

**Delaware Invitational**  
**University of Delaware**  
**Delaware Fieldhouse, Newark, DE**  
**1/8/2010**  
**Results**

**Event 1 Women Shot Put D1**

Name	Year School	Finals	Points
1 Marshall, Amanda	SR Delaware	12.64m 41-05.75	10
2 Phelps, Amanda	SO Navy	12.50m 41-00.25	8
3 Lee, Mykal	FR Coppin State	11.79m 38-08.25	6
4 Klusmeyer, Jessica	FR Navy	11.34m 37-02.50	5
5 Bernstein, Leshay	JR Navy	11.16m 36-07.50	4
6 Nameth, Joy	JR Navy	10.81m 35-05.75	3
7 Seamon, Jillian	SO Delaware	10.71m 35-01.75	2

**Event 1 Women Shot Put D2-3**

Name	Year School	Finals	Points
1 Dinkins, Laniqua	SO Lincoln (Pa.	9.93m 32-07.00	10
2 Stefaniak, Martha	FR Franklin & M	9.66m 31-08.50	8
3 Maressa, Josie	SO Ursinus	9.56m 31-04.50	6
4 Bartoli, Bianca	SO Ursinus	8.24m 27-00.50	5
5 Wilson, Joyce	JR District of	4.80m 15-09.00	4

**Event 2 Men Shot Put D1**

Name	Year School	Finals	Points
-- Viotto, John	JR Delaware	X15.33m 50-03.50	
-- Renoll, Chase	SR Delaware	X14.42m 47-03.75	
-- Alexander, Nick	Unattached	X13.86m 45-05.75	
-- Tingue, Alex	SR Delaware	X11.37m 37-03.75	
-- Shober, Ross	JR Delaware	X9.52m 31-03.00	
-- Kutchen, Tim	SO Delaware	X8.80m 28-10.50	

**Event 2 Men Shot Put D2-3**

Name	Year School	Finals	Points
1 Carr, Andrew	SO Ursinus	13.90m 45-07.25	10

**Event 3 Women Weight Throw D1**

Name	Year School	Finals	Points
1 Marshall, Amanda	SR Delaware	16.13m 52-11.00	10
2 Phelps, Amanda	SO Navy	16.04m 52-07.50	8
3 Blundetto, Mia	SR Navy	15.15m 49-08.50	6
4 Bernstein, Leshay	JR Navy	14.77m 48-05.50	5
5 Nameth, Joy	JR Navy	14.54m 47-08.50	4
6 Starr, Ella	SO Navy	12.37m 40-07.00	3
7 Klusmeyer, Jessica	FR Navy	9.51m 31-02.50	2

**Event 3 Women Weight Throw D2-3**

Name	Year School	Finals	Points
1 Maressa, Josie	SO Ursinus	8.55m 28-00.75	10

**Event 4 Men Weight Throw D1**

Name	Year School	Finals	Points
1 Bernotas, Aaron	SR La Salle	14.03m 46-00.50	10

**Event 4 Men Weight Throw D2-3**

Name	Year School	Finals	Points
1 Carr, Andrew	SO Ursinus	9.32m 30-07.00	10

**Event 5 Women Long Jump D1**

Name	Year School	Finals	Points
1 Vanderhoof, Erin	SR St. Joseph's	5.07m 16-07.75	10
2 Bucholz, Ashley	JR Navy	5.06m 16-07.25	8

3	Epps, Christina	FR Coppin State	4.97m	16-03.75	6
4	Johnson, Krystina	SR Navy	4.87m	15-11.75	5
5	Barnes, Shaleatha	FR Coppin State	4.75m	15-07.00	4
6	Crawford, Carolyn	FR La Salle	4.71m	15-05.50	3
7	Sluzewicz, Melanie	FR Navy	4.67m	15-04.00	2
8	Simpson, Iesha	FR Coppin State	4.55m	14-11.25	1
9	Porterlott, Krysta	JR Navy	4.48m	14-08.50	
10	Paciorek, Lauren	SO Delaware	4.45m	14-07.25	
11	Seamon, Jillian	SO Delaware	4.41m	14-05.75	
11	Wiseman, Megan	SO Delaware	4.41m	14-05.75	
13	Richardson, Marsha	FR Delaware Sta	4.38m	14-04.50	
14	Livecchi, Megan	SO La Salle	4.28m	14-00.50	

**Event 5 Women Long Jump D2-3**

Name	Year	School	Finals		Points
1	Malcolm, Courtney	SO Lincoln (Pa.	4.95m	16-03.00	10
2	Sewell, Tynisha	JR Lincoln (Pa.	4.88m	16-00.25	8
3	Waugh, Dicoda	JR District of	4.86m	15-11.50	6
4	Hollis, Kaneesha	SO District of	4.72m	15-06.00	5
5	Lewis, Pamatta	FR District of	4.69m	15-04.75	4
6	Green, Saleena	JR District of	4.64m	15-02.75	3
7	Hovick, Olivia	FR Ursinus	4.62m	15-02.00	2
8	Doyle, Carina	FR Ursinus	4.23m	13-10.50	1
9	Shaw, Leah	FR Ursinus	4.20m	13-09.50	
10	Schaefer, Amy	SO Ursinus	4.14m	13-07.00	
11	Wolf, Jen	SO Ursinus	4.10m	13-05.50	
12	Callahan, Caitlin	FR Ursinus	3.84m	12-07.25	

**Event 6 Men Long Jump D1**

Name	Year	School	Finals		Points
1	DiNoia, Victor	SO St. Joseph's	6.13m	20-01.50	10
2	DiPersio, John	SO St. Joseph's	5.92m	19-05.25	8
3	Cooper, Sean	FR Delaware Sta	5.79m	19-00.00	6
4	To, Vinny	FR St. Joseph's	5.48m	17-11.75	5
--	Coleman, Marcus	FR La Salle	FOUL		
--	Tingue, Alex	SR Delaware	X6.02m	19-09.00	
--	Poole, Kendall	FR Delaware	X5.73m	18-09.75	
--	Kutchen, Tim	SO Delaware	X5.35m	17-06.75	

**Event 6 Men Long Jump D2-3**

Name	Year	School	Finals		Points
1	Hunter, Aaron	SR Lincoln (Pa.	7.30m	23-11.50	10
2	Donisi, Chris	JR Wesley	6.21m	20-04.50	8
3	Bendas, Nick	SR Ursinus	5.94m	19-06.00	6
4	Hall, Sean	SR Ursinus	5.92m	19-05.25	5
5	Desiderio, Albert	SO Ursinus	5.81m	19-00.75	4
6	Alberts, David	FR Wesley	5.63m	18-05.75	3

**Event 7 Women Triple Jump D1**

Name	Year	School	Finals		Points
1	Bucholz, Ashley	JR Navy	10.57m	34-08.25	10
2	Crawford, Carolyn	FR La Salle	10.16m	33-04.00	8
3	Richardson, Marsha	FR Delaware Sta	10.05m	32-11.75	6
4	Schlaegel, Jessica	SR Navy	9.94m	32-07.50	5
5	Hunger, Samantha	FR Delaware	9.83m	32-03.00	4
6	McDonald, Jessica	FR Delaware	9.51m	31-02.50	3

**Event 7 Women Triple Jump D2-3**

Name	Year	School	Finals		Points
1	Waugh, Dicoda	JR District of	10.48m	34-04.75	10
2	Hovick, Olivia	FR Ursinus	9.92m	32-06.50	8
3	Wolf, Jen	SO Ursinus	9.44m	30-11.75	6
4	Shaw, Leah	FR Ursinus	9.15m	30-00.25	5

**Event 8 Men Triple Jump D1**

Name	Year	School	Finals		Points
1	DiPersio, John	SO St. Joseph's	12.51m	41-00.50	10
2	To, Vinny	FR St. Joseph's	12.44m	40-09.75	8
3	Coleman, Marcus	FR La Salle	11.98m	39-03.75	6
--	Poole, Kendall	FR Delaware	X13.10m	42-11.75	

**Event 8 Men Triple Jump D2-3**

Name	Year	School	Finals	Points
1 Bendas, Nick	SR	Ursinus	12.52m	41-01.00 10
2 Alberts, David	FR	Wesley	10.27m	33-08.50 8

**Event 9 Women High Jump D1**

Name	Year	School	Finals	Points
1 Smith, Kristin	FR	Navy	1.65m	5-05.00 10
2 Davis, Arian	SO	Navy	1.60m	5-03.00 8
3 Johnson, Krystina	SR	Navy	J1.60m	5-03.00 6
4 Gray, Briana	JR	Delaware	1.55m	5-01.00 5
5 Windsor, Alexa	SO	Delaware	1.50m	4-11.00 4
6 Reardon, Genvieve	FR	St. Joseph's	J1.50m	4-11.00 3
7 Barnes, Shaleatha	FR	Coppin State	J1.50m	4-11.00 1.50
7 Moore, Moore	FR	Navy	J1.50m	4-11.00 1.50
9 Hunger, Samantha	FR	Delaware	1.45m	4-09.00
10 Porterlott, Krysta	JR	Navy	J1.45m	4-09.00
-- Sluzewicz, Melanie	FR	Navy	NH	
-- Epps, Christina	FR	Coppin State	NH	

**Event 9 Women High Jump D2-3**

Name	Year	School	Finals	Points
1 Sooksatan, Celina	FR	Ursinus	1.50m	4-11.00 10
2 Waugh, Dicoda	JR	District of	J1.50m	4-11.00 8

**Event 10 Men High Jump D1**

Name	Year	School	Finals	Points
1 Wright, Zach	SO	American	1.95m	6-04.75 10
-- Loccisano, Anthony	SO	Delaware	X1.80m	5-10.75

**Event 10 Men High Jump D2-3**

Name	Year	School	Finals	Points
1 Youngs, Travis	SR	Ursinus	1.85m	6-00.75 10

**Event 11 Women Pole Vault D1**

Name	Year	School	Finals	Points
1 Chirico, Laura	SR	Delaware	3.40m	11-01.75 10
2 Schlaegel, Jessica	SR	Navy	3.25m	10-08.00 8
3 Scales, Christine	SO	Navy	3.10m	10-02.00 6
4 Wallen, Cassandra	FR	Delaware	2.80m	9-02.25 5
5 Marangella, Jaclyn	SO	Delaware	2.65m	8-08.25 4
6 McDonald, Jessica	FR	Delaware	2.40m	7-10.50 3
-- Kronshage, Jordan	FR	Navy	NH	
-- Panepinto, Victoria	JR	La Salle	NH	
-- McGroary, Victoria	SO	Delaware Sta	NH	
-- Torres, Jess	JR	Delaware	NH	
-- Delgado, Lisette	SR	La Salle	NH	

**Event 11 Women Pole Vault D2-3**

Name	Year	School	Finals	Points
1 Schaefer, Amy	SO	Ursinus	2.95m	9-08.00 10
-- Surman, Lauren	SO	Ursinus	NH	

**Event 12 Men Pole Vault D1**

Name	Year	School	Finals	Points
1 Holler, Jake	SR	La Salle	4.25m	13-11.25 10
2 Jasinski, Mike	FR	La Salle	3.80m	12-05.50 8
3 Gorman, Seth	FR	La Salle	3.65m	11-11.75 6
-- Agan, Ryan	JR	Delaware Sta	NH	
-- Ordway, Shane	SO	Delaware	X4.40m	14-05.25
-- Theroux, Steven	SR	Delaware	X3.95m	12-11.50
-- Kloopping, David	FR	Delaware	X3.80m	12-05.50
-- Gordon, Kyle	FR	Delaware	X3.50m	11-05.75
-- Cohen, Jake		Unattached	XNH	

**Event 12 Men Pole Vault D2-3**

Name	Year	School	Finals	Points
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1 Litz, Chris JR Goucher 4.25m 13-11.25 10

### Event 13 Women 60 Meter Hurdles D1

Name	Year	School	Finals	H#	Points
1 Davis, Arian	SO	Navy	9.43	2	10
2 Ferguson, Michelle	FR	Navy	9.68	2	8
3 Bellis, Mary	SR	Navy	9.85	1	6
4 Payne, Stephanie	FR	Navy	9.90	1	5
5 Robinson, Ashley	JR	Navy	9.90	1	4
6 Fine, Caitlyn	FR	Navy	10.05	1	3
7 Paciorek, Lauren	SO	Delaware	10.07	2	2
8 Barnes, Shaleatha	FR	Coppin State	10.18	2	1
9 Porterlott, Krysta	JR	Navy	10.44	1	
10 McCombs, Charnise	SO	Delaware Sta	10.56	2	

### Event 13 Women 60 Meter Hurdles D2-3

Name	Year	School	Finals	H#	Points
1 Nixon, Erica	JR	District of	9.36	2	10
2 Franko, Michelle	JR	Ursinus	10.87	1	8
3 Callahan, Caitlin	FR	Ursinus	11.21	1	6

### Event 14 Men 60 Meter Hurdles D1

Name	Year	School	Finals	Points
1 Wood, John	FR	La Salle	10.08	10
-- Pettyjohn, Aaron	SO	Delaware	XDNF	
-- Smith, Andrue	FR	Delaware	X8.57	

### Event 14 Men 60 Meter Hurdles D2-3

Name	Year	School	Finals	Points
1 Michaelis, Nils	FR	Franklin & M	8.52	10

### Event 15 Women 60 Meter Dash D1

Name	Year	School	Finals	H#	Points
1 Caruso, Victoria	FR	Delaware	7.94	5	10
2 Smith, Shanee	FR	Coppin State	8.04	5	8
3 Hollis, Asia	JR	Delaware	8.12	5	6
4 Smith, Kristin	FR	Navy	8.18	2	5
5 McFadden, Colleen	SO	Navy	8.19	4	4
6 Dupiche, Nijah	FR	Delaware	8.25	5	3
7 Littlejohn, Arabia	FR	Navy	8.27	4	2
8 Jones, Kyla	SO	La Salle	8.32	5	1
9 Cahill, Karly	JR	St. Joseph's	8.32	3	
10 Jolie, Jenne	FR	Navy	8.41	4	
11 Ferguson, Michelle	FR	Navy	8.42	3	
11 Ridgway, Jessica	FR	Navy	8.42	4	
13 Thomas, Lolita	JR	La Salle	8.43	4	
14 Roberson, Brittany	SO	Delaware Sta	8.46	2	
15 Whitcombe, Katie	FR	Navy	8.47	3	
16 Livecchi, Megan	SO	La Salle	8.57	3	
17 Payne, Stephanie	FR	Navy	8.63	1	
18 Carson, Lauren	SO	Navy	8.69	3	
19 Fine, Caitlyn	FR	Navy	8.69	3	
20 Robinson, Ashley	JR	Navy	8.75	2	
21 Stiles, Audrey	FR	Navy	8.85	3	
22 Jackson, Jasmin	FR	Navy	8.92	2	
23 Ross, Camille	FR	Navy	9.02	2	
24 Quinn, Cara	SR	St. Joseph's	9.06	3	
25 Hatley, Elizabeth	SO	Navy	9.25	2	
-- Mable, Lauren		Unattached	X8.28	4	

### Event 15 Women 60 Meter Dash D2-3

Name	Year	School	Finals	H#	Points
1 Nixon, Erica	JR	District of	8.12	5	10
2 Lewis, Famatta	FR	District of	8.18	5	8
3 Ross, Fatima	FR	Lincoln (Pa.	8.20	4	6
4 Barnes, Shemeia	FR	District of	8.47	5	5
5 Lammers, Lauren	JR	Ursinus	8.60	1	4
6 Cragg, Alison	SO	Ursinus	9.89	2	3

### Event 16 Men 60 Meter Dash D1

Name	Year	School	Finals	H#	Points
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1	Little, Rashad	FR La Salle	7.15	3	10
2	Brown, Jerome	SO La Salle	7.38	4	8
3	Thomas, James	SR La Salle	7.42	4	6
4	Lau, Christopher	JR St. Joseph's	7.65	2	5
--	Morrissey, Nick	SR Delaware	X7.22	4	
--	Kutchen, Tim	SO Delaware	X7.28	3	
--	Shober, Ross	JR Delaware	X7.30	4	
--	James, Theo	SO Delaware	X7.31	3	
--	Tingue, Alex	SR Delaware	X7.40	2	
--	Gaines, Lamar	FR Delaware	X7.42	3	
--	Fronczkowski, Vinny	SO Delaware	X7.50	3	
--	Hackett, Kyle	JR Delaware	X7.52	2	
--	Melendez, A.J.	FR Delaware	X7.52	2	
--	Passalacqua, Joe	SR Delaware	X12.38	3	
--	Irvin, Nate	Unattached	X7.46	4	

**Event 16 Men 60 Meter Dash D2-3**

Name	Year	School	Finals	H#	Points
1	Bishop, anthony	SR Lincoln (Pa.	6.90	4	10
2	Scott, Rushane	JR Lincoln (Pa.	7.01	4	8
3	Robertson, Matthew	SR Wesley	7.18	3	6
4	lewis, Kester	JR Lincoln (Pa.	7.21	4	5
5	Desiderio, Albert	SO Ursinus	7.22	3	4
6	Grannum, Jordan	FR Ursinus	7.47	1	3
7	Hall, Sean	SR Ursinus	7.48	2	2
8	Bendas, Nick	SR Ursinus	7.63	2	1
9	Russell, Brandon	SO Ursinus	7.99	1	
10	Yokomizo, John	JR Ursinus	8.34	1	

**Event 17 Women 200 Meter Dash D1**

Name	Year	School	Finals	H#	Points
1	Caruso, Victoria	FR Delaware	25.64	9	10
2	Easterling, Alexis	FR Coppin State	26.40	9	8
3	Dupiche, Nijah	FR Delaware	26.73	9	6
4	Cox, Kristi	JR Delaware	26.79	8	5
5	Barnes, Shaleatha	FR Coppin State	26.88	5	4
6	Hollis, Asia	JR Delaware	26.90	9	3
7	Smith, Shanee	FR Coppin State	26.93	9	2
8	Murph, Mansfield	SO Navy	26.97	8	1
9	McFadden, Colleen	SO Navy	27.22	6	
10	Robinson, Lora	High Point	27.34	6	
11	Simpson, Iesha	FR Coppin State	27.54	7	
12	Thomas, Lolita	JR La Salle	27.58	6	
13	Cahill, Karly	JR St. Joseph's	27.71	4	
14	Boynton, Yesenia	SO Delaware	27.90	8	
15	Jenkins, Kathryn	FR Delaware	27.94	7	
16	Roberson, Brittany	SO Delaware Sta	28.13	7	
17	Jolie, Jenne	FR Navy	28.30	5	
18	Epps, Christina	FR Coppin State	28.42	8	
19	Jones, Kyla	SO La Salle	28.42	7	
20	Whitcombe, Katie	FR Navy	28.53	3	
21	Ridgway, Jessica	FR Navy	29.09	4	
22	Ferguson, Michelle	FR Navy	29.26	1	
23	Paciorek, Lauren	SO Delaware	29.38	3	
24	Chirico, Laura	SR Delaware	29.40	4	
25	Stiles, Audrey	FR Navy	29.68	3	
26	Jackson, Jasmin	FR Navy	29.77	3	
27	Bellis, Mary	SR Navy	30.06	4	
28	Panepinto, Victoria	JR La Salle	30.16	5	
29	Hatley, Elizabeth	SO Navy	30.55	2	
30	Marangella, Jaclyn	SO Delaware	32.30	3	

**Event 17 Women 200 Meter Dash D2-3**

Name	Year	School	Finals	H#	Points
1	porter, Latifah	SO Holy Family	26.60	6	10
2	Lewis, Famatta	FR District of	27.60	8	8
3	Cain, June	JR Holy Family	27.76	4	6
4	Hunter, Megan	SR Franklin & M	28.21	5	5
5	Nurse, Kimberly	SO Lincoln (Pa.	28.59	6	4
6	Barnes, Shemeia	FR District of	28.74	7	3
7	Lammers, Lauren	JR Ursinus	29.58	5	2
8	Hovick, Olivia	FR Ursinus	30.19	1	1
9	Callahan, Caitlin	FR Ursinus	30.92	1	
10	Schaefer, Amy	SO Ursinus	31.27	2	
11	Cragg, Alison	SO Ursinus	33.70	2	

**Event 18 Men 200 Meter Dash D1**

Name	Year	School	Finals	H#	Points
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Name	Year	School	Time	H#	Points
1 Little, Rashad	FR	La Salle	23.19	6	10
2 Sivels, Devon	FR	Delaware Sta	23.54	5	8
3 Brown, Jerome	SO	La Salle	23.66	3	6
4 Cooper, Sean	FR	Delaware Sta	23.77	6	5
5 Lau, Christopher	JR	St. Joseph's	23.95	2	4
6 Bruce, David	JR	Delaware Sta	24.03	6	3
7 Thomas, James	SR	La Salle	24.26	4	2
8 Wood, John	FR	La Salle	26.45	2	1
-- Morrissey, Nick	SR	Delaware	X23.21	6	
-- Fronczkowski, Vinny	SO	Delaware	X23.38	5	
-- Kutchen, Tim	SO	Delaware	X23.54	3	
-- Tingue, Alex	SR	Delaware	X23.94	3	
-- Gaines, Lamar	FR	Delaware	X23.96	5	
-- Shober, Ross	JR	Delaware	X24.06	4	
-- Smith, Andrue	FR	Delaware	X24.17	5	
-- Carroll, Alex	SO	Delaware	X24.72	4	
-- Hackett, Kyle	JR	Delaware	X24.76	3	
-- James, Theo	SO	Delaware	X24.81	4	
-- Ungerleider, Josh	FR	Delaware	X24.96	1	
-- Melendez, A.J.	FR	Delaware	X25.26	2	

### Event 18 Men 200 Meter Dash D2-3

Name	Year	School	Finals	H#	Points
1 Desiderio, Albert	SO	Ursinus	23.26	6	10
2 Michaelis, Nils	FR	Franklin & M	23.27	5	8
3 Robertson, Matthew	SR	Wesley	23.81	3	6
4 Grannum, Jordan	FR	Ursinus	24.18	2	5
5 Donisi, Chris	JR	Wesley	24.44	1	4
6 Hall, Sean	SR	Ursinus	24.84	1	3
7 Russell, Brandon	SO	Ursinus	26.34	1	2

### Event 19 Women 400 Meter Dash D1

Name	Year	School	Finals	H#	Points
1 Dupiche, Nijah	FR	Delaware	1:00.07	5	10
2 Murph, Mansfield	SO	Navy	1:00.36	5	8
3 Littlejohn, Arabia	FR	Navy	1:00.41	5	6
4 Boynton, Yesenia	SO	Delaware	1:00.82	5	5
5 Cox, Kristi	JR	Delaware	1:00.88	6	4
6 Gesecki, Abigail	SR	Navy	1:01.17	6	3
7 Leigh, Samantha	JR	Coppin State	1:03.31	5	2
8 Jones, Jamie	FR	Coppin State	1:03.42	6	1
9 Jenkins, Kathryn	FR	Delaware	1:03.56	4	
10 Sickler, Erica	FR	Delaware	1:03.72	4	
11 Rodgers, Katherine	SO	La Salle	1:05.02	3	
12 Wenzel, Lauren	SO	St. Joseph's	1:05.68	3	
13 Simpson, Iesha	FR	Coppin State	1:06.22	2	
14 Ortiz, Nikki	FR	La Salle	1:06.34	3	
15 Carson, Lauren	SO	Navy	1:06.61	2	
16 Bonilla, Amanda	SO	Navy	1:07.05	2	
17 Moore, Moore	FR	Navy	1:08.26	1	
18 McCombs, Charnise	SO	Delaware Sta	1:11.79	4	

### Event 19 Women 400 Meter Dash D2-3

Name	Year	School	Finals	H#	Points
1 Rembert, Kristina	JR	Lincoln (Pa.	1:01.36	4	10
2 Jones, Callister	FR	District of	1:01.46	3	8
3 porter, Latifah	SO	Holy Family	1:02.09	4	6
4 Cain, June	JR	Holy Family	1:02.38	3	5
5 Hunter, Megan	SR	Franklin & M	1:02.39	4	4
6 Wanamaker, Esna	SO	Lincoln (Pa.	1:05.93	6	2.50
6 Allen, Latoya	SO	District of	1:05.93	6	2.50
8 Green, Saleena	JR	District of	1:06.07	5	1
9 Goldstein, Lauren	SO	Ursinus	1:06.48	1	
10 Dotson, Domini	FR	District of	1:06.79	3	
11 Anderson, Stepanie	JR	Lincoln (Pa.	1:07.48	2	

### Event 20 Men 400 Meter Dash D1

Name	Year	School	Finals	H#	Points
1 Henderson, Ozzie	SO	La Salle	53.59	3	10
2 Gallagher, Michael	SO	St. Joseph's	53.60	2	8
3 Myslinski, Kevin	SO	St. Joseph's	54.31	2	6
4 Clarke, Brandon	FR	La Salle	54.43	1	5
5 Howard, Rashon	SR	La Salle	54.44	1	4
6 Bruce, David	JR	Delaware Sta	54.87	2	3
7 Sivels, Devon	FR	Delaware Sta	57.45	2	2
-- Fronczkowski, Vinny	SO	Delaware	X54.34	3	

-- Carroll, Alex SO Delaware X54.98 1

### Event 20 Men 400 Meter Dash D2-3

Name	Year School	Finals	H#	Points
1 Hill, Jonathan	JR Lincoln (Pa.	51.93	3	10
2 Mason, Todd	SR Lincoln (Pa.	52.34	3	8
3 monteith, pat	FR Holy Family	55.59	1	6
4 Mosher, Ben	SO Ursinus	56.92	1	5
5 Wright, Alex	JR Lincoln (Pa.	56.93	3	4

### Event 21 Women 500 Meter Run D1

Name	Year School	Finals	Points
1 Easterling, Alexis	FR Coppin State	1:18.56	10
2 Caruso, Victoria	FR Delaware	1:19.15	8
3 Giles, Brittany	FR Coppin State	1:26.69	6
4 Osborne, Danielle	FR St. Joseph's	1:27.70	5
5 Harris, Courtney	FR La Salle	1:32.96	4

### Event 21 Women 500 Meter Run D2-3

Name	Year School	Finals	Points
1 Franklin, Demia	SO District of	1:27.49	10

### Event 22 Men 500 Meter Run D1

Name	Year School	Finals	H#	Points
1 Bartholomew, Wayne	FR La Salle	1:07.28	2	10
2 Block, Morgan	JR American	1:08.30	2	8
3 Iuele, Nick	SO La Salle	1:08.54	1	6
4 Farrow, Matt	FR American	1:08.69	2	5
5 Ayling, Patrick	SO La Salle	1:09.86	1	4
6 Glasnovich, Joe	SR St. Joseph's	1:12.89	1	3
-- Molligan, Justin	JR Delaware	X1:09.42	2	
-- Morrissey, Nick	SR Delaware	X1:10.04	2	
-- Santiago, Jonathan	SO Delaware	X1:11.76	1	

### Event 22 Men 500 Meter Run D2-3

Name	Year School	Finals	H#	Points
1 Anno, Kwaku	SR Franklin & M	1:08.89	2	10

### Event 23 Women 800 Meter Run D1

Name	Year School	Finals	Points
1 Palacio, Jess	SO Navy	2:24.51	10
2 McKnight, Courtney	SR La Salle	2:27.04	8
3 Woodarek, Marla	JR Delaware	2:34.89	6
4 Jones, Samantha	JR Delaware	2:34.90	5
5 Druggan, Natasha	FR Navy	2:40.27	4
6 Chetelat, Lindsay	FR Delaware	2:41.85	3
7 Piazza, Katie	FR St. Joseph's	2:46.44	2
8 Gedney, Allie	SO Delaware	2:48.91	1
9 Towner, Jordynn	FR Delaware	2:52.74	
10 Burke, Kelley	FR Delaware	3:03.01	
-- Bellaire, Cheryl	Unattached	X2:36.34	

### Event 23 Women 800 Meter Run D2-3

Name	Year School	Finals	Points
1 Freeman, Bienna	FR Lincoln (Pa.	2:19.78	10
2 Doyle, Carina	FR Ursinus	2:37.77	8
3 Hollis, Kaneesha	SO District of	2:39.13	6
4 Donatone, Stephanie	SO Ursinus	2:47.34	5
5 McDermott, Meghan	SO Ursinus	2:52.97	4
6 Hollenbach, Rebecca	FR Ursinus	2:53.12	3
-- Sewell, Tynisha	JR Lincoln (Pa.	DQ	Cut in early

### Event 24 Men 800 Meter Run D1

Name	Year School	Finals	Points
1 Sullivan, Conor	JR American	1:58.27	10
2 Tonn, Chris	SO American	1:58.40	8
3 Mc Clory, Sean	FR La Salle	1:59.92	6
4 Einbinder, Josh	FR American	2:01.78	5

5	O'Hara, Ian	SO St. Joseph's	2:02.80	4
6	Drastura, Adam	SO St. Joseph's	2:03.27	3
7	Scrivano, Royce	SO St. Joseph's	2:05.47	2
8	Weinstein, Zach	FR American	2:05.99	1
9	Kavanagh, Matt	SO La Salle	2:39.42	
--	Brooks, Tywan	SO Delaware	X2:01.83	
--	Szela, Alex	SO Delaware	X2:09.97	

**Event 24 Men 800 Meter Run D2-3**

Name	Year	School	Finals	Points
1	Costen, Matthew	SO Lincoln (Pa.	1:57.23	10
2	Thomas, Vincent	JR Lincoln (Pa.	2:01.14	8
3	Andrew, William	SO Lincoln (Pa.	2:08.27	6
4	Garavel, Jeremy	JR Ursinus	2:09.96	5
5	Imbema, Brett	JR Ursinus	2:10.18	4
6	Ryder, John	SO Ursinus	2:16.32	3
7	Gapinski, Mark	FR Ursinus	2:19.77	2

**Event 25 Women 1000 Meter Run D1**

Name	Year	School	Finals	Points
1	Benner, Maureen	SR La Salle	3:12.76	10
2	Hebda, Mollie	SO Navy	3:14.09	8
3	Taylor, Katie	SO Navy	3:16.67	6
4	Byrne, Brigid	FR Navy	3:19.84	5
5	Rentz, Katie	JR Navy	3:25.96	4
6	Kelly, Juashanna	SO Coppin State	3:26.38	3
7	Ozcan, Tijen	JR Delaware	3:32.37	2
8	Torres, Jess	JR Delaware	3:35.22	1
--	Duncan, Latasha	SO Coppin State	DQ	cut in early

**Event 25 Women 1000 Meter Run D2-3**

Name	Year	School	Finals	Points
1	Goldstein, Lauren	SO Ursinus	3:31.30	10
2	Franklin, Demia	SO District of	4:19.18	8

**Event 26 Men 1000 Meter Run D1**

Name	Year	School	Finals	Points
1	Brannigan, Jeff	JR American	2:31.24	10
2	Brown, Craig	SO American	2:32.07	8
3	Cannon, James	FR American	2:34.20	6
4	McPeak, Terence	SO La Salle	2:34.36	5
5	Eustis, Colin	JR American	2:34.40	4
6	Laratta, David	SO La Salle	2:34.81	3
7	Reilly, Paul	FR La Salle	2:35.85	2
8	Olsen, Josh	SO American	2:35.98	1
9	Dylik, Jake	SO La Salle	2:40.45	
10	Breen, Nick	FR La Salle	2:47.46	
--	Chou, Kyle	SO Delaware	X2:43.22	

**Event 26 Men 1000 Meter Run D2-3**

Name	Year	School	Finals	Points
1	Mosher, Ben	SO Ursinus	2:56.22	10

**Event 27 Women 1 Mile Run D1**

Name	Year	School	Finals	Points
1	Palacio, Jess	SO Navy	5:14.50	10
2	Pierras, Kellilyn	SR La Salle	5:16.18	8
3	Hebda, Mollie	SO Navy	5:19.75	6
4	Wright, Kellyn	SR Delaware	5:21.34	5
5	Taylor, Katie	SO Navy	5:25.77	4
6	Byrne, Brigid	FR Navy	5:34.31	3
7	Seiwell, Leeann	FR Delaware	5:34.66	2
8	Deinert, Katherine	FR Delaware	5:38.59	1
9	Duncan, Latasha	SO Coppin State	5:43.60	
10	Rentz, Katie	JR Navy	5:46.75	
11	Watunya, Jennifer	JR Delaware	5:48.39	
12	Kelly, Juashanna	SO Coppin State	5:54.47	
13	Giles, Brittany	FR Coppin State	6:02.88	
14	Gedney, Allie	SO Delaware	6:03.90	
15	Atkins, Kim	SO Delaware	6:28.57	

**Event 27 Women 1 Mile Run D2-3**

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Name	Year	School	Finals	Points
1 Donatone, Stephanie	SO	Ursinus	5:57.68	10
2 Tetla, Michelle	SO	Ursinus	6:05.66	8
3 McDermott, Meghan	SO	Ursinus	6:30.20	6
4 Hollenbach, Rebecca	FR	Ursinus	6:42.37	5

**Event 28 Men 1 Mile Run D1**

Name	Year	School	Finals	Points
1 Lyons, Alex	FR	American	4:21.94	10
2 Williams, Ryan	SO	American	4:25.74	8
3 Barrett, Colin	JR	La Salle	4:26.96	6
4 Bowdin, Michael	FR	La Salle	4:27.34	5
5 Martucci, Garret	JR	American	4:27.80	4
6 Leinenger, Mark	FR	American	4:28.49	3
7 Allen, Mark	FR	American	4:36.18	2
8 Collins, Vincent	JR	St. Joseph's	4:36.37	1
9 O'Donnell, Murphy	SO	St. Joseph's	4:37.32	
10 Coles, Raymond	FR	La Salle	4:37.54	
11 Lush, Greg	SO	American	4:38.91	
12 Morris, Joe	FR	La Salle	4:42.23	
13 Logan, Conor	FR	St. Joseph's	4:46.38	
14 Etter, Greg	FR	St. Joseph's	4:49.34	
15 Eastman, John	FR	St. Joseph's	4:49.69	
-- Townsend, James	JR	Delaware	X4:25.77	
-- Preble, Eran	SO	Delaware	X4:39.49	
-- Sadeghipour, Kevin	SO	Delaware	X4:40.07	
-- Warren, Chris	FR	Delaware	X4:40.88	
-- Hannagan, Mark	FR	Delaware	X4:43.29	
-- Lugo, Jeff	JR	Delaware	X4:58.60	
-- Tait, Michael		Unattached	X4:35.75	

**Event 28 Men 1 Mile Run D2-3**

Name	Year	School	Finals	Points
1 Garavel, Jeremy	JR	Ursinus	4:38.38	10
2 Stortz, Sam	FR	Ursinus	4:48.49	8
3 Imbema, Brett	JR	Ursinus	4:57.65	6
4 Dimidio, Dante	SR	Ursinus	5:00.15	5
5 Kinkaid, Jeff	JR	Holy Family	5:01.66	4
6 Ryder, John	SO	Ursinus	5:02.03	3
7 Gapinski, Mark	FR	Ursinus	5:11.52	2

**Event 29 Women 3000 Meter Run D1**

Name	Year	School	Finals	Points
1 Ziel, Erica	SR	Navy	10:36.71	10
2 Mandrachia, Karen	JR	Delaware	10:44.49	8
3 Sloat, Christine	SO	Delaware	10:49.00	6
4 Gass, Lexa	SR	Navy	10:53.26	5
5 Rahall, Bethany	JR	Navy	10:57.39	4
6 Kauffman, Sophie	SO	Delaware	10:57.78	3
7 Burns, Sarah	JR	Navy	10:59.94	2
8 Bernal, Anna	SR	Navy	11:08.05	1
9 Blackburn, Jacqueline	FR	Navy	11:08.50	
10 Zukowski, Alison	SO	Delaware	11:09.50	
11 Deinert, Katherine	FR	Delaware	11:11.92	
12 Shiovone, Nicole	SO	La Salle	11:16.47	
13 Graf, Isabel	JR	Delaware	11:17.20	
14 Walker, Elizabeth	FR	La Salle	11:21.55	
15 Seiwel, Leeann	FR	Delaware	11:23.24	
16 LaFergola, Stephanie	SR	Delaware	11:29.75	
17 Boland, Kathleen	JR	La Salle	11:33.53	
18 Lambert, Ali	SO	Delaware	11:36.19	
19 Alva, Pamela	SO	La Salle	11:44.07	
20 Mullen, Alyssa	FR	La Salle	11:46.91	
21 Pineault, Kaylee	FR	Delaware	11:52.54	
22 O' Donnell, Colleen	SO	La Salle	12:07.35	
23 Rando, Emma	FR	Delaware	12:25.05	
24 Neils, Shaquana	FR	Delaware Sta	12:29.78	
25 Darsa, Courtney	FR	Delaware	12:35.75	
26 Schaefer, Rachel	JR	Delaware	13:13.72	
-- Milewski, Liz		Unattached	X10:40.88	

**Event 29 Women 3000 Meter Run D2-3**

Name	Year	School	Finals	Points
1 Tetla, Michelle	SO	Ursinus	12:49.68	10

**Event 30 Men 3000 Meter Run D1**

Name	Year	School	Finals	Points
1 Gellar, Kasey	JR	La Salle	8:59.12	10
2 Frein, Peter	FR	La Salle	9:13.86	8
3 Buell, Kevin	SO	La Salle	9:14.07	6
4 Finn, Matthew	FR	La Salle	9:16.64	5
5 Morrissey, Drew	FR	La Salle	9:17.33	4
6 Donnelly, Kevin	JR	St. Joseph's	9:20.85	3
7 Evans, David	SO	St. Joseph's	9:21.21	2
8 Lipuma, John	FR	La Salle	9:21.71	1
9 Lyman, Breandan	FR	La Salle	9:25.26	
10 Nicaastro, Vinnie	FR	St. Joseph's	9:28.77	
11 Cogley, Drew	FR	St. Joseph's	9:43.69	
-- Feeney, Dan	FR	Delaware	X9:14.35	
-- Hawkins, Marshall	FR	Delaware	X9:34.12	

**Event 30 Men 3000 Meter Run D2-3**

Name	Year	School	Finals	Points
1 Tuwei, Fred	JR	Holy Family	9:01.24	10
2 Stortz, Sam	FR	Ursinus	9:40.16	8
3 Dimidio, Dante	SR	Ursinus	9:55.85	6
4 Centafont, Jeffrey	JR	Ursinus	10:08.85	5
5 Mejia, Carlos	FR	Holy Family	10:22.63	4

**Event 31 Women 4x400 Meter Relay D1**

School	Finals	H#	Points
1 Delaware 'A'	3:59.94	3	10
1) Caruso, Victoria FR	2) Hollis, Asia JR		
3) Dupicche, Nijah FR	4) Cox, Kristi JR		
2 Navy 'A'	4:02.85	3	8
1) Littlejohn, Arabia FR	2) Smith, Kristin FR		
3) Murph, Mansfield SO	4) Gesecki, Abigail SR		
3 Coppin State 'A'	4:05.35	3	6
1) Giles, Brittany FR	2) Leigh, Samantha JR		
3) Easterling, Alexis FR	4) Jones, Jamie FR		
4 Coppin State 'B'	x4:22.86	2	
1) Duncan, Latasha SO	2) Simpson, Iesha FR		
3) Epps, Christina FR	4) Kelly, Juashanna SO		
5 Navy 'B'	x4:24.72	2	
1) Carson, Lauren SO	2) Bonilla, Amanda SO		
3) McFadden, Colleen SO	4) Druggan, Natasha FR		
6 Delaware 'B'	x4:25.84	2	
1) Atkins, Kim SO	2) Jones, Samantha JR		
3) Ozcan, Tijen JR	4) Wright, Kellyn SR		
7 La Salle 'A'	4:26.09	3	5
1) McKnight, Courtney SR	2) Rodgers, Katherine SO		
3) Ortiz, Nikki FR	4) Harris, Courtney FR		
8 Navy 'D'	x4:28.47	1	
1) Ridgway, Jessica FR	2) Ross, Camille FR		
3) Stiles, Audrey FR	4) Kronshage, Jordan FR		
9 Navy 'C'	x4:30.28	1	
1) Whitcombe, Katie FR	2) Jolie, Jenne FR		
3) Moore, Moore FR	4) Payne, Stephanie FR		
-- Delaware 'C'	DNF	1	
1) Jenkins, Kathryn FR	2) Boynton, Yesenia SO		
3) Woodarek, Marla JR	4) Sickler, Erica FR		

**Event 31 Women 4x400 Meter Relay D2-3**

School	Finals	H#	Points
1 Lincoln (Pa.) 'A'	4:08.13	3	10
1) Rembert, Kristina JR	2) Wanamaker, Esna SO		
3) Freeman, Bienna FR	4) Sewell, Tynisha JR		
2 District of Columbia 'A'	4:25.28	3	8
1) Nixon, Erica JR	2) Green, Saleena JR		
3) Hollis, Kaneesha SO	4) Lewis, Famatta FR		
3 District of Columbia 'B'	x4:26.51	2	
1) Dotson, Domini FR	2) Jones, Callister FR		
3) Franklin, Demia SO	4) Allen, Latoya SO		

**Event 32 Men 4x400 Meter Relay D1**

School	Finals	H#	Points
1 La Salle 'A'	3:35.15	2	10
1) Iuele, Nick SO	2) Henderson, Ozzie SO		
3) Ayling, Patrick SO	4) Howard, Rashon SR		
2 St. Joseph's (Pa.) 'A'	3:35.48	2	8
1) Gallagher, Michael SO	2) Scrivano, Royce SO		

3) Myslinski, Kevin SO	4) Drastura, Adam SO		
-- Delaware 'A'		x3:31.08	2
1) Fronczkowski, Vinny SO	2) Morrisey, Nick SR		
3) Molligan, Justin JR	4) Smith, Andrue FR		
-- Delaware 'D'		X3:38.92	1
1) Sadeghipour, Kevin SO	2) Brooks, Tywan SO		
3) Preble, Eran SO	4) Townsend, James JR		
-- Delaware 'C'		X3:45.56	1
1) Chou, Kyle SO	2) Szela, Alex SO		
3) Ungerleider, Josh FR	4) Carroll, Alex SO		

### Event 32 Men 4x400 Meter Relay D2-3

School	Finals	H#	Points
1 Lincoln (Pa.) 'A'	3:23.82	2	10
1) Bishop, anthony SR	2) Dawkins, Randy NA		
3) Costen, Matthew SO	4) Wright, Alex JR		
2 Lincoln (Pa.) 'B'	x3:34.22	2	
1) Mason, Todd SR	2) lewis, Kester JR		
3) Hitch, Franklin SO	4) Hill, Jonathan JR		

### Women – Div 1 Team Rankings - 16 Events Scored

1) Navy	272.50	2) Delaware	185
3) Coppin State	69.50	4) La Salle	47
5) St. Joseph's (Pa.)	20	6) Delaware State	6

### Women – Div 2&3 Team Rankings - 16 Events Scored

1) Ursinus	156	2) District of Columbia	127.50
3) Lincoln (Pa.)	70.50	4) Holy Family	27
5) Franklin & Marshall	17		

### Men – Div 1 Team Rankings - 16 Events Scored

1) La Salle	203	2) American	103
3) St. Joseph's (Pa.)	90	4) Delaware State	27

### Men – Div 2&3 Team Rankings - 16 Events Scored

1) Ursinus	167	2) Lincoln (Pa.)	89
3) Wesley	35	4) Franklin & Marshall	28
5) Holy Family	24	6) Goucher	10