

Hampton Relays - 4/11/2009
Hampton University Armstrong Stadium
Results

Event 1 Women Pole Vault

Name	School	Seed	Finals	Points
Finals				
1 Sanders, Andrea	Norfolk State	2.80m	2.60m	10
2 Shoates, Candace	Norfolk State	3.05m	J2.60m	8
3 McGroary, Victoria	Delaware State	2.43m	2.45m	6
4 Berry, Alexander	Maryland-Eastern Shore	2.40m	2.30m	4.50
4 Joseph, Ashleigh	Norfolk State	3.10m	2.30m	4.50
--- James, Ameris	Maryland-Eastern Shore		NH	

Event 2 Men Pole Vault

Name	School	Seed	Finals	Points
Finals				
1 Dodd, Brett	Norfolk State	4.50m	3.95m	10
2 Dixon, Damon	Hampton	4.17m	J3.95m	8
3 Strachan, Jamahl	Maryland-Eastern Shore	3.96m	J3.95m	6
4 Letterio, Richmond	Virginia Wesleyan	3.58m	3.35m	5
5 Dix, Jermol	Maryland-Eastern Shore	2.85m	2.75m	4
--- Agan, Ryan	Delaware State	4.23m	NH	

Event 3 Women Long Jump

Name	School	Seed	Finals	Wind	Points
Finals					
1 Lewis, Rachel	Hampton	5.71m	5.59m	-1.0	10
2 Shell, Jessika	Delaware State	5.60m	5.38m	-2.3	8
3 Brown, Janet	Norfolk State	5.89m	5.20m	-2.4	6
4 Dillard, Christen	Delaware State	4.97m	5.17m	-0.3	5
5 Faulkner, Victoria	Norfolk State	5.75m	4.89m	-4.5	4
6 Adams, Ashley	Morgan State	5.60m	4.88m	-2.2	3
7 Williams, Adrienne	Virginia Wesleyan	4.72m	4.82m	-2.1	2
8 Bogart, Brooke	Virginia Wesleyan	5.32m	4.81m	-2.6	1
9 Johnson, Kristen	Delaware State		4.78m	-2.1	
10 Noralez, Lennise	Medgar Evers	4.87m	3.93m	1.7	
11 Lamb, Shaunique	Virginia Wesleyan	4.41m	3.74m	-2.0	
--- Matthews, Ashantia	Norfolk State	5.60m	FOUL		

Event 4 Men Long Jump

Name	School	Seed	Finals	Wind	Points
Finals					
1 Walker, Predist	Hampton	7.48m	7.37m	3.6	10
2 Shelton, Darris	Norfolk State	7.32m	7.09m	1.9	8
3 Brathwaite, Kenrick	Unattached	7.51m	6.91m	0.2	6
4 Hamilton, Okechi	Virginia Wesleyan	6.24m	6.39m	1.5	5
5 Blocker, James	Morgan State	7.23m	6.35m	0.1	4
6 Payne, Justin	Morgan State	7.05m	6.22m	4.2	3
7 Dick, Nkosi	Medgar Evers	6.00m	6.16m	2.6	2
8 Frederick, Mac	Virginia Wesleyan		5.79m	1.9	1
--- Taylor-Watson, Dakari	Morgan State	7.18m	FOUL		
--- blanchard, jamal blanchard	Unattached	7.00m	FOUL		

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Event 5 Women Triple Jump

Name	School	Seed	Finals	Wind	Points
Finals					
1 Dillard, Christen	Delaware State	11.94m	11.17m	1.3	10
2 Brown, Janet	Norfolk State	12.10m	11.05m	2.8	8
3 Waugh, Dicoda	District of Columbia	11.45m	J11.05m	3.1	6
4 Hite, Alaina	Norfolk State	11.73m	11.04m	2.1	5
5 Williams, Adrienne	Virginia Wesleyan	10.54m	10.89m	3.8	4
6 Drummer, Danielle	Norfolk State	11.58m	10.74m	4.1	3
7 Bogart, Brooke	Virginia Wesleyan	11.46m	10.59m	3.9	2

Event 6 Men Triple Jump

Name	School	Seed	Finals	Wind	Points
Finals					
1 Shelton, Darris	Norfolk State		14.15m	1.7	10
2 Bakayoko, Foulhel	Medgar Evers	12.01m	13.79m	2.8	8
3 Porter-Lee, Ancil	Medgar Evers	12.90m	12.77m	1.8	6
4 Hamilton, Okechi	Virginia Wesleyan	13.18m	12.45m	1.3	5
5 Edmonds, Kelvin	Coppin State	13.45m	11.80m	1.7	4

Event 7 Women Shot Put

Name	School	Seed	Finals	Points
Finals				
1 Bronson, Leitawsha	Morgan State	16.00m	14.71m	10
2 Henry, Vanessa	Maryland-Eastern Shore	14.17m	14.34m	8
3 Woodward, Saisha	Maryland-Eastern Shore	14.79m	14.07m	6
4 Watkins, Jocelyn	Hampton	12.95m	12.92m	5
5 Williams, Tia	Morgan State	14.00m	12.56m	4
6 Gray, Kaleena	Unattached	13.18m	12.43m	3
7 Blaylock, Nielah	Hampton	13.13m	12.31m	2
8 Wilson, Sasha	Unattached	13.00m	12.28m	1
9 Hovington, Morgan	Delaware State	13.14m	12.24m	
10 Shirley, Candace	Morgan State		11.44m	
11 McGregor, Kristal	Hampton	12.53m	11.38m	
12 Stevenson, Monet	Norfolk State	11.98m	11.15m	
13 Nelson, Lela	Unattached	11.89m	10.99m	
14 Randall, Allison	Morgan State	13.80m	10.69m	
15 Burke, Rachel	Delaware State	11.70m	10.16m	
16 Brit, Alma	Delaware State	10.01m	9.91m	
17 Thornton, Courtney	Hampton		9.88m	

Event 8 Men Shot Put

Name	School	Seed	Finals	Points
Finals				
1 Benjamin, Tyron	Morgan State	18.02m	16.61m	10
2 Sands, Reginald	Unattached	14.78m	14.91m	8
3 Napoleon, Anthony	Morgan State	16.00m	13.91m	6
4 Miller, Brian	Unattached		13.43m	5
5 Cave, Ryan	Hampton		13.31m	4
6 Craig, Jamal	Norfolk State	14.42m	12.35m	3
7 Pinto, Christopher	Medgar Evers	12.00m	10.82m	2
8 Wright, Davion	Unattached		10.19m	1

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Finals ... (Event 8 Men Shot Put)

Name	School	Seed	Finals	Points
9 Brevil, Carl	Virginia Wesleyan		7.74m	
10 Bondurant, Jordan	Virginia Wesleyan	8.85m	7.45m	

Event 9 Women Javelin Throw

Name	School	Seed	Finals	Points
Finals				
1 Shirley, Candace	Morgan State	38.54m	31.71m	10
2 Watkins, Jocelyn	Hampton		29.81m	8
3 Baird, Natoya	Coppin State	34.89m	28.28m	6
4 Vaughn, Shanlynn	Norfolk State	35.10m	27.19m	5
5 Harris, Tiphani	Norfolk State	35.00m	26.10m	4
6 Jenkins, Tanisha	Norfolk State	25.30m	25.72m	3
7 McFerren, Rhiannon	Virginia Wesleyan	26.51m	25.52m	2
8 Briggs, Deshana	Hampton		23.60m	1
9 Stevenson, Monet	Norfolk State	24.40m	23.54m	
10 Snyder, Melissa	Virginia Wesleyan	16.76m	17.01m	

Event 10 Men Javelin Throw

Name	School	Seed	Finals	Points
Finals				
1 Sutton, John	Delaware State	55.00m	55.70m	10
2 rountree, brandon rountree	Unattached	50.00m	48.25m	8
3 Veale, Lamar	Hampton		46.15m	6
4 Ramsey, Stephen	Hampton	47.30m	42.68m	5
5 Crosby, Devin	Virginia Wesleyan	41.85m	40.73m	4
6 Tomczak, Jesse	Virginia Wesleyan		38.93m	3
7 Agbor-Eyong, Harrison	Maryland-Eastern Shore	45.00m	38.31m	2
8 Strachan, Jamahl	Maryland-Eastern Shore	36.47m	37.32m	1

Event 11 Women High Jump

Name	School	Seed	Finals	Points
Finals				
1 Artis, Jonee	Norfolk State	1.73m	1.63m	10
2 Baird, Natoya	Coppin State	1.81m	J1.63m	7
2 Moore, Frankie	Unattached	1.65m	J1.63m	7
4 Johnson, Kristen	Delaware State	1.70m	J1.63m	5
5 Briggs, Deshana	Hampton	1.70m	J1.63m	4
6 Vaughn, Shanlynn	Norfolk State	1.68m	J1.63m	3
7 Mitchell, She'Anna	Norfolk State	1.73m	J1.63m	2
--- Calder, Claudia	Hampton	1.70m	NH	
--- Ramsey, Keva	Morgan State	1.63m	NH	
--- Pascucci, Melissa	Virginia Wesleyan	1.58m	NH	

Event 12 Men High Jump

Name	School	Seed	Finals	Points
Finals				
1 Moore, James	Maryland-Eastern Shore	2.01m	1.90m	10
--- Motlomi, Charles	Medgar Evers	1.90m	NH	
--- Blocker, James	Morgan State	2.18m	NH	
--- Sajous, Johnathan	Medgar Evers	1.85m	NH	
--- Stanback, Marcus	Hampton	1.89m	NH	

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Finals ... (Event 12 Men High Jump)

Name	School	Seed	Finals	Points
--- Nichols, Kevin	Unattached		NH	
--- Ducalet, Vaner	Medgar Evers	1.75m	NH	

Event 13 Women Discus Throw

Name	School	Seed	Finals	Points
Finals				
1 Randall, Allison	Morgan State	52.00m	46.99m	10
2 Woodward, Saisha	Maryland-Eastern Shore	41.68m	44.75m	8
3 Blaylock, Nielah	Hampton	43.86m	42.15m	6
4 Gray, Kaleena	Unattached	43.00m	41.91m	5
5 Wilson, Sasha	Unattached	43.00m	39.38m	4
6 Watkins, Jocelyn	Hampton	39.41m	37.21m	3
7 Williams, Tia	Morgan State	41.00m	34.62m	2
8 Brit, Alma	Delaware State	29.38m	31.88m	1
9 Wheeler, Joycelyn	Maryland-Eastern Shore	38.51m	31.58m	
10 Thornton, Courtney	Hampton		26.68m	
11 McFerren, Rhiannon	Virginia Wesleyan	24.68m	23.79m	
12 Lamb, Shauniqua	Virginia Wesleyan		18.13m	
--- McGregor, Kristal	Hampton		FOUL	
--- Henry, Vanessa	Maryland-Eastern Shore	34.71m	FOUL	

Event 14 Men Discus Throw

Name	School	Seed	Finals	Points
Finals				
1 Swett, Michael	Hampton		36.81m	10
2 Dix, Jermol	Maryland-Eastern Shore	33.00m	31.32m	8
3 Strachan, Jamahl	Maryland-Eastern Shore	30.90m	27.11m	6
4 Brevil, Carl	Virginia Wesleyan		21.42m	5
5 Bondurant, Jordan	Virginia Wesleyan	19.81m	20.19m	4

Event 15 Women 5000 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 Medlin, Krystle	Hampton	18:44.27	19:00.75	10
2 Thomas, Tamica	Maryland-Eastern Shore	18:58.99	19:08.90	8
3 Smith, Jalhlisa	Hampton	18:50.02	19:30.73	6
4 Jones, Kenya	Hampton	18:50.01	22:32.75	5
5 Abrantes, Jessica	Maryland-Eastern Shore	20:00.00	22:43.16	4

Event 16 Men 5000 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 Nero, Sandino	Hampton	15:30.00	15:56.96	10
2 Maritim, Shadrack	Maryland-Eastern Shore	15:35.18	16:27.83	8
3 Kirongo, Solomon	Maryland-Eastern Shore	16:49.36	16:51.91	6
4 Cheruiyot, Hillary	Norfolk State	15:30.42	17:09.73	5

Event 17 Women 100 Meter Dash

Name	School	Seed	Finals	Wind	H#	Points
Finals						
1 Boone-Smith, Rachelle	Unattached	11.17	11.39	2.4	3	10

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Finals ... (Event 17 Women 100 Meter Dash)

	Name	School	Seed	Finals	Wind	H#	Points
2	Franklin, NeKisha	Delaware State	11.63	11.70	2.4	3	8
3	Hines, Ashley	Morgan State	11.55	12.03	2.4	3	6
4	Davenport, Portia	Norfolk State	11.90	12.04	1.1	2	5
5	Flowers, Tierra	Norfolk State	11.80	12.05	2.4	3	4
6	Idlette, LaVonne	Unattached	11.90	12.06	1.1	2	3
7	Nelson, Lela	Unattached	11.90	12.16	1.1	2	2
8	Glenn, Septima	Hampton	12.03	12.36	1.1	2	1
9	Blake, Ashley	Delaware State	12.20	12.38	1.1	2	
10	Claiborne, Shanneka	Norfolk State	11.75	12.38	2.4	3	
11	Hodges, Cheri	Norfolk State	12.10	12.39	1.1	2	
12	Wattley, Britney	Morgan State	11.89	12.54	2.4	3	
13	Johnson, Quawnecia	Morgan State	12.06	12.93	1.1	2	
14	Williams, Shenequa	Medgar Evers	12.50	13.90	2.6	1	
15	Charles, Gabrielle	Medgar Evers	12.70	13.94	2.6	1	
16	Wright, Alicia	Medgar Evers	12.90	14.20	2.6	1	
17	James, Ameris	Maryland-Eastern Shore	12.67	14.23	2.6	1	

Event 18 Men 100 Meter Dash

	Name	School	Seed	Finals	Wind	H#	Points
Finals							
1	Zakari, Aziz	Unattached	10.25	10.46	1.8	4	10
2	Anderson, Aaron	Hampton	10.32	10.52	1.8	4	8
3	Ndri, Eric	Unattached	10.21	10.61	1.8	4	6
4	Durant, Adrian	Real Deal T.C	10.37	10.64	1.8	4	5
5	Brown, Devon	Hampton	10.84	10.66	4.1	2	4
6	Byron, Justin	Real Deal T.C	10.55	10.79	2.7	3	3
7	Gauntlett, Akheem	Maryland-Eastern Shore	10.50	10.82	1.8	4	2
8	Sivels, Darius	Delaware State	10.99	10.87	4.1	2	1
9	Bowen, Kevin	Morgan State	10.57	10.95	2.7	3	
10	wesley, cyrus	Zenith Velocity AC	10.60	10.96	2.7	3	
11	Miles, Damian	Maryland-Eastern Shore	10.56	10.97	2.7	3	
12	Shelton, Darris	Norfolk State	10.89	10.98	4.1	2	
13	Davis, Brycen	Delaware State	10.89	11.01	4.1	2	
14	Barner, Derrick	Morgan State	10.68	11.23	4.1	2	
15	Brummell, Aaron	Unattached	10.56	11.25	2.7	3	
16	Assoumou, Didier	Ivory	10.50	11.27	1.8	4	
17	Dick, Nkosi	Medgar Evers	11.10	11.30	1.5	1	
18	Blyden, Flavel	Unattached	11.00	11.34	4.1	2	
19	Stallworth, Durrell	Unattached - Medgar Evers	10.50	11.47	2.7	3	
19	Church, Anthony	Unattached	10.98	11.47	4.1	2	
21	mc neil, jason	Zenith Velocity AC	11.52	11.50	1.5	1	
22	Charles, Christon	Medgar Evers	11.40	11.76	1.5	1	
23	Frederick, Mac	Virginia Wesleyan	12.05	11.95	1.5	1	
24	Brevil, Carl	Virginia Wesleyan		12.96	1.5	1	

Event 19 Women 100 Meter Hurdles

	Name	School	Seed	Finals	Wind	H#	Points
Finals							
1	Idlette, LaVonne	Unattached	13.50	14.01	3.2	2	10
2	Adams, Ashley	Morgan State	13.60	14.08	3.2	2	8

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Finals ... (Event 19 Women 100 Meter Hurdles)

Name	School	Seed	Finals	Wind	H#	Points
3 Faulkner, Victoria	Norfolk State	14.10	14.41	3.2	2	6
4 Matthews, Ashantia	Norfolk State	14.50	14.45	3.2	2	5
5 Hite, Alaina	Norfolk State		15.19	3.1	1	4
6 Fan Fan, Tracey	Delaware State	14.48	15.35	3.2	2	3
7 Robertson, Lissette	Medgar Evers	17.00	16.88	3.1	1	2
8 Sacco, Gabrielle	Virginia Wesleyan	17.95	17.32	3.1	1	1

Event 20 Men 110 Meter Hurdles

Name	School	Seed	Finals	Wind	H#	Points
Finals						
1 Dubose, Jacoby	Pierce Track Club	13.50	13.88	2.0	2	10
2 Berger, Dominique	Pierce Track Club	13.55	13.97	2.0	2	8
3 Walker, Predist	Hampton	13.91	14.41	2.0	2	6
4 Simpson, Andrew	Morgan State	13.87	14.53	2.0	2	5
5 Peresta, Andrew	Unattached	14.30	14.57	2.0	1	4
6 Dixon, Damon	Hampton	14.56	14.85	2.0	1	3
7 Veale, Lamar	Hampton	14.65	15.18	2.0	1	2
8 Jackson, Michael	Norfolk State	14.68	15.18	2.0	1	1
9 Dix, Jermol	Maryland-Eastern Shore	15.89	15.63	2.0	1	
10 Wilson, Travis	Norfolk State	14.65	15.66	2.0	1	

Event 21 Women 400 Meter Dash

Name	School	Seed	Finals	H#	Points
Finals					
1 Clement, Alicia	Morgan State	56.45	57.46	2	10
2 Anais, Cynthia	Maryland-Eastern Shore	56.18	57.56	3	8
3 Mayers, Kendra	Delaware State	55.12	57.88	3	6
4 Kelly, Ayanna	Delaware State	59.10	58.13	1	5
5 Harrison, Jessica	Delaware State	58.90	58.81	1	4
6 Hollis, Kaneesha	District of Columbia	55.00	58.86	3	3
7 Richmond, Leah	Hampton	56.50	59.12	2	2
8 Oliver, Tyshia	Morgan State	56.30	59.60	2	1
9 Green, Saleena	District of Columbia	56.00	59.76	3	
10 Allen, Latoya	District of Columbia	58.20	59.77	2	
11 Brown, Sharie	Maryland-Eastern Shore	58.16	1:00.39	2	
12 Moore, Shaniqua	Norfolk State	58.80	1:00.92	1	
13 Royster, Talithia	Maryland-Eastern Shore	58.17	1:01.56	2	
14 Marcus, Jalilissa	Atoms	1:01.50	1:01.62	1	
15 Vargas, Adrianna	Morgan State		1:01.73	3	
16 Brown, Tiffany	Virginia Wesleyan	1:02.50	1:03.44	1	
17 Delice, Valerie	Medgar Evers	1:03.00	1:09.81	1	

Event 22 Men 400 Meter Dash

Name	School	Seed	Finals	H#	Points
Finals					
1 Clarke, Burton	Delaware State	46.56	47.32	4	10
2 Byron, Justin	Real Deal T.C	46.34	48.12	4	8
3 Keane-Dawes, Thomas	Maryland-Eastern Shore	47.55	48.80	4	6
4 Higgs, Jordan	Morgan State	47.57	49.15	4	5
5 Wilkerson, Troy	Real Deal T.C	46.90	49.26	4	4

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Finals ... (Event 22 Men 400 Meter Dash)

Name	School	Seed	Finals	H#	Points
6 Moon, Tyrell	Norfolk State	47.88	49.30	4	3
7 Jones-Burden, Paul	Maryland-Eastern Shore	48.68	49.61	2	2
8 Reeves, Brandon	Delaware State	48.79	50.18	2	1
9 Alexander, Corey	Maryland-Eastern Shore	48.55	50.28	3	
10 Bell, Jason	Coppin State	47.62	50.33	4	
11 Easton, Andre	Delaware State	48.78	50.71	2	
12 Whyte, Carbinere	Morgan State	48.45	50.88	3	
13 Duncan, Derrhyl	Delaware State	49.84	51.10	1	
14 Jackson, Kevon	Coppin State	48.01	52.02	3	
15 Obiarinze, Jude	Morgan State	48.67	53.02	2	
16 Jones, Lyle	Norfolk State	53.00	55.57	1	

Event 23 Women 4x100 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Delaware State	A	46.02	47.07	10
1) Fan Fan, Tracey	2) Franklin, NeKisha	3) Mayers, Kendra	4) Blake, Ashley	
2 Norfolk State	A	45.80	47.27	8
1) Claiborne, Shanneka	2) Davenport, Portia	3) Faulkner, Victoria	4) Flowers, Tierra	
3 Morgan State	A	44.90	48.25	6
1) Robinson, Jamia	2) Hines, Ashley	3) Johnson, Quawnecia	4) Smalls, Kamice	
4 Norfolk State	B	48.50	48.40	5
1) Brown, Janet	2) Jenkins, Tanisha	3) Pickett, Allyssa	4) Brown, Kimberly	
5 Virginia Wesleyan	A	53.77	53.80	4
1) Brown, Tiffany	2) Williams, Adrienne	3) Pascucci, Melissa	4) Sacco, Gabrielle	

Event 24 Men 4x100 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Hampton	B	40.00	40.78	2	10
1) Anderson, Aaron	2) Walker, Predist	3) Jones, Brandon	4) Dixon, Reggie		
2 Morgan State	A	40.25	41.04	2	
1) McLean, Stephen	2) Bowen, Kevin	3) Blanks, Allen	4) Cham, Salifu		
3 Zenith Velocity AC	A	39.80	41.91	2	6
1) Steele, Edino	2) mc neil, jason	3) campbell, Antony	4) Faulkner, Troy		
4 Pierce Track Club	A	40.10	42.45	2	5
5 Coppin State	A	41.78	42.96	2	4
1) Edmonds, Kelvin	2) Bell, Jason	3) Jackson, Kevon	4) Mills, Darron		
6 Zenith Velocity AC	B	42.50	43.35	1	3
1) Leo, Roque	2) Brown, Michael	3) Mc niel, Earl	4) spence, akeem		
7 Medgar Evers	A	43.30	45.81	1	2
1) Charles, Gabrielle	2) Reid, Joel	3) Thorpe, Kareem	4) Dick, Nkosi		
8 Virginia Wesleyan	A		47.05	1	1
1) Hamilton, Okechi	2) Frederick, Mac	3) Tomczak, Jesse	4) Taylor, Jason		

Event 25 Women 800 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 Jones, Eunice	Maryland-Eastern Shore	2:11.00	2:10.69	10
2 Sang, Stallah	District of Columbia	2:07.00	2:16.02	8
3 Oliver, Tyshia	Morgan State	2:17.34	2:25.22	6
4 Hutto, Jamia	Norfolk State	2:15.00	2:26.62	5

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Finals ... (Event 25 Women 800 Meter Run)

Name	School	Seed	Finals	Points
5 Watkins, Britnee	Delaware State	2:20.12	2:27.21	4
6 Davis, Ciara	Morgan State		2:28.18	3
7 Vargas, Adrianna	Morgan State	2:17.46	2:28.70	2
8 Fauth, Kelly	Virginia Wesleyan	2:28.00	2:30.18	1
9 Gee, Syeeda	Norfolk State	2:18.00	2:36.12	
10 Tran, Lan	Virginia Wesleyan	2:40.00	2:40.15	

Event 26 Men 800 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 Thompson, Bruce	Hampton	1:52.30	1:54.23	10
2 Cross, Yaphet	Hampton	1:53.21	1:55.43	8
3 Campbell, Lawrence	Hampton	1:57.50	1:57.95	6
4 Richardson, Isaac	Morgan State	1:54.12	1:58.26	5
5 Laws, Alan	Delaware State	1:52.67	1:58.85	4
6 Shelton, Terrell	Virginia Wesleyan	2:00.81	2:01.01	3
7 Kidd, David	Virginia Wesleyan	1:58.87	2:01.33	2
8 Moon, Aaron	Delaware State	1:55.89	2:01.65	1
9 Merritt, LaShawn	Real Deal T.C	1:50.50	2:03.21	
10 Brown, Bradley	Unattached	1:57.50	2:03.43	
11 Harding, Alan	Delaware State	1:58.45	2:05.36	
12 Gomez-Jordan, Julian	Maryland-Eastern Shore	2:00.00	2:08.14	
13 Bell, Rob	Virginia Wesleyan	2:07.00	2:08.86	
14 Beckham, Reginald	Norfolk State	2:05.91	2:10.44	

Event 27 Women 400 Meter Hurdles

Name	School	Seed	Finals	H#	Points
Finals					
1 Pickett, Allyssa	Norfolk State	1:00.00	1:02.91	2	10
2 Lendor, Danai	Maryland-Eastern Shore	1:00.40	1:04.07	2	8
3 Adams, Ashley	Morgan State	1:00.45	1:04.18	2	6
4 Sewell, Nykesha	Delaware State		1:04.55	1	5
5 Campbell, Lauren	Morgan State	1:00.87	1:05.60	2	4
6 Franklin, Demia	District of Columbia	1:02.00	1:07.07	1	3
7 Cook, Danielle	District of Columbia	1:05.00	1:08.39	1	2
8 Smalls, Kamice	Morgan State	1:00.89	1:08.75	2	1
9 Harris, Margaret	Hampton	1:00.10	1:12.26	2	
10 Davis, Ciara	Morgan State		1:12.39	1	
11 McCombs, Charnise	Delaware State	1:06.12	1:12.67	1	
12 Sacco, Gabrielle	Virginia Wesleyan	1:15.00	1:15.95	1	
13 Pascucci, Melissa	Virginia Wesleyan	1:18.85	1:17.88	1	

Event 28 Men 400 Meter Hurdles

Name	School	Seed	Finals	H#	Points
Finals					
1 Tondereau, Alvin	Hampton	53.30	55.73	3	10
2 Durham, Adam	Unattached	51.48	56.07	3	8
3 Jackson, Michael	Norfolk State	54.68	56.64	2	6
4 Brown, Byan	Hampton	55.30	57.20	2	5
5 Wilson, Travis	Norfolk State	54.00	57.20	2	4

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Finals ... (Event 28 Men 400 Meter Hurdles)

Name	School	Seed	Finals	H#	Points
6 Peresta, Andrew	Unattached	52.90	57.28	1	3
7 Marrow, Sherrod	Norfolk State	53.56	58.17	3	2
8 Mills, Darron	Coppin State	52.59	58.30	3	1
9 Mc niel, Earl	Zenith Velocity AC	56.20	58.94	1	
10 Edwards, Audbrey	Coppin State	53.75	59.87	3	
11 Johnson, Trevelle	Coppin State	55.75	1:02.61	2	
12 Stanback, Marcus	Hampton		1:03.56	1	

Event 30 Men 4x110 Meter Shuttle Hurdle

Team	Relay	Seed	Finals	Points
Finals				
1 Pierce Track Club	A	56.00	58.65	10
2 Hampton	B	1:02.00	1:04.60	8

Event 31 Women 1500 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 Whyte, Celia	Maryland-Eastern Shore	4:43.18	4:58.18	10
2 Ross, Mallory	Delaware State	5:01.72	5:02.29	8
3 Chichester, Jennifer	Norfolk State	4:36.00	5:07.31	6
4 Jones, Kenya	Hampton	4:47.38	5:11.76	5
5 Branch, Jasmin	Hampton	5:01.10	5:14.80	4
6 Roane, Ashley	Virginia Wesleyan	5:11.11	5:15.82	3
7 Gee, Syeeda	Norfolk State	5:00.00	5:23.67	2
8 Hutto, Jamia	Norfolk State	4:52.00	5:26.70	1
9 Satterwhite, Rachel	Virginia Wesleyan	5:18.00	5:26.81	
10 Jones, Alisha	Delaware State	5:40.00	5:33.97	
11 Worner, Caitlyn	Virginia Wesleyan	5:45.00	5:56.52	

Event 32 Men 1500 Meter Run

Name	School	Seed	Finals	Points
Finals				
1 David, Justus	Morgan State	3:56.34	4:04.92	10
2 Mesta, Nathan	Morgan State	3:59.24	4:11.80	8
3 Holmes, Donte	Delaware State	3:56.34	4:14.05	6
4 Thibou, Kelli	Delaware State	3:56.56	4:17.58	5
5 Whitson, Sean	Virginia Wesleyan	4:15.00	4:19.18	4
6 Nero, Sandino	Hampton	4:15.00	4:22.69	3
7 Aaron, Robert	Virginia Wesleyan	4:18.95	4:26.12	2
8 Moulton, Danny	Virginia Wesleyan	4:28.36	4:40.41	1
9 Richardson, Isaac	Morgan State	4:10.12	4:43.08	

Event 33 Women 200 Meter Dash

Name	School	Seed	Finals	Wind	H#	Points
Finals						
1 Martin, Cottrell	District of Columbia	25.00	25.13	1.6	3	10
2 Sloan, Avionne	Morgan State	24.50	25.21	1.4	4	8
3 Blake, Ashley	Delaware State	25.01	25.37	1.3	2	6
4 Green, Saleena	District of Columbia	25.10	25.38	1.3	2	5
5 Clement, Alicia	Morgan State	24.65	25.87	1.6	3	4
6 Johnson, Quawnecia	Morgan State	24.54	26.29	1.4	4	3

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Finals ... (Event 33 Women 200 Meter Dash)

Name	School	Seed	Finals	Wind	H#	Points
7 Williams, Shenequa	Medgar Evers	25.70	26.30	1.3	2	2
8 Campbell, Lauren	Morgan State	24.65	26.41	1.6	3	1
9 Marcus, Jalilissa	Atoms	26.45	26.60	1.3	2	
10 Brown, Tiffany	Virginia Wesleyan	27.52	26.87	1.2	1	
11 Charles, Gabrielle	Medgar Evers	26.50	27.26	1.2	1	
12 Rich, Jasmine	District of Columbia	27.00	27.50	1.2	1	
13 Wright, Alicia	Medgar Evers	27.00	27.52	1.2	1	
14 Smalls, Kamice	Morgan State	24.70	27.89	1.6	3	
15 Williams, Adrienne	Virginia Wesleyan	27.85	29.48	1.2	1	

Event 34 Men 200 Meter Dash

Name	School	Seed	Finals	Wind	H#	Points
Finals						
1 Dixon, Reggie	Hampton	20.85	20.84	3.1	4	10
2 Gauntlett, Akheem	Maryland-Eastern Shore	21.35	21.19	2.2	3	8
3 Taylor, James	Unattached	21.32	21.20	2.2	3	6
4 Fothergill, Allodin	Maryland-Eastern Shore	21.18	21.32	3.1	4	5
5 Anderson, Aaron	Hampton	20.91	21.46	3.1	4	4
6 Moore, Larrone	Delaware State	20.91	21.47	3.1	4	3
7 Durant, Adrian	Real Deal T.C	20.83	21.50	3.1	4	2
8 Bowen, Kevin	Morgan State	20.89	21.52	3.1	4	1
9 Miles, Damian	Maryland-Eastern Shore	21.68	22.10	2.2	3	
10 Berger, Dominique	Pierce Track Club	21.55	22.16	2.2	3	
11 Davis, Brycen	Delaware State	21.90	22.21	1.8	2	
12 Sivels, Darius	Delaware State	22.23	22.31	2.0	1	
13 Higgs, Jordan	Morgan State	21.89	22.57	1.8	2	
14 Keane-Dawes, Thomas	Maryland-Eastern Shore	21.45	22.64	2.2	3	
15 Whyte, Carbinere	Morgan State		22.80	2.0	1	
16 Barner, Derrick	Morgan State	21.77	22.83	2.2	3	
17 Jones, Brandon	Hampton	20.96	22.86	3.1	4	
18 Harding, Alan	Delaware State	22.45	22.95	2.0	1	
19 Mc niel, Earl	Zenith Velocity AC	22.88	23.07	2.0	1	
20 Bell, Jason	Coppin State	21.77	23.20	2.2	3	
21 Blyden, Flavel	Unattached	22.20	23.47	1.8	2	
22 Church, Anthony	Unattached	21.92	23.53	1.8	2	
23 Sajous, Johnathan	Medgar Evers		24.60	2.0	1	
24 Ducalet, Vaner	Medgar Evers	23.90	24.96	2.0	1	
25 Carr, Donnell	Unattached		25.48	2.0	1	

Event 35 Women 3000 Meter Steeplechase

Name	School	Seed	Finals	Points
Finals				
1 James, Merrecia	Maryland-Eastern Shore	11:20.09	11:49.99	10
2 Miles, Tia	Norfolk State	12:19.00	12:14.13	8

Event 36 Men 3000 Meter Steeplechase

Name	School	Seed	Finals	Points
Finals				
1 Sang, Peter	Maryland-Eastern Shore	9:20.17	11:15.42	10
2 Ashby, Evan	Virginia Wesleyan	10:00.05	11:28.26	8

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Finals ... (Event 36 Men 3000 Meter Steeplechase)

Name	School	Seed	Finals	Points
3 Kiprotich, Amon	Maryland-Eastern Shore	9:45.18	11:40.80	6
4 Mcdonald, Andre	Delaware State	10:05.34	11:54.83	5
5 Edmond, Daniel	Hampton	10:15.00	11:58.13	4
6 Moody, Kory	Virginia Wesleyan	10:41.00	12:02.44	3
7 Hux, Kelvin	Hampton	11:00.00	12:03.64	2

Event 38 Men 4x800 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Hampton	A	7:38.00	8:23.82	10
1) Cross, Yaphet	2) Campbell, Lawrence	3) Thompson, Bruce	4) Kamani, David	
2 Virginia Wesleyan	A		9:18.38	8
1) Bell, Rob	2) Lauter, Nick	3) Moulton, Danny	4) Robinson, Josh	

Event 39 Women 4x400 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Virginia Wesleyan	A		4:49.19	10
1) Brown, Tiffany	2) Williams, Adrienne	3) Bogart, Brooke	4) Fauth, Kelly	

Event 40 Men 4x400 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Zenith Velocity AC	A	3:07.30	3:21.71	10
1) Steele, Edino	2) Faulkner, Troy	3) campbell, Antony	4) Brown, Michael	
2 Hampton	A	3:12.50	3:25.18	8
1) Brown, Devon	2) Mitchell, Carl	3) Lynch, Brandon	4) Rainey, Cedric	
3 Zenith Velocity AC	B	3:16.80	3:26.27	6
1) spence, akeem	2) Leo, Roque	3) Mc niel, Earl	4) mc neil, jason	
4 Norfolk State	A	3:18.15	3:28.64	5
1) Moon, Tyrell	2) Marrow, Sherrod	3) Jackson, Michael	4) Wilson, Travis	
5 Coppin State	A	3:13.56	3:30.61	4
1) Bell, Jason	2) Edwards, Audbrey	3) Mills, Darron	4) Smith, Shane	
6 Virginia Wesleyan	A		3:36.67	3
1) Taylor, Jason	2) Frederick, Mac	3) Shelton, Terrell	4) Kidd, David	

Event 42 Men 4x200 Meter Relay

Team	Relay	Seed	Finals	Points
Finals				
1 Zenith Velocity AC	A	1:22.90	1:26.97	10
1) campbell, Antony	2) Faulkner, Troy	3) spence, akeem	4) Brown, Michael	
2 Hampton	A	1:23.50	1:28.34	8
1) Walker, Predist	2) Mitchell, Carl	3) Brown, Devon	4) Thomas, Wayne	
3 Zenith Velocity AC	B	1:27.80	1:28.57	6
1) mc neil, jason	2) Mc niel, Earl	3) wesley, cyrus	4) Leo, Roque	
4 Medgar Evers	A	1:34.00	1:36.55	5
1) Dick, Nkosi	2) Sajous, Johnathan	3) Okoro, Moses	4) Ducalet, Vaner	

Women - Team Rankings - 20 Events Scored

1) Norfolk State	144.5	2) Morgan State	108
3) Delaware State	94	4) Maryland-Eastern Shore	84.5

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5) Hampton	72	6) District of Columbia	37
7) Virginia Wesleyan	30	8) Coppin State	13
9) Medgar Evers	4		

Men - Team Rankings - 21 Events Scored

1) Hampton	182	2) Maryland-Eastern Shore	98
3) Virginia Wesleyan	67	4) Morgan State	57
4) Norfolk State	57	6) Delaware State	46
7) Zenith Velocity AC	41	8) Pierce Track Club	33
9) Medgar Evers	25	10) REAL DEAL T.C	22
11) Coppin State	13		