35th Annual Don Cathcart Invitational - 9/30/2023****@ Salisbury University****Winter Place Park****Results****Event 2 Women 6k Run CC**

Name	Year School	Finals	Points
Results - Women			
1 Santoro, Alyssa 22:30.6 (22:30.6)	SR Salisbury	22:30.60	1
2 Bodmer, Anna 22:49.9 (22:49.9)	FR Salisbury	22:49.90	2
3 Roberts, Rachel 23:10.5 (23:10.5)	SO Salisbury	23:10.50	3
4 Banniing, Tiffany 23:26.3 (23:26.3)	SO Wilmington (Del.)	23:26.30	4
5 Snyder, Leah 23:52.4 (23:52.4)	SO Salisbury	23:52.40	5
6 Nelson, Peri 23:56.5 (23:56.5)	FR Salisbury	23:56.50	6
7 Pippin, Grace 23:56.9 (23:56.9)	SR Mary Washington	23:56.90	7
8 Byers, Kyla 23:58.3 (23:58.3)	FR Stevenson	23:58.30	8
9 Wilken-Yoder, Kathe 24:05.8 (24:05.8)	SO Gallaudet	24:05.80	9
10 Gauthier, Rebecca 24:15.2 (24:15.2)	FR Stevenson	24:15.20	10
11 Jerrahian, Paige 24:18.7 (24:18.7)	FR Alvernia	24:18.70	11
12 Oberlies, Jessica 24:19.1 (24:19.1)	JR Mary Washington	24:19.10	12
13 Row, Camryn 24:20.9 (24:20.9)	FR Shepherd	24:20.90	13
14 Angstadt, Emmy 24:33.5 (24:33.5)	FR Alvernia	24:33.50	14
15 Douglas, Brittney 24:38.4 (24:38.4)	SR St. Mary's (Md.)	24:38.40	15
16 Jarrett, Ayesha 24:42.2 (24:42.2)	JR District of	24:42.20	16
17 Rathmann, Maddie 24:50.6 (24:50.6)	JR Salisbury	24:50.60	17
18 McConnell, Celest 24:55.6 (24:55.6)	SO Stevenson	24:55.60	18
19 Staub, Riley 24:56.9 (24:56.9)	SO Shepherd	24:56.90	19
20 Snow, Julia 24:59.4 (24:59.4)	JR Mary Washington	24:59.40	20
21 Fries, Isabel 25:01.9 (25:01.9)	SR Alvernia	25:01.90	21
22 Aten, Cecelia 25:04.5 (25:04.5)	SO Virginia Wesleyan	25:04.50	22
23 Burr, Cassidy 25:13.5 (25:13.5)	FR Wilmington (Del.)	25:13.50	23
24 Connelly, Erin 25:20.5 (25:20.5)	SR Salisbury	25:20.50	24
25 Riddell, Kristen 25:22.0 (25:22.0)	FR Salisbury	25:22.00	

## 35th Annual Don Cathcart Invitational - 9/30/2023

@ Salisbury University

Winter Place Park

## Results

## ....Event 2 Women 6k Run CC

26	Remaley, Nadia 25:25.4 (25:25.4)	FR Shepherd	25:25.40	25
27	Coleman, Kiera 25:25.9 (25:25.9)	FR Virginia Wesleyan	25:25.90	26
28	Novak, Victoria 25:29.2 (25:29.2)	FR Salisbury	25:29.20	
29	Torres, Jessie 25:41.3 (25:41.3)	FR Alvernia	25:41.30	27
30	Armstrong, Katherine 25:48.8 (25:48.8)	SO Mary Washington	25:48.80	28
31	Grimes, Olivia 25:53.3 (25:53.3)	FR Stevenson	25:53.30	29
32	Simms, Shenell 25:55.1 (25:55.1)	SO Maryland-Eas	25:55.10	
33	Swann, Alissa 25:56.0 (25:56.0)	SO Stevenson	25:56.00	30
34	Wilkes, Chacoia 26:02.2 (26:02.2)	SR District of	26:02.20	31
35	Trimble, Sophie 26:03.3 (26:03.3)	SO Harford CC	26:03.30	32
36	St. Pierre, Mackenzie 26:05.5 (26:05.5)	JR Alvernia	26:05.50	33
37	Schultz, Kylie 26:05.6 (26:05.6)	FR Wilmington (Del.)	26:05.60	34
38	Servis, Marisa 26:06.2 (26:06.2)	SO Salisbury	26:06.20	
39	Sheppard, Rainn 26:06.7 (26:06.7)	FR District of	26:06.70	35
40	McDonald, Sydney 26:18.9 (26:18.9)	SO Virginia Wesleyan	26:18.90	36
41	Hill, Makayla 26:20.8 (26:20.8)	FR Bowie State	26:20.80	37
42	Burchfield, Taylor 26:23.8 (26:23.8)	SO Wilmington (Del.)	26:23.80	38
43	Robey, Elizabeth 26:27.8 (26:27.8)	SR St. Mary's (Md.)	26:27.80	39
44	Agreda, Amy 26:28.5 (26:28.5)	SO Stevenson	26:28.50	40
45	Banning, Sammy 26:32.7 (26:32.7)	SO Wilmington (Del.)	26:32.70	41
46	Bah, Isatu 26:36.3 (26:36.3)	SO District of	26:36.30	42
47	Holston, Kaylee 26:53.2 (26:53.2)	FR St. Mary's (Md.)	26:53.20	43
48	Heckman, Amanda 26:55.4 (26:55.4)	JR Mary Washington	26:55.40	44
49	Aufderheide, Hannah 26:59.4 (26:59.4)	FR Virginia Wesleyan	26:59.40	45
50	Rupp, Lily 27:01.0 (27:01.0)	FR Salisbury	27:01.00	
51	Arrizi, Avery 27:06.4 (27:06.4)	FR St. Mary's (Md.)	27:06.40	46
52	Kaminsky, Natalie 27:07.2 (27:07.2)	SO Harford CC	27:07.20	47

**35th Annual Don Cathcart Invitational - 9/30/2023**  
**@ Salisbury University**  
**Winter Place Park**  
**Results**

**....Event 2 Women 6k Run CC**

53	Sternberg, Caitlin 27:09.5 (27:09.5)	JR Alvernia	27:09.50	48
54	Persuhn, Emily 27:12.6 (27:12.6)	FR Harford CC	27:12.60	49
55	Shroades, Taylor 27:13.3 (27:13.3)	SO Shepherd	27:13.30	50
56	Carter, Weiya 27:17.4 (27:17.4)	FR St. Mary's (Md.)	27:17.40	51
57	Cushwa, Elizabeth 27:18.2 (27:18.2)	FR Shepherd	27:18.20	52
58	Deak, Erin 27:19.4 (27:19.4)	FR Salisbury	27:19.40	
58	Rico, Cameron 27:19.4 (27:19.4)	FR Mary Washington	27:19.40	53
60	White, Kendra 27:19.5 (27:19.5)	SO Mary Washington	27:19.50	54
61	Burns, Samantha 27:23.7 (27:23.7)	FR Harford CC	27:23.70	55
62	Maier, Emily 27:34.3 (27:34.3)	FR Northern Vir	27:34.30	56
63	Katsaros, Emily 27:39.4 (27:39.4)	FR Stevenson	27:39.40	57
64	Cea-Lavin, Enya 27:43.3 (27:43.3)	SO Mary Washington	27:43.30	
65	Kingsley, Madison 27:46.0 (27:46.0)	FR St. Mary's (Md.)	27:46.00	58
66	Ramirez, Eliana 27:46.8 (27:46.8)	JR Mary Washington	27:46.80	
67	Fields, Nasya 27:48.2 (27:48.2)	FR Bowie State	27:48.20	59
68	Rodriguez-Arreola, Claud 27:49.1 (27:49.1)	FR Wilmington (Del.)	27:49.10	60
69	Simon, Kellie 28:00.8 (28:00.8)	SO Harford CC	28:00.80	61
70	McClintock, Ashley 28:01.5 (28:01.5)	FR Alvernia	28:01.50	62
71	Cabrera, Leilani 28:02.4 (28:02.4)	SO Northern Vir	28:02.40	63
72	Lewis, Destiny 28:37.2 (28:37.2)	SO Bowie State	28:37.20	64
73	Lawrence, Beibhinn 28:38.0 (28:38.0)	FR Mary Washington	28:38.00	
74	Stambaugh, Leah 28:46.7 (28:46.7)	JR Shepherd	28:46.70	65
75	Jensen, Sophie 29:00.7 (29:00.7)	SO Mary Washington	29:00.70	
76	Jones, Laila 29:11.9 (29:11.9)	FR Virginia Wesleyan	29:11.90	66
77	berczik, Meghan 29:18.5 (29:18.5)	FR Harford CC	29:18.50	67
78	Austin, Kayla 29:27.1 (29:27.1)	SR Shepherd	29:27.10	68
79	Robinson, Sarah 29:28.9 (29:28.9)	FR Northern Vir	29:28.90	69

**35th Annual Don Cathcart Invitational - 9/30/2023****@ Salisbury University****Winter Place Park****Results****....Event 2 Women 6k Run CC**

80 Lebaron, Cassidy	SR Gallaudet	29:32.60	70
29:32.6 (29:32.6)			
81 Cooper, Kayla	SO District of	29:33.90	71
29:33.9 (29:33.9)			
82 Francis, Tukey	SO District of	29:35.10	72
29:35.1 (29:35.1)			
83 VanGessel-Everts, Gladis	SR St. Mary's (Md.)	29:37.50	73
29:37.5 (29:37.5)			
84 Campbell, Shy-Ann	JR Maryland-Eas	29:54.50	
29:54.5 (29:54.5)			
85 Hodges, Alexis	FR St. Mary's (Md.)	30:01.40	
30:01.4 (30:01.4)			
86 Champney, Ruby	FR Delaware Tech CC	30:37.60	
30:37.6 (30:37.6)			
87 O'Neil, Emma	FR Harford CC	30:43.20	74
30:43.2 (30:43.2)			
88 Flystra, Elliot	FR Virginia Wesleyan	30:46.80	75
30:46.8 (30:46.8)			
89 Nguyen, Taylor	JR Gallaudet	31:37.80	76
31:37.8 (31:37.8)			
90 Rolek, Allie	FR Harford CC	31:47.90	
31:47.9 (31:47.9)			
91 Del Cid, Maia	FR Northern Vir	31:55.50	77
31:55.5 (31:55.5)			
92 Kinder, Shayla	FR Harford CC	32:10.60	
32:10.6 (32:10.6)			
93 Austin, Elizabeth	FR Northern Vir	32:27.50	78
32:27.5 (32:27.5)			
94 Ugbong, Zynobia	SO Bowie State	32:50.00	79
32:50.0 (32:50.0)			
95 Dzibela, Mary	FR Mary Washington	33:20.70	
33:20.7 (33:20.7)			
96 Spriggs, Kyera	SO Bowie State	34:01.60	80
34:01.6 (34:01.6)			
97 Jackson, Iyanna	JR District of	34:03.50	81
34:03.5 (34:03.5)			
98 Williams, Jaquia	SO Virginia Wesleyan	34:44.60	82
34:44.6 (34:44.6)			
99 Santiago, Alexys	SR Gallaudet	35:09.90	83
35:09.9 (35:09.9)			
100 Corcoran, Ashley	FR Gallaudet	35:42.80	84
35:42.8 (35:42.8)			
101 Anderson, Olivia	JR Gallaudet	36:28.70	85
36:28.7 (36:28.7)			
102 Robles, Lillian	FR Northern Vir	37:27.00	86
37:27.0 (37:27.0)			
103 Penner, Isabel	SO Northern Vir	37:47.90	87
37:47.9 (37:47.9)			
-- Skane, Sarah	UNA	X22:25.40	
22:25.4 (22:25.4)			
-- Jacobs, Lauren	UNA	X24:07.10	
24:07.1 (24:07.1)			
-- O'Zwoldike, Zuzka	UNA	X25:44.70	
25:44.7 (25:44.7)			



**35th Annual Don Cathcart Invitational - 9/30/2023****@ Salisbury University****Winter Place Park****Results****Event 1 Men 8k Run CC**

Name	Year School	Finals	Points
Results - Men			
1 Schindler, Hayden 25:25.3 (25:25.3)	JR Stevenson	25:25.30	1
2 Cave, Austen 25:29.6 (25:29.6)	JR Salisbury	25:29.60	2
3 Grossi, Matt 25:35.3 (25:35.3)	SR Salisbury	25:35.30	3
4 Bodmer, Sam 25:48.0 (25:48.0)	SR Salisbury	25:48.00	4
5 Smerlis, Nicholas 25:51.0 (25:51.0)	FR Mary Washington	25:51.00	5
6 Lackman, Vaughn 25:57.8 (25:57.8)	SO Wilmington (Del.)	25:57.80	6
7 Ftwi, Nahom 26:05.1 (26:05.1)	SR Maryland-Eas	26:05.10	
8 Taylor, Trent 26:06.4 (26:06.4)	JR Wilmington (Del.)	26:06.40	7
9 Dutton, Tristan 26:08.4 (26:08.4)	SO Salisbury	26:08.40	8
10 Lohr, Jacob 26:11.9 (26:11.9)	JR Mary Washington	26:11.90	9
11 Saboy, Garrett 26:13.4 (26:13.4)	FR Salisbury	26:13.40	10
12 Wade, Michael 26:28.4 (26:28.4)	JR St. Mary's (Md.)	26:28.40	11
13 Kinch, Connor 26:31.1 (26:31.1)	SO Salisbury	26:31.10	12
14 Cascone, Ryan 26:41.8 (26:41.8)	FR Salisbury	26:41.80	13
15 Lewicki, Landon 26:54.1 (26:54.1)	SO Salisbury	26:54.10	
16 Oquendo, Joel 26:58.0 (26:58.0)	FR Wilmington (Del.)	26:58.00	14
17 Hahn, Spencer 26:59.4 (26:59.4)	FR Alvernia	26:59.40	15
18 Burke, Declan 27:02.3 (27:02.3)	JR Salisbury	27:02.30	
19 Ivy, Shane 27:09.6 (27:09.6)	SO Salisbury	27:09.60	
20 Sparwasser, Carter 27:12.3 (27:12.3)	FR Wilmington (Del.)	27:12.30	16
21 Blair, Luke 27:14.9 (27:14.9)	SO Mary Washington	27:14.90	17
22 Johnson, James 27:22.0 (27:22.0)	JR Virginia Wesleyan	27:22.00	18
23 Petenbrink, Luke 27:24.0 (27:24.0)	JR Salisbury	27:24.00	
24 Ayers, Bryce 27:36.5 (27:36.5)	JR Maryland-Eas	27:36.50	
25 Paglia, Julian 27:47.6 (27:47.6)	FR Stevenson	27:47.60	19

**35th Annual Don Cathcart Invitational - 9/30/2023**  
**@ Salisbury University**  
**Winter Place Park**  
**Results**

**....Event 1 Men 8k Run CC**

26	Schultz, Graham	SO Salisbury	27:50.90	
	27:50.9 (27:50.9)			
27	Mackey, Parker	SO Shepherd	27:54.20	20
	27:54.2 (27:54.2)			
28	Souders, Zach	FR Wilmington (Del.)	27:59.30	21
	27:59.3 (27:59.3)			
29	Parker, Brett	FR Salisbury	28:03.20	
	28:03.2 (28:03.2)			
30	Schermerhorn, Kyle	JR Alvernia	28:06.70	22
	28:06.7 (28:06.7)			
31	Kimener, Aidan	SO Mary Washington	28:08.10	23
	28:08.1 (28:08.1)			
32	Ireland, Connor	FR Shepherd	28:09.50	24
	28:09.5 (28:09.5)			
33	Medeiros, Brady	FR Salisbury	28:09.70	
	28:09.7 (28:09.7)			
34	Wendel, Zackary	SO Alvernia	28:12.00	25
	28:12.0 (28:12.0)			
35	Shultz, Ashton	FR Mary Washington	28:13.80	26
	28:13.8 (28:13.8)			
36	Henry, James	SO Alvernia	28:19.50	27
	28:19.5 (28:19.5)			
37	Lehocky, Morgan	FR Mary Washington	28:23.00	28
	28:23.0 (28:23.0)			
38	Jones, Dylan	FR Stevenson	28:26.00	29
	28:26.0 (28:26.0)			
39	Volk, Joe	JR Wilmington (Del.)	28:31.60	30
	28:31.6 (28:31.6)			
40	Rodriguez Jr., Emmanuel	JR Alvernia	28:31.90	31
	28:31.9 (28:31.9)			
41	Torres, Roberto	FR Gallaudet	28:34.70	32
	28:34.7 (28:34.7)			
42	Dye, Michael	JR Mary Washington	28:34.90	33
	28:34.9 (28:34.9)			
43	Peterson, Braeden	FR Wilmington (Del.)	28:35.50	34
	28:35.5 (28:35.5)			
44	Pastore, Quentin	SR St. Mary's (Md.)	28:40.00	35
	28:40.0 (28:40.0)			
45	Koval, Ryan	SO Virginia Wesleyan	28:43.50	36
	28:43.5 (28:43.5)			
46	Hastings, Jon	FR Salisbury	28:43.60	
	28:43.6 (28:43.6)			
47	Cushlanis, Jared	JR Wilmington (Del.)	28:47.20	
	28:47.2 (28:47.2)			
48	Hagan, Anthony	FR Stevenson	28:51.40	37
	28:51.4 (28:51.4)			
49	Alston, Justin	SR Bowie State	28:53.50	38
	28:53.5 (28:53.5)			
50	Halley, Isaiah	JR Stevenson	28:59.60	39
	28:59.6 (28:59.6)			
51	Cloonan, Taydan	FR Shepherd	29:02.80	40
	29:02.8 (29:02.8)			
52	Burdock, James	JR Shepherd	29:04.90	41
	29:04.9 (29:04.9)			

**35th Annual Don Cathcart Invitational - 9/30/2023****@ Salisbury University****Winter Place Park****Results****....Event 1 Men 8k Run CC**

53	Thibaudeau, Ryan 29:06.5 (29:06.5)	FR Howard CC	29:06.50	42
54	Emuze, Destiny 29:07.6 (29:07.6)	SO Maryland-Eas	29:07.60	
55	Montague, Sean 29:07.8 (29:07.8)	FR Bowie State	29:07.80	43
56	Martinez, Samuel 29:10.9 (29:10.9)	FR Alvernia	29:10.90	44
57	Brown, Joshua 29:12.6 (29:12.6)	FR CCBC Essex	29:12.60	
58	Martin, David 29:16.7 (29:16.7)	SO Maryland-Eas	29:16.70	
59	Sensabaugh, Aiden 29:23.6 (29:23.6)	SO Shepherd	29:23.60	45
60	Womack, Johnathan 29:27.4 (29:27.4)	SR Stevenson	29:27.40	46
61	Thomas-Talley, Eric 29:30.2 (29:30.2)	SR Bowie State	29:30.20	47
62	Eppard, Peyton 29:32.7 (29:32.7)	JR St. Mary's (Md.)	29:32.70	48
63	Naimi, Younes 29:35.4 (29:35.4)	SO Alvernia	29:35.40	49
64	Witherspoon, Keon 29:40.4 (29:40.4)	JR Bowie State	29:40.40	50
65	Velleggia, Alec 29:46.8 (29:46.8)	JR Salisbury	29:46.80	
66	Norris, Nate 29:51.7 (29:51.7)	SO St. Mary's (Md.)	29:51.70	51
67	Watson, Jerry 30:02.3 (30:02.3)	SO Virginia Wesleyan	30:02.30	52
68	Bryne, Kelly 30:07.4 (30:07.4)	SO St. Mary's (Md.)	30:07.40	53
69	Pickens, Julian 30:11.8 (30:11.8)	FR Shepherd	30:11.80	54
70	Ake, Daniel 30:11.9 (30:11.9)	FR St. Mary's (Md.)	30:11.90	55
71	Boutte Jr, Hayward 30:30.6 (30:30.6)	JR Wilmington (Del.)	30:30.60	
72	Harbourt, Patton 30:46.1 (30:46.1)	JR St. Mary's (Md.)	30:46.10	56
73	McMillen, Brandon 30:46.5 (30:46.5)	FR Howard CC	30:46.50	57
74	Dennison, Ryan 30:51.7 (30:51.7)	SO Alvernia	30:51.70	
75	Frazier, Nehemiah 31:01.3 (31:01.3)	JR Stevenson	31:01.30	58
76	Fosty, Brayden 31:13.4 (31:13.4)	FR Delaware Tech CC	31:13.40	59
77	Arp, Benjamin 31:24.1 (31:24.1)	FR Mary Washington	31:24.10	
78	Ferebee, Isaiah 31:30.6 (31:30.6)	FR St. Mary's (Md.)	31:30.60	
79	Licup, Nicholas 31:33.5 (31:33.5)	SO Wilmington (Del.)	31:33.50	



**35th Annual Don Cathcart Invitational - 9/30/2023****@ Salisbury University****Winter Place Park****Results****...Event 1 Men 8k Run CC**

80	Yankle, Nick	SO Shepherd	31:38.50	60
	31:38.5 (31:38.5)			
81	Garcia, Edmund	FR Mary Washington	31:44.00	
	31:44.0 (31:44.0)			
82	Palma, Josiah	SO Virginia Wesleyan	31:47.50	61
	31:47.5 (31:47.5)			
83	Geron, Aidan	FR Bowie State	31:51.90	62
	31:51.9 (31:51.9)			
84	Haskins, Luke	FR Shepherd	31:54.80	
	31:54.8 (31:54.8)			
85	Hall, Jackson	SO Stevenson	32:07.00	
	32:07.0 (32:07.0)			
86	Veri, Dominic	SO Howard CC	32:07.80	63
	32:07.8 (32:07.8)			
87	Seebode, Luke	SO CCBC Essex	32:09.30	
	32:09.3 (32:09.3)			
88	Denne, Trenton	FR Shepherd	32:12.40	
	32:12.4 (32:12.4)			
89	Massey, Shane	SR Bowie State	32:16.50	64
	32:16.5 (32:16.5)			
90	Powers, Andrew	SO Virginia Wesleyan	32:24.70	65
	32:24.7 (32:24.7)			
91	Rose, Caleb	JR Bowie State	32:27.10	66
	32:27.1 (32:27.1)			
92	Darlington, Ethan	FR Alvernia	32:29.20	
	32:29.2 (32:29.2)			
93	Allen, Kendall	FR Bowie State	32:31.30	
	32:31.3 (32:31.3)			
94	Price, John'Ta	JR Gallaudet	32:36.20	67
	32:36.2 (32:36.2)			
95	Morrow, Luke	FR Delaware Tech CC	32:42.40	68
	32:42.4 (32:42.4)			
96	D'Amore, Kyle	SO Gallaudet	32:59.60	69
	32:59.6 (32:59.6)			
97	Buyondo, Issac	Howard CC	33:47.90	70
	33:47.9 (33:47.9)			
98	Stulir, Benjamin	FR Delaware Tech CC	33:50.10	71
	33:50.1 (33:50.1)			
99	Grimelli, Matthew	SR St. Mary's (Md.)	34:25.50	
	34:25.5 (34:25.5)			
100	Spinale, Jared	SR Gallaudet	34:29.00	72
	34:29.0 (34:29.0)			
101	Hendershot, Holt	SO Stevenson	35:44.50	
	35:44.5 (35:44.5)			
102	Sly, Colin	FR St. Mary's (Md.)	36:01.80	
	36:01.8 (36:01.8)			
103	Burton, Wesley	FR Virginia Wesleyan	36:56.30	73
	36:56.3 (36:56.3)			
104	Lees, Owen	Howard CC	37:19.80	74
	37:19.8 (37:19.8)			
105	Priest, Priest McCoy	FR CCBC Essex	37:20.70	
	37:20.7 (37:20.7)			
106	Oisinubi, Mife	Howard CC	37:23.20	75
	37:23.2 (37:23.2)			



**35th Annual Don Cathcart Invitational - 9/30/2023**

**@ Salisbury University**

**Winter Place Park**

**Results**

**....Event 1 Men 8k Run CC**

11	Gallaudet	316	32	67	69	72	76	78
	Total Time:	2:47:12.10						
	Average:	33:26.42						
12	Delaware Tech CC	354	59	68	71	77	79	
	Total Time:	3:15:18.00						
	Average:	39:03.60						