



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Womens 5000 Meter Run University ROC

Pl	Bib	Athlete Name		Affiliation	Time	Pts	2000m	3000m
1	2764	Jess Palacio	08	US Naval Academy	17:35.1	1	6:51.0	10:31.8
2	2723	Wesley Frazier	13	UNA-NC-RALEIGH-FRAZIER	18:03.3		6:51.0	10:32.4
3	2730	Jordan Jenkins	10	Unattached - NCSU	18:20.4		7:00.0	10:46.8
4	2112	Ryanna Henderson	10	NC State U.	18:37.1	2	7:18.6	11:09.0
5	2727	Tiayonna Blackmon	08	Unattached - NCSU	18:46.8		7:17.4	11:09.0
6	2116	Marika Walker	08	NC State U.	18:47.1	3	7:17.4	11:09.0
7	2753	Brigid Byrne	10	US Naval Academy	18:49.0	4	7:10.2	11:08.4
8	2113	Bona Jones	07	NC State U.	18:53.3	5	7:22.8	11:15.0
9	2756	Mollie Hebda	08	US Naval Academy	18:56.8	6	7:18.0	11:10.2
10	2759	Zatha Loewen	10	US Naval Academy	18:57.3	7	7:27.0	11:21.0
11	2022	Kristy Zeiler	07	Methodist U.	19:04.0	8	7:15.6	11:12.6
12	2750	Jacqueline Blackburn	09	US Naval Academy	19:08.9	9	7:21.6	11:14.4
13	2117	Paige Woodard	08	NC State U.-B	19:14.2		7:27.6	11:27.0
14	2765	Bethany Rahall	07	US Naval Academy	19:16.0	10	7:22.2	11:23.4
15	2154	Natalie Rich	10	NCSU Club Cross Country-f	19:21.9	11	7:40.8	11:43.2
16	2677	Danielle McKee	10	The Citadel	19:22.7	12	7:44.4	11:58.2
17	2749	Annie Barry	09	US Naval Academy	19:31.2	13	7:24.6	11:28.2
18	2729	Kenyetta Iyevbele	10	Unattached - NCSU	19:33.7		7:19.2	11:10.8
19	3287	Krystle Medlin	01	St. Augustine's College	19:36.0		7:24.6	11:36.6
20	1906	Jessie Alley	08	Longwood U.	19:40.4	14	7:27.0	11:31.8
21	2751	Aimee Brenner	07	US Naval Academy	19:45.6		7:34.8	11:40.8
22	1910	Ciara Madding	14	Longwood U.	19:55.0	15	7:32.4	11:42.0
23	2111	Anna Gillespie	09	NC State U.	19:56.0	16	7:23.4	11:36.0
24	2731	Tess Wynn	10	Unattached - NCSU	19:56.5		7:51.0	11:58.2
25	2758	Mary Jordan	10	US Naval Academy	19:59.7		7:37.8	11:50.4
26	2110	Emily Egelhoff-Whalen	10	NC State U.	20:00.2	17	7:57.6	12:06.0
27	2767	Katie Taylor	08	US Naval Academy	20:04.8		7:31.2	11:44.4
28	2763	Erin Neumann	07	US Naval Academy	20:07.0		7:37.2	11:50.4
29	2766	Katie Rentz	07	US Naval Academy	20:07.4		7:37.8	11:49.8
30	2734	Megan Carney	08	UNC - Pembroke	20:08.3	18	7:40.2	11:57.6
31	2145	Carly Kovacik	08	NCSU Club Cross Country-f	20:11.7	19	7:57.0	12:10.8
32	2107	Amanda Burger	08	NC State U.	20:12.0	20	7:58.2	12:04.8
33	1627	Taylor Stokes	10	Guilford College	20:12.7		8:02.4	12:13.8
34	2679	Christina Shonbeck	10	The Citadel	20:15.2	21	7:49.2	11:58.8
35	2740	Livia Mahaffie	08	UNC - Pembroke	20:16.5	22	7:46.8	12:03.6
36	2755	Kellie Hall	10	US Naval Academy	20:21.6		7:41.4	12:03.6
37	2768	Ellie Websiter	10	US Naval Academy	20:28.8		7:57.6	12:09.6
38	2752	Sarah Burns	07	US Naval Academy	20:29.4		7:51.0	12:03.6
39	1914	Megan Short	09	Longwood U.	20:38.7	23	7:43.2	12:02.4
40	2736	Ashlee Doughty	10	UNC - Pembroke	20:40.6	24	7:50.4	12:06.6
41	2674	Suzie Gay	07	The Citadel	20:43.2	25	7:57.0	12:15.6
42	2138	Meghan Hegarty	06	NCSU Club Cross Country-f	20:45.9	26	7:39.6	12:03.0
43	1916	Jenna Sprinkle	09	Longwood U.	20:49.6	27	8:03.6	12:25.8

Womens 5000 Meter Run University ROC

PI	Bib	Athlete Name	Affiliation	Time	Pts	2000m	3000m
44	2739	Bonnie MacDonald	06 UNC - Pembroke	20:57.1	28	7:52.8	12:16.2
45	2114	Cora Shull	09 NC State U.	21:00.8	29	8:06.6	12:27.0
46	2132	Melissa Gannon	08 NCSU Club Cross Country	21:01.7	30	7:57.6	12:33.0
47	2747	Annette Sem	09 UNC - Pembroke	21:06.2	31	7:37.8	12:01.8
48	2161	Molly Spencer	09 NCSU Club Cross Country-(21:07.9		8:00.0	12:21.0
49	2074	Lyndsay Mizok	08 Montreat College	21:09.9	32	7:46.2	12:11.4
50	2761	Marina McGrail	08 US Naval Academy	21:13.3		7:59.4	12:28.2
51	2959	Erica Brooks	10 Young Harris College	21:14.1	33	8:04.2	12:37.8
52	2284	Charity Daigle	07 Ohio Valley U.	21:14.3	34	8:04.2	12:30.0
53	2684	Micah Wessinger	09 The Citadel	21:22.6	35	7:53.4	12:27.0
54	2966	Stacey Keahon	08 Young Harris College	21:22.9	36	8:05.4	12:38.4
55	2970	Heather Richbourg	09 Young Harris College	21:27.7	37	8:06.6	12:37.2
56	2282	India Bryant	10 Ohio Valley U.	21:41.1	38	8:05.4	12:43.8
57	2115	Brittany View	09 NC State U.	21:48.1		8:11.4	12:42.0
58	2669	Erinn Carter	08 The Citadel	22:00.3	39	8:20.4	12:57.6
59	2737	Woodi Jones	09 UNC - Pembroke	22:04.7	40	8:09.6	12:52.2
60	2748	Catherine Shoemaker	07 UNC - Pembroke	22:17.1	41	8:07.8	13:05.4
61	2969	Ellie Parton	09 Young Harris College	22:24.8	42	8:04.2	12:51.6
62	2680	Sarah Stierwalt	07 The Citadel	22:26.5	43	8:15.6	12:54.0
63	2972	Christelle Vereb	09 Young Harris College	22:29.0	44	8:28.2	13:19.2
64	2149	Dana McAfoos	10 NCSU Club Cross Country-f	22:32.6	45	8:36.6	13:24.6
65	2011	Katie Ballard	08 Methodist U.	22:34.9	46	8:31.8	13:18.0
66	2738	Blair Long	09 UNC - Pembroke	22:35.2		8:35.4	13:19.8
67	2289	Lilian Korir	09 Ohio Valley U.	22:47.8	47	8:42.0	13:27.0
68	2139	Shannyn Holder	10 NCSU Club Cross Country-f	22:49.2	48	8:29.4	13:15.6
69	2131	Kelly Fredenburg	10 NCSU Club Cross Country	22:49.8	49	8:30.0	13:15.0
70	2130	Bridget Flaherty	10 NCSU Club Cross Country	23:02.6	50	8:30.0	13:21.6
71	1911	Emberli McGann	10 Longwood U.	23:02.8	51	8:30.6	13:26.4
72	2286	Sara Foy	08 Ohio Valley U.	23:04.1	52	8:54.0	13:44.4
73	2375	Lupe Rostro	09 Peace College	23:13.3		8:21.0	13:15.6
74	1908	Nicki Cunningham	14 Longwood U.	23:24.1	53	8:31.2	13:33.0
75	2373	Alli Gilmore	08 Peace College	23:27.6		8:53.4	13:48.6
76	2156	Leanne Segur	08 NCSU Club Cross Country-f	23:35.4	54	8:46.8	13:45.6
77	2971	Maryanne Schramke	09 Young Harris College	23:39.6	55	9:16.2	14:15.0
78	1620	Colleen Gonzalez	10 Guilford College	23:44.0		9:30.0	14:24.0
79	2018	Brittanie Morris	10 Methodist U.	23:44.0	56	8:52.8	13:55.8
80	2071	Kim Hibbett	09 Montreat College	23:51.5	57	9:07.8	14:21.0
81	2067	Elyse Gildernew	08 Montreat College	24:04.4	58	9:17.4	14:23.4
82	2135	Amanda Gottberg	10 NCSU Club Cross Country	24:11.0	59	9:11.4	14:15.6
83	2020	Ashley Selfridge	08 Methodist U.	24:26.4	60	9:11.4	14:21.6
84	2285	Preet Dhillon	08 Ohio Valley U.	24:31.3	61	9:24.6	14:36.0
85	2962	Robyn Finley	10 Young Harris College	24:37.9	62	9:02.4	14:10.8
86	2293	Brittany Sellers	10 Ohio Valley U.	24:57.8	63	9:22.8	14:36.6
87	1619	Morgan Freyer	07 Guilford College	25:05.3		9:39.0	14:50.4
88	2010	Morgan Artis	09 Methodist U.	25:27.7	64	9:40.2	15:00.6
89	2158	Kelsey Sherrill	07 NCSU Club Cross Country-(25:30.3		10:01.8	15:22.2
90	1625	Hilary Schultz	10 Guilford College	25:47.5		9:38.4	14:55.8

Womens 5000 Meter Run University ROC

PI	Bib	Athlete Name		Affiliation	Time	Pts	2000m	3000m
91	2073	Katlyn Lukacena	10	Montreat College	25:49.2	65	9:55.2	15:30.0
92	2016	Katlyn Jarrell	09	Methodist U.	26:04.9	66	9:40.8	15:08.4
93	2076	Kimberly Ott	10	Montreat College	26:10.0	67	9:55.8	15:30.6
94	2124	Leslie Castillo	09	NCSU Club Cross Country	26:18.4	68	9:26.4	15:18.6
95	2140	Rachel Huffman	09	NCSU Club Cross Country-f	26:33.8	69	10:06.6	15:39.6
96	2150	Erin Miller	09	NCSU Club Cross Country-f	26:50.7		10:06.6	15:38.4
97	2290	Rebekah Moore	07	Ohio Valley U.	30:05.2	70	10:58.2	17:29.4
98	2961	Lindsay Coleman	10	Young Harris College	31:49.0		11:27.0	18:38.4
99	2372	Taylor Clark	09	Peace College	32:59.0		11:54.6	18:54.0
100	2376	Auriel Vasquez	10	Peace College	34:51.8		12:31.8	20:43.8

Womens 5000 Meter Run University ROC Team Scores

1	US Naval Academy	27	18:41.4
2	NC State U.	43	19:14.4
3	UNC - Pembroke	123	20:37.8
4	Longwood U.	130	20:49.2
5	The Citadel	132	20:45.0
6	NCSU Club Cross Country-B	149	21:08.4
7	Young Harris College	192	21:47.4
8	Ohio Valley U.	232	22:39.6
9	Methodist U.	234	23:03.6
10	NCSU Club Cross Country	256	23:28.8
11	Montreat College	279	24:13.2



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Mens 8000 Meter Run University ROC

Pl	Bib	Athlete Name	Affiliation	Time	Pts	2000m	3000m
1	1489	Dominick Robinson	09 Duke U.	24:43.4	1	6:07.2	9:18.0
2	2744	Pardon Ndhlovu	09 UNC - Pembroke	24:50.8	2	6:06.6	9:17.4
3	1622	Derick Kosgei	08 Guilford College	25:07.1	3	6:07.2	9:18.0
4	2719	Phil Fairleigh	10 UNA-IL-CARY-FAIRLEIGH	25:15.1		6:06.6	9:18.0
5	1488	Brendan Pierson	08 Duke U.	25:55.4	4	6:16.2	9:34.8
6	1486	Joseph Elsagr	09 Duke U.	26:02.6	5	6:22.8	9:39.6
7	2732	Zach Bayless	08 UNC - Pembroke	26:03.2	6	6:11.4	9:34.8
8	1490	Jonathan Sanchez	09 Duke U.	26:09.0	7	6:07.2	9:21.0
9	2746	Chris Schroll	10 UNC - Pembroke	26:11.8	8	6:11.4	9:32.4
10	1483	Christian Britto	10 Duke U.	26:13.7	9	6:18.6	9:39.0
11	1485	Isaac Dunkelberger	07 Duke U.	26:16.9	10	6:21.6	9:40.2
12	1623	Chad Nortan	10 Guilford College	26:27.1	11	6:15.0	9:37.2
13	2676	Kyle Keene	09 The Citadel	26:36.9	12	6:17.4	9:38.4
14	1915	Darren Simpson	08 Longwood U.	26:40.0	13	6:19.8	9:40.8
15	1491	Lucas Talavan-Becker	10 Duke U.	26:44.6	14	6:16.2	9:35.4
16	2673	John Gatewood	09 The Citadel	26:47.6	15	6:37.8	10:01.2
17	2682	Austin Waldrop	09 The Citadel	26:48.6	16	6:18.6	9:43.8
18	1909	Sean Flynn	09 Longwood U.	27:01.2	17	6:21.6	9:51.0
19	2829	Matt Gossett	08 Washington and Lee U.	27:08.7	18	6:37.8	10:04.8
20	1484	Jonathan Chu	08 Duke U.	27:14.9		6:14.4	9:34.8
21	2681	Clay Thornton	09 The Citadel	27:16.6	19	6:37.2	10:01.2
22	1628	Sean White	10 Guilford College	27:18.7	20	6:37.2	10:01.8
23	2068	Ben Hall	07 Montreat College	27:21.0	21	6:37.2	10:06.6
24	1487	Will Leister	08 Duke U.	27:24.5		6:25.8	9:54.0
25	1918	Robbie Webb	08 Longwood U.	27:26.7	22	6:40.2	10:10.8
26	2827	Tyler Gehrs	09 Washington and Lee U.	27:30.0	23	6:39.0	10:08.4
27	2834	Robert Warneford-Thomson	08 Washington and Lee U.	27:32.0	24	6:43.8	10:12.0
28	2735	Kevin Clancy	08 UNC - Pembroke	27:33.9	25	6:37.8	10:09.0
29	1626	Dylan Skinner	10 Guilford College	27:41.6	26	6:51.0	10:17.4
30	1617	David Cason	10 Guilford College	27:42.3	27	6:49.8	10:15.0
31	2833	Thomas Kane	10 Washington and Lee U.	27:42.9	28	6:47.4	10:22.2
32	2670	Chris Fallis	07 The Citadel	28:00.0	29	6:30.6	10:00.0
33	2683	P.J. Wasilchak	08 The Citadel	28:00.3	30		
34	2137	Scott Hefner	09 NCSU Club Cross Country	28:02.7	31	6:45.0	10:22.2
35	2675	Wells Johnson	08 The Citadel	28:06.6	32	6:27.0	9:58.8
36	2742	Steven Merritt	09 UNC - Pembroke	28:07.1	33	6:30.0	10:01.8
37	1917	Alex Strittmater	09 Longwood U.	28:07.6	34	6:40.2	10:10.8
38	2828	Rob George	07 Washington and Lee U.	28:08.4	35	6:49.8	10:27.0
39	2291	Ben Murphy	10 Ohio Valley U.	28:10.1	36	6:38.4	10:13.2
40	2014	Christopher Glass	10 Methodist U.	28:12.7	37	6:26.4	10:04.2
41	2671	Paul Fleckenstein	10 The Citadel	28:14.9		6:38.4	10:12.0
42	1907	Justin Cooke	08 Longwood U.	28:17.3	38	6:48.0	10:26.4
43	1633	Andrew Stoddard	14 Hampden-Sydney College	28:22.3		6:58.8	10:39.6

Mens 8000 Meter Run University ROC

PI	Bib	Athlete Name	Affiliation	Time	Pts	2000m	3000m
44	2678	Brandon Rabon	10 The Citadel	28:22.8		6:59.4	10:41.4
45	2831	Ryan Henner	08 Washington and Lee U.	28:25.1	39	6:52.8	10:31.8
46	1621	Bradlee Kiser	10 Guilford College	28:26.0	40	6:51.0	10:25.8
47	2733	Darius Brantley	09 UNC - Pembroke	28:36.3	41	6:38.4	10:15.6
48	2958	Brandon Banks	10 Young Harris College	28:40.7	42	6:46.8	10:28.8
49	1631	Andrew Craver	13 Hampden-Sydney College	28:41.3		6:59.4	10:40.8
50	2144	Tim Kochy	10 NCSU Club Cross Country-f	28:45.3	43	6:58.8	10:43.8
51	2013	Craig Cicero	09 Methodist U.	28:46.1	44	6:23.4	10:09.6
52	2832	Jack Ivy	07 Washington and Lee U.	28:46.3	45	6:49.8	10:27.0
53	2718	Luis Navarro	11 UNA-GA-KENNESAW-NAVY	28:46.7		6:37.2	10:21.6
54	1629	Ryan Wroblewski	09 Guilford College	28:54.9	46	6:53.4	10:30.6
55	2072	Hunter Howe	10 Montreat College	29:07.2	47	6:54.0	10:34.2
56	2157	Blake Shelton	10 NCSU Club Cross Country-f	29:09.7	48	6:58.8	10:43.2
57	1912	kyle Moller	14 Longwood U.	29:10.4	49	6:52.2	10:36.0
58	1618	Aaron Combs	10 Guilford College	29:12.3		6:51.6	10:25.8
59	2280	Brian Blanc	07 Ohio Valley U.	29:13.4	50	7:10.8	11:00.0
60	2118	Craig Baggett	10 NCSU Club Cross Country	29:13.8	51	6:58.8	10:43.2
61	2075	Jared Nielsen	08 Montreat College	29:14.9	52	7:08.4	10:52.2
62	2141	Sebron Jessup	07 NCSU Club Cross Country	29:18.4	53	6:57.6	10:40.2
63	2965	Trent Jones	10 Young Harris College	29:23.4	54	6:54.0	10:43.2
64	2963	Levi Gentle	07 Young Harris College	29:25.5	55	6:51.0	10:37.2
65	2133	Matt Geisz	10 NCSU Club Cross Country	29:27.5	56	6:58.8	10:43.8
66	2968	Tim Montgomery	10 Young Harris College	29:32.7	57	6:54.6	10:49.2
67	2967	Terry Miller	10 Young Harris College	29:38.7	58	6:54.0	10:49.2
68	2287	Brandon Grissom	07 Ohio Valley U.	29:39.2	59	7:00.0	10:51.6
69	1634	Tyler Wolfe	14 Hampden-Sydney College	29:47.1		7:10.8	11:03.0
70	2017	Sydney Machokoto	10 Methodist U.	29:52.9	60	6:46.8	10:34.2
71	2077	Winston Rheinbolt	09 Montreat College	30:02.2	61	6:59.4	10:42.6
72	2292	John Page	10 Ohio Valley U.	30:04.1	62	6:58.2	10:40.8
73	2830	James Grasso	09 Washington and Lee U.	30:17.2		7:01.2	10:54.0
74	2741	Thomas McDonough	09 UNC - Pembroke	30:29.6	63	6:38.4	10:36.6
75	2283	Mike Cornell	10 Ohio Valley U.	30:40.0	64	7:11.4	11:12.6
76	2143	Derrick Knotts	09 NCSU Club Cross Country-f	30:55.3	65	7:06.6	11:04.8
77	2142	Joshua Knight	10 NCSU Club Cross Country-f	31:03.6	66	7:00.0	10:46.8
78	2153	Erik Pavia	10 NCSU Club Cross Country-f	31:10.0	67	7:18.0	11:18.0
79	2152	Alan Nolting	09 NCSU Club Cross Country-f	31:19.7	68	7:14.4	11:08.4
80	2745	Clayton Pierce	09 UNC - Pembroke	31:26.0		6:52.2	10:43.8
81	2069	Noah Hall	09 Montreat College	31:26.8	69	7:34.8	11:40.8
82	2964	Tyler Gunnin	09 Young Harris College	31:28.7	70	7:04.2	11:04.8
83	2065	Alex Brito	10 Montreat College	31:33.7	71	7:03.0	11:04.2
84	2159	Tyler Simmons	10 NCSU Club Cross Country-f	31:37.1	72	7:17.4	11:20.4
85	2151	John Mills	07 NCSU Club Cross Country-f	31:38.9		7:19.8	11:25.8
86	1632	Casey Grimes	14 Hampden-Sydney College	31:40.8		7:24.6	11:34.8
87	2960	Will Clements	10 Young Harris College	31:49.0	73	7:19.2	11:33.6
88	2125	David Claborn	09 NCSU Club Cross Country	31:54.1	74	7:44.4	11:49.8
89	2021	Peter Yuscat	08 Methodist U.	32:09.2	75	7:27.6	11:39.6
90	2019	Nick Sauls	08 Methodist U.	32:16.4	76	7:19.8	11:32.4

Mens 8000 Meter Run University ROC

PI	Bib	Athlete Name	Affiliation	Time	Pts	2000m	3000m
91	2123	Nick Castellucci	08 NCSU Club Cross Country-(32:36.7		6:51.6	10:40.2
92	2722	Ryan Burchett	07 UNA-NC-FAYETTEVI-BURCI	33:25.6		7:34.8	11:51.6
93	2129	Ryan Duckett	10 NCSU Club Cross Country	34:28.6	77	8:03.0	12:28.2
94	2119	Tyler Barkey	10 NCSU Club Cross Country	34:50.8	78	8:06.0	12:27.6
95	2120	Jeremy Bartucca	06 NCSU Club Cross Country	39:44.7		8:24.6	13:07.8
96	2288	Walter Guerra	07 Ohio Valley U.	42:49.0	79	9:30.6	15:56.4

Mens 8000 Meter Run University ROC Team Scores

1	Duke U.	26	25:48.6
2	UNC - Pembroke	74	26:33.6
3	Guilford College	87	26:51.6
4	The Citadel	91	27:06.0
5	Longwood U.	124	27:30.6
6	Washington and Lee U.	128	27:36.6
7	Montreat College	250	29:26.4
8	NCSU Club Cross Country	265	29:35.4
9	Young Harris College	266	29:20.4
10	Ohio Valley U.	271	29:33.6
11	NCSU Club Cross Country-B	289	30:12.6
12	Methodist U.	292	30:15.6



Mixed 5000 Meter Run Community Race - U14

Pl	Athlete Name	Affiliation	Time	Pts
1	Peter Millsaps	15 UNA-NC-RALEIGH-MILLSAF	17:57.9	
2	Eric Menser	Unattached	18:43.3	
3	Devin Smith	21 The Nubian Project	21:25.0	
4	Cameron Covington	UNA-AL-PELHAM-COVING	21:45.9	
5	Morgan Ilse	Unattached	22:03.0	
6	Greyson Kelley	Unattached	22:14.5	
7	Sarah Comstock	Unattached	22:27.3	
8	Gabriel K. Cole	21 The Nubian Project	22:28.6	
9	Goffery K. Cole	21 The Nubian Project	22:28.9	
10	Rick Dobson	UNA-WV-WASHINGTON-D	22:40.3	
11	Alexandra Benoit	Unattached	23:02.5	
12	Henry Pehr	UNA-NC-CARY-PEHR	23:24.5	
13	Abigal Dickinson	Unattached	23:25.8	
14	ty dobson	UNA-WV-WASHINGTON-D	23:59.9	
15	Meredith Sitze	Unattached	24:30.9	
16	Michael Comstock	Unattached	25:21.9	
17	Peter Camacho	Unattached	26:23.8	
18	Elizabeth McSoley	Unattached	26:24.1	
19	Rebecca Coletti	Unattached	26:26.0	
20	Talayah Brown	Unattached	26:28.3	
21	Jonathan Brechbiel	Unattached	26:45.6	
22	Sophie Sajovec	Unattached	27:15.0	
23	Benjamin Sitze	Unattached	27:15.2	
24	Langdon Ogburn	Unattached	27:47.1	
25	Katie Crawford	Unattached	28:28.5	
26	Beth Coletti	Unattached	28:34.3	
27	Brenna Buckley	Unattached	29:45.1	
28	Alexandra Yanochak	Unattached	29:45.1	
29	Brenna Urbanski	Unattached	31:39.7	
30	Conrad Huff	Unattached	33:02.3	
31	Alicia Biel	Unattached	33:15.8	
32	Andrew Clarke	Unattached	34:37.9	

Mixed 5000 Meter Run Community Race - U14 Team Scores



Mixed 5000 Meter Run Community Race-14+

Pl	Athlete Name		Affiliation	Time	Pts
1	Eric Heintz	00	UNA-AL-PELHAM-COVINGT	17:10.0	
2	Marquis Worsley		The Nubian Project	17:13.0	1
3	Christean Covington		UNA-AL-PELHAM-COVINGT	17:46.5	
4	Ryan Candia		Unattached	17:50.2	
5	Brett Jones		UNA-VA-RICHMOND-JONE	18:04.5	
6	Paul Jacobson		Unattached	18:09.4	
7	Elizabeth Cornell	11	UNA-VA-VIRGINIA_B-CORN	18:48.8	
8	Malcolm Spencer	14	The Nubian Project	18:59.1	2
9	Zach Tomkill		Unattached	19:25.4	
10	Marty Gaal		Raleigh Charter HS	19:32.8	
11	David Benjamin		Unattached	19:44.8	
12	Ariel Brialess		The Nubian Project	19:51.4	3
13	Ryan Ligon	11	UNA-VA-MIDLOTHIAN-LIGI	20:12.2	
14	Jeffrey Lu		Unattached	20:13.1	
15	Evan Rheingold		Unattached	20:21.7	
16	Jeff Townsend		Unattached	20:40.8	
17	Nathan Kwon		Unattached	20:53.2	
18	Chris Hill		Unattached	20:56.9	
19	Kellie Eyre	00	UNA-AL-PELHAM-COVINGT	21:04.3	
20	Mark Peters		UNA-TN-NASHVILLE-PETER	21:09.9	
21	Parker Manning		Unattached	21:22.7	
22	John Kelly		UNA-NC-RALEIGH-KELLY	21:24.5	
23	Jacob Veilleux	14	Green Hope High School	21:26.8	
24	Neil Rohrbaugh		Green Hope High School	21:54.7	
25	Jennifer Moore		Unattached	21:59.7	
26	Deb Romig		Unattached	22:03.3	
27	Kanitra Hatton		The Nubian Project	22:17.4	4
28	Paul Ilse		Unattached	22:45.1	
29	Emily Phillips		Unattached	23:15.8	
30	Mitch Moore		Unattached	23:42.8	
31	Dwayne Clarke		Unattached	24:22.8	
32	Mark Grundy		Unattached	24:43.3	
33	Frank Casadonte		UNA-NC-RALEIGH-MILLSAF	27:34.3	
34	Dayle Fitzgibbons		Unattached	27:47.5	
35	Sierra Crippen		The Nubian Project	29:01.5	5
36	Forster Amatori	14	UNA-WV-WASHINGTON-D	29:01.6	
37	Lauren Edeline		UNA-VA-ASHBURN-EDELIN	30:23.4	
38	Richard Casey		UNA-WV-WASHINGTON-D	35:53.9	
39	Marina Johnson	12	UNA-NC-MORRISVILL-JOHI	36:48.4	

Mixed 5000 Meter Run Community Race-14+

Mixed 5000 Meter Run Community Race-14+ Team Scores

1	The Nubian Project	15	21:28.2
---	--------------------	----	---------



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Boys 5000 Meter Run Invitational, Red

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
1	1934	Nathan Clarke	11 Manchester HS	16:16.7	1			
2	1171	Michael Fisher	11 Brevard HEAT	16:33.6		3:09.6	6:30.6	9:53.4
3	2887	Adel Yoonis	12 Wheeler HS	16:37.3	2	3:02.4	6:33.0	10:00.0
4	2081	Cameron Greza	13 Morgantown HS	16:38.7	3	3:00.0	6:24.6	9:49.8
5	2658	Sam Lewis	13 St. Xavier HS	16:42.7	4	3:02.4	6:29.4	9:57.0
6	2854	Drew Sutton	12 Wesleyan School	16:45.9	5	3:13.2	6:42.0	10:10.2
7	2850	Bradley Gossett	12 Wesleyan School	16:48.3	6	3:12.0	6:40.8	10:09.0
8	2880	Robert Kiblinger	11 Wheeler HS	16:55.7	7	3:12.6	6:52.8	10:19.2
9	1433	Sean Casey	11 Cornwall HS	16:56.1	8	3:02.4	6:33.0	10:01.2
10	1946	Cody Wellons	14 Manchester HS	16:57.7	9	3:06.0	6:42.0	10:12.6
11	2847	Andrew Robinson	14 Webb School of Knoxville	17:07.5	10	3:15.0	6:50.4	10:19.2
12	2647	Chris Bartlett	11 St. Xavier HS	17:09.7	11	3:09.6	6:45.0	10:18.0
13	2659	Max Mudd	14 St. Xavier HS	17:10.2	12	3:09.6	6:43.2	10:13.2
14	2668	Alex Van Camp	12 St. Xavier HS	17:12.7	13	3:09.6	6:43.2	10:15.0
15	2656	Mark Johnson	13 St. Xavier HS	17:16.1	14	3:09.0	6:42.6	10:14.4
16	1449	Riley Brady	13 Cosby HS	17:18.2	15	3:15.0	6:58.8	10:34.2
17	2835	Elliott Baerman	14 Webb School of Knoxville	17:18.2	16	3:15.0	6:49.8	10:19.2
18	2657	Sam Kinny	11 St. Xavier HS	17:21.6	17	3:06.6	6:45.0	10:18.6
19	1691	Quang Pham	11 Hermitage HS	17:22.2	18	3:10.8	6:45.6	10:20.4
20	2883	Jake Levin	12 Wheeler HS	17:22.5	19	3:14.4	6:51.6	10:22.8
21	1950	Chris Bryant	13 Marist School	17:23.0	20	3:12.6	6:51.6	10:29.4
22	1960	Jack Keller	12 Marist School	17:23.2	21	3:12.0	6:51.0	10:28.8
23	1974	Patrick Woods	12 Marist School	17:23.8	22	3:07.8	6:51.0	10:31.2
24	2848	Tye Thompson	11 Webb School of Knoxville	17:24.4	23	3:15.6	6:55.2	10:28.8
25	1948	Alexander Anemogiannis	12 Marist School	17:25.0	24	3:11.4	6:51.6	10:30.0
26	1936	Thomas Gomes	14 Manchester HS	17:26.1	25	3:06.0	6:42.6	10:18.6
27	2886	Kenneth Smith	12 Wheeler HS	17:28.3	26	3:12.6	6:52.2	10:22.8
28	2879	Alden Halseth	12 Wheeler HS	17:30.4	27	3:15.0	6:52.8	10:22.8
29	2852	Timothy Marsh	12 Wesleyan School	17:34.3	28	3:19.2	7:08.4	10:44.4
30	2655	Charlie Hammon	13 St. Xavier HS	17:35.5	29	3:09.6	6:45.0	10:24.0
31	1675	Matthew Cooke	12 Hermitage HS	17:35.8	30	3:13.8	6:57.0	10:32.4
32	2855	Takim Williams	12 Wesleyan School	17:36.3	31	3:18.0	7:02.4	10:40.8
33	1694	Tyler Rogers	12 Hermitage HS	17:38.7	32	3:15.0	7:02.4	10:41.4
34	1963	Jack Leahey	13 Marist School	17:41.0	33	3:10.8	6:51.6	10:30.6
35	2853	Colin Stone	11 Wesleyan School	17:41.9	34	3:18.0	7:03.6	10:40.2
36	2885	Conrad Rybka	12 Wheeler HS	17:43.7	35	3:15.6	7:00.0	10:37.2
37	1695	Will Schimmels	13 Hermitage HS	17:44.2	36	3:15.0	7:02.4	10:41.4
38	1702	Luke Wegner	12 Hermitage HS	17:46.5	37	3:11.4	6:54.0	10:33.0
39	1943	Austin Rogers	13 Manchester HS	17:48.2	38	3:06.6	6:43.8	10:28.2
40	1969	Stuart O'Connor	11 Marist School	17:52.1	39	3:13.2	6:58.8	10:41.4
41	1446	Michael Vecchio	14 Cornwall HS	17:53.0	40	3:09.6	6:54.6	10:33.6

Boys 5000 Meter Run Invitational, Red

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
42	2851	Austin Gritters	12 Wesleyan School	17:54.8	41	3:17.4	7:03.6	10:43.2
43	1436	Brendan Davis	13 Cornwall HS	17:55.2	42	3:13.2	6:59.4	10:40.8
44	1438	Robert Flitsch	11 Cornwall HS	17:57.7	43	3:10.2	6:55.2	10:38.4
45	2849	Mitchell Gentry	12 Wesleyan School	18:01.5	44	3:20.4	7:09.6	10:52.8
46	1703	Roberto Wingfield	11 Hermitage HS	18:02.6	45	3:16.2	7:05.4	10:51.6
47	2841	Elliot Greenlee	13 Webb School of Knoxville	18:04.2	46	3:19.2	7:04.8	10:45.6
48	1451	Brady Garrison	11 Cosby HS	18:06.5	47	3:16.2	7:04.2	10:46.8
49	1450	Andrew Cihak	13 Cosby HS	18:06.7	48	3:19.2	7:07.2	10:52.8
50	1458	Zachary Ryan	14 Cosby HS	18:10.2	49	3:19.2	7:06.6	10:49.2
51	2804	Tyler Will	13 Wake Forest-Rolesville HS	18:10.6	50	3:14.4	7:02.4	10:47.4
52	1939	Jake Jones	12 Manchester HS	18:12.7	51	3:12.0	7:01.8	10:47.4
53	1973	Graham White	13 Marist School	18:15.6	52	3:13.2	7:01.2	10:48.6
54	1452	Brandon Gulledege	11 Cosby HS	18:16.6	53	3:18.0	7:13.8	11:00.6
55	2803	Matthew Vest	13 Wake Forest-Rolesville HS	18:16.9	54	3:16.2	7:03.6	10:49.8
56	2839	Andrew Furr Foster	14 Webb School of Knoxville	18:17.1	55	3:19.2	7:09.0	10:58.2
57	1456	Andrew Pheneger	13 Cosby HS	18:18.3	56	3:20.4	7:13.8	11:01.8
58	1937	Mike Hammell	14 Manchester HS	18:18.6	57	3:16.8	7:06.0	10:55.2
59	1568	Conner Gettman	13 First Presbyterian Day Sc	18:19.8				
60	2085	Eric Libell	13 Morgantown HS	18:20.3	58	3:08.4	6:54.0	10:33.6
61	1668	Sam Belvin	12 Hermitage HS	18:20.3	59	3:16.8	7:05.4	10:54.6
62	2078	William Burns	14 Morgantown HS	18:34.8	60	3:12.0	7:03.6	10:58.2
63	2840	John Goodwin	11 Webb School of Knoxville	18:41.0	61	3:22.8	7:17.4	11:14.4
64	2088	Logan Moore	11 Morgantown HS	18:43.7	62	3:15.6	7:15.0	11:09.6
65	2798	Scott Holden	11 Wake Forest-Rolesville HS	18:45.6	63	3:14.4	7:05.4	11:00.0
66	1439	Ryan Gagnon	12 Cornwall HS	18:47.3	64	3:15.0	7:02.4	10:51.0
67	2801	Vik Mukherjee	11 Wake Forest-Rolesville HS	18:52.6	65	3:12.0	7:03.6	10:56.4
68	2089	Dustin Osborne	11 Morgantown HS	18:52.7	66	3:10.8	7:03.0	11:00.6
69	2844	Nathaniel Lawler	14 Webb School of Knoxville	19:03.2	67	3:22.2	7:17.4	11:13.8
70	2087	Stewart Lynch	12 Morgantown HS	19:13.6	68	3:16.8	7:13.8	11:14.4
71	1444	Ben Rodd	12 Cornwall HS	19:29.1	69	3:24.0	7:31.2	11:36.0
72	2083	Michael Jepson	14 Morgantown HS	19:47.1	70	3:16.8	7:19.8	11:31.2
73	1442	Sam Millard	13 Cornwall HS	20:05.2	71	3:28.8	7:44.4	11:52.8
74	1933	Mike Buleza	13 Manchester HS	20:17.9	72	3:26.4	7:44.4	12:00.0
75	3334	Chris Weber	Wake Forest-Rolesville HS	20:18.5	73	3:39.6	7:53.4	12:03.0
76	3339	Hayden Bridges	Wake Forest-Rolesville HS	20:58.2	74	3:26.4	7:39.6	12:02.4
77	3333	Jake Coats	Wake Forest-Rolesville HS	21:11.8	75	3:38.4	8:01.8	12:28.2

Boys 5000 Meter Run Invitational, Red

Boys 5000 Meter Run Invitational, Red Team Scores

1	St. Xavier HS	54	17:06.0
2	Wheeler HS	81	17:10.8
3	Wesleyan School	104	17:17.4
4	Marist School	120	17:27.0
5	Manchester HS	124	17:20.4
6	Webb School of Knoxville	150	17:38.4
7	Hermitage HS	153	17:37.2
8	Cornwall HS	197	17:54.0
9	Cosby HS	212	17:59.4
10	Morgantown HS	249	18:13.8
11	Wake Forest-Rolesville HS	305	18:52.8



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Girls 5000 Meter Run Invitational, Red

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
1	1164	Morgan Price	11 Brentsville District HS	18:55.5	1	3:22.2	7:21.0	11:13.8
2	2515	Christine Coughlin	11 Shaker HS	19:17.0	2	3:22.8	7:22.2	11:21.6
3	2525	Kayleigh Lavender	13 Shaker HS	19:24.5	3	3:22.8	7:23.4	11:24.6
4	2866	Alex Justice	12 Western Branch HS	19:26.2	4	3:27.0	7:31.2	11:33.0
5	2877	Allison Brackin	11 Wheeler HS	19:29.2	5	3:22.2	7:27.6	11:34.8
6	2524	MaryAnna Lansing	16 Shaker HS	19:31.9	6	3:31.2	7:44.4	11:43.8
7	2228	Morgan Jackson	11 North Cobb HS	19:37.2	7	3:36.0	7:45.0	11:49.8
8	2846	Natalie Ritchie	12 Webb School of Knoxville	19:37.9	8	3:39.6	7:47.4	11:52.2
9	2086	Allison Lynch	14 Morgantown HS	19:39.2	9	3:32.4	7:39.0	11:40.2
10	2875	Natalie Wynn	11 Western Branch HS	19:39.7	10	3:31.2	7:40.2	11:45.6
11	2863	Katie Bishop	12 Western Branch HS	19:46.5	11	3:30.0	7:37.2	11:38.4
12	2881	Sam Kiblinger	12 Wheeler HS	19:55.1	12	3:26.4	7:41.4	11:45.6
13	1062	Lindsay Cheu	13 Bethlehem HS	19:55.7	13	3:25.8	7:45.6	11:55.8
14	2806	Grace Yoakum	14 Wake Forest-Rolesville HS	19:55.8		3:35.4	7:49.8	11:57.0
15	1161	Jill Marianos	11 Brentsville District HS	19:56.9	14	3:34.8	7:47.4	11:56.4
16	1150	Kenzie Fennell	14 Brentsville District HS	19:57.9	15	3:34.2	7:43.8	11:51.6
17	2082	Brynn Harshbarger	13 Morgantown HS	20:07.0	16	3:28.2	7:43.2	11:54.6
18	2579	Gillian Tosatto	13 Sherwood HS	20:13.5	17	3:46.2	8:07.2	12:12.6
19	2892	Charlotte Bourg	12 Winston Churchill HS	20:17.5	18	3:28.8	7:46.2	11:57.0
20	2511	Blair Burke	11 Shaker HS	20:36.6	19	3:23.4	7:35.4	11:55.8
21	2882	Monica Kreager	12 Wheeler HS	20:41.3	20	3:50.4	8:13.2	12:25.2
22	1155	Myra Kinder	11 Brentsville District HS	20:42.8	21	3:35.4	7:55.2	12:12.0
23	1075	Amy Luke	11 Bethlehem HS	20:43.9	22	3:40.8	8:08.4	12:25.8
24	2578	Amanda Tomlinson	13 Sherwood HS	20:44.7	23	3:48.6	8:11.4	12:27.0
25	2092	Katie Woods	14 Morgantown HS	20:45.2	24	3:34.2	7:55.2	12:20.4
26	2570	Grace Mc Donald	14 Sherwood HS	20:46.3	25	3:49.8	8:13.8	12:32.4
27	1070	Shea Foley	15 Bethlehem HS	20:47.4	26	3:31.8	7:58.8	12:18.0
28	1066	Meg Davitt	13 Bethlehem HS	20:47.7	27	3:40.8	8:07.2	12:30.0
29	2225	Tyra Holloway	14 North Cobb HS	20:49.3	28	3:43.2	8:08.4	12:31.8
30	1146	Lauren Colletti	14 Brentsville District HS	20:52.5	29	3:35.4	7:56.4	12:16.2
31	2534	Gili Rusak	15 Shaker HS	20:52.5	30	3:34.2	8:03.6	12:27.0
32	2837	Meg Carey	11 Webb School of Knoxville	20:54.1	31	3:35.4	7:52.2	12:18.6
33	2080	Madeleine Duarte	14 Morgantown HS	20:55.0	32	3:39.0	8:04.2	12:21.0
34	1793	Amanda Bray	12 James W. Robinson HS	20:55.8	33	3:44.4	8:14.4	12:30.6
35	2084	Rebekah LaFata	14 Morgantown HS	20:56.4	34	3:45.0	8:12.0	12:37.2
36	1942	Sarah Ray	14 Manchester HS	21:00.3	35	3:46.2	8:08.4	12:30.6
37	2232	Morgan Mooney	11 North Cobb HS	21:03.9	36	3:49.8	8:12.6	12:34.2
38	2522	Eileen Jin	11 Shaker HS	21:06.1	37	3:48.0	8:15.6	12:31.8
39	2234	Allison Morrow	11 North Cobb HS	21:08.4	38	3:49.2	8:08.4	12:31.8
40	2581	Jacqueline Weiss	12 Sherwood HS	21:08.5	39	3:57.0	8:28.8	12:49.2
41	1076	Sydney MacMillan	12 Bethlehem HS	21:13.8	40	3:36.0	8:07.2	12:25.8

Girls 5000 Meter Run Invitational, Red

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
42	2845	Taylor Odend'hal	12	Webb School of Knoxville	21:14.9	41	3:43.2	8:06.0	12:24.0
43	2864	Patricia DeLacey	11	Western Branch HS	21:16.8	42	3:51.0	8:20.4	12:46.2
44	1068	Mariel Doyle	11	Bethlehem HS	21:18.6	43	3:36.6	7:58.8	12:30.0
45	1403	Jennifer Maestre	14	Colonial HS	21:21.2	44	3:57.0	8:31.2	13:01.8
46	2562	Abigail Iacangelo	11	Sherwood HS	21:21.7	45	3:49.8	8:16.8	12:39.0
47	1945	Adrian Walker	12	Manchester HS	21:21.9	46	3:54.0	8:19.8	12:47.4
48	2808	Rebecca Yoakum	14	Wake Forest-Rolesville HS	21:24.0		3:37.8	8:03.6	12:29.4
49	1168	Maria Ulisse	12	Brentsville District HS	21:26.0	47	3:43.8	8:14.4	12:47.4
50	2574	Teresa Russell	11	Sherwood HS	21:28.0	48	3:49.8	8:16.8	12:43.8
51	1796	Julia Federici	11	James W. Robinson HS	21:28.9	49	3:40.2	8:10.8	12:43.2
52	2523	Jen Jin	11	Shaker HS	21:28.9	50	3:51.0	8:24.6	12:50.4
53	1400	Amy Licht	14	Colonial HS	21:32.1	51	3:56.4	8:29.4	12:58.8
54	1795	Hyten Davidson	11	James W. Robinson HS	21:34.4	52	3:39.0	8:10.8	12:35.4
55	2903	Paula Rabade	14	Winston Churchill HS	21:38.5	53	3:52.8	8:33.6	13:03.0
56	1398	Megan Gerrard	13	Colonial HS	21:40.9	54	3:56.4	8:28.8	12:57.0
57	1530	Neema Rowe	11	Eleanor Roosevelt HS	21:44.7	55	3:51.6	8:24.0	12:55.2
58	2906	Gabby Siegel	12	Winston Churchill HS	21:45.9	56	3:49.2	8:24.0	12:57.0
59	1081	Hailey Rice	11	Bethlehem HS	21:50.5	57	3:48.6	8:28.2	13:02.4
60	2079	Elizabeth Duarte	11	Morgantown HS	21:54.9	58	3:50.4	8:22.8	12:52.2
61	2843	Ishi Keenum	12	Webb School of Knoxville	21:56.7	59	3:58.8	8:42.6	13:15.0
62	1803	Jessica Piatt	13	James W. Robinson HS	21:57.3	60	3:41.4	8:27.6	13:01.8
63	2907	Caroline Su	12	Winston Churchill HS	21:57.5	61	3:48.6	8:29.4	13:07.8
64	2894	Genevieve Garland	14	Winston Churchill HS	21:57.6	62	3:53.4	8:34.8	13:07.8
65	2909	Regan Taylor	14	Winston Churchill HS	21:57.7	63	3:52.8	8:33.6	13:03.0
66	2233	Mikayla Moran	13	North Cobb HS	22:04.2	64	3:54.0	8:32.4	13:08.4
67	1406	Stephanie Rodriguez	12	Colonial HS	22:06.5	65	3:54.6	8:24.0	12:55.8
68	1528	Carole Ngondi	12	Eleanor Roosevelt HS	22:13.4	66	3:53.4	8:32.4	13:10.8
69	1797	Rachel Gaal	12	James W. Robinson HS	22:15.9	67	3:35.4	8:07.8	12:45.6
70	2876	Juliette Zadrazil	13	Western Branch HS	22:18.2	68	4:01.8	8:44.4	13:21.6
71	2867	Katherine Matais	13	Western Branch HS	22:19.0	69	3:55.8	8:44.4	13:22.2
72	2902	Jeanette Perthel	11	Winston Churchill HS	22:19.9	70	3:52.8	8:34.2	13:11.4
73	1529	Lydia Nichols-Russell	11	Eleanor Roosevelt HS	22:20.5	71	3:52.8	8:32.4	13:11.4
74	1526	Veronica Handdunge	13	Eleanor Roosevelt HS	22:20.8	72	3:51.6	8:25.2	13:06.0
75	2838	Andrea Dooley	11	Webb School of Knoxville	22:22.4	73	3:58.8	8:46.8	13:25.2
76	2868	Emily McClellan	11	Western Branch HS	22:24.3	74	3:55.2	8:43.8	13:24.0
77	1944	Abbie Taylor	14	Manchester HS	22:30.9	75	4:00.0	8:42.0	13:27.6
78	1935	Courtney Diamond	12	Manchester HS	22:37.2	76	4:00.0	8:42.0	13:27.0
79	2878	Katie Burlas	11	Wheeler HS	22:42.2	77	3:58.2	8:43.8	13:28.2
80	2796	Darryl Begg	12	Wake Forest-Rolesville HS	22:47.1		3:50.4	8:35.4	13:23.4
81	2226	Megan Huffman	12	North Cobb HS	22:55.4	78	4:03.0	8:54.0	13:45.6
82	2091	Elizabeth Sabatino	13	Morgantown HS	22:56.2	79	3:51.6	8:33.0	13:24.6
83	1800	Megan Lin	14	James W. Robinson HS	22:58.0	80	3:48.0	8:34.8	13:22.2
84	2215	Leanne Barrett	11	North Cobb HS	23:03.0	81	4:04.8	8:53.4	13:45.6
85	1404	Sara Price	12	Colonial HS	23:10.5	82	3:59.4	9:02.4	13:56.4

Girls 5000 Meter Run Invitational, Red

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
86	2884	Emily Quiza	11 Wheeler HS	23:12.2	83	4:04.8	9:03.6	13:59.4
87	2842	Laura Ivy	12 Webb School of Knoxville	23:20.9	84	4:14.4	9:13.8	14:01.8
88	1938	Katelynn Happney	13 Manchester HS	23:29.1	85	4:05.4	8:51.6	13:40.8
89	2888	Alla Yoonis	11 Wheeler HS	23:33.9	86	4:04.8	9:03.6	13:59.4
90	1531	Nicole Scott	11 Eleanor Roosevelt HS	23:40.1	87	3:44.4	8:24.0	13:25.8
91	1941	Sydney Paey	12 Manchester HS	23:47.1	88	4:05.4	9:06.0	14:06.0
92	1532	Shulamit Shroder	11 Eleanor Roosevelt HS	23:47.2	89	4:13.8	9:19.2	14:11.4
93	1940	Erica Medina	13 Manchester HS	23:52.8	90	4:01.2	9:07.2	14:06.0
94	1396	Shaylin Castro	12 Colonial HS	24:06.0	91	4:14.4	9:23.4	14:26.4
95	1395	Madeline Barolet	12 Colonial HS	25:00.1	92	4:12.6	9:30.6	14:47.4
96	2836	Claire Bonnyman	13 Webb School of Knoxville	26:35.7	93	4:31.8	10:18.0	15:51.6

Girls 5000 Meter Run Invitational, Red Team Scores

1	Shaker HS	60	19:56.4
2	Brentsville District HS	80	20:04.8
3	Morgantown HS	115	20:28.8
4	Bethlehem HS	128	20:41.4
5	Western Branch HS	135	20:29.4
6	Sherwood HS	149	20:51.0
7	North Cobb HS	173	20:56.4
8	Wheeler HS	197	21:12.0
9	Webb School of Knoxville	212	21:13.2
10	Winston Churchill HS	250	21:31.2
11	James W. Robinson HS	261	21:38.4
12	Colonial HS	296	21:58.2
13	Manchester HS	317	22:12.0
14	Eleanor Roosevelt HS	351	22:27.6



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Girls 5000 Meter Run Invitational, White

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
1	2436	Julie Swaim	11 Ronald Reagan HS	18:45.5	1	3:33.0	7:28.8	11:18.6
2	2430	Kristen Henson	12 Ronald Reagan HS	19:01.7	2	3:33.0	7:28.8	11:18.6
3	2309	Margaret Grogan	12 Oldham County HS	19:23.2	3	3:39.0	7:53.4	11:54.0
4	1701	Maya Walton	12 Hermitage HS	19:55.4	4	3:35.4	7:48.0	11:55.2
5	2039	Morgan Rea	14 Midlothian HS	20:01.9	5	3:46.8	8:03.0	12:11.4
6	2042	Taylor Saeygh	14 Midlothian HS	20:04.6	6	3:38.4	7:54.0	12:08.4
7	1779	Taylor Hacker	11 Ironton HS	20:12.9	7	3:34.2	7:50.4	12:06.0
8	1197	Madi Horner	12 Briar Woods HS	20:20.1	8	3:36.6	7:49.8	12:03.0
9	1201	Giana Leone	11 Briar Woods HS	20:30.9	9	3:36.6	7:52.8	12:06.6
10	2333	Emily Robison	11 Oldham County HS	20:31.3	10	3:42.0	8:01.2	12:18.0
11	1964	Courtney Marburger	14 Marist School	20:36.2	11	3:46.8	8:13.2	12:27.6
12	2428	Alex Green	11 Ronald Reagan HS	20:36.4	12	3:48.0	8:07.2	12:23.4
13	2434	Emily Grimes	12 Ronald Reagan HS	20:39.2	13	3:50.4	8:15.0	12:28.8
14	2025	Katie Brendli	12 Midlothian HS	20:40.9	14	3:46.8	8:04.8	12:25.8
15	1208	Amanda Presler	11 Briar Woods HS	20:43.5	15	3:37.8	7:53.4	12:06.0
16	2324	Haley Mullins	13 Oldham County HS	20:51.1	16	3:41.4	8:00.6	12:19.2
17	1174	Annelyse Apodaca	11 Briar Woods HS	20:53.5	17	3:43.2	8:06.0	12:28.2
18	1961	Maddie Kitchin	13 Marist School	20:53.6	18	3:45.6	8:14.4	12:27.6
19	1183	Jackie Deffer	13 Briar Woods HS	20:55.4	19	3:36.6	7:50.4	12:03.0
20	1669	Tatum Berry	12 Hermitage HS	20:57.8	20	3:44.4	8:08.4	12:31.2
21	1053	Jessica Greathouse	13 Berkeley Preparatory Scho	21:00.5	21	3:45.6	8:12.6	12:34.2
22	1019	Madeline Aune	14 Beaufort HS	21:02.8	22	3:42.6	8:13.2	12:35.4
23	1786	Ariel Schweickart	13 Ironton HS	21:03.1	23	3:36.0	7:54.6	12:27.6
24	1210	Melissa Rizor	12 Briar Woods HS	21:03.3	24	3:38.4	7:53.4	12:13.2
25	2325	Hannah Mullins	13 Oldham County HS	21:08.5	25	3:45.0	8:10.8	12:34.2
26	1683	Alease Kinney	12 Hermitage HS	21:20.2	26	3:36.0	7:56.4	12:27.0
27	1205	Liz Mittan	13 Briar Woods HS	21:24.8	27	3:37.2	8:06.6	12:27.6
28	1955	Nicole Fredette	11 Marist School	21:28.8	28	3:46.8	8:16.2	12:40.8
29	1959	Ann Marie Ilse	14 Marist School	21:30.2	29	3:49.2	8:25.8	12:55.8
30	1616	Hannah Zachman	13 Forest Park HS	21:31.7		3:48.6	8:22.2	12:50.4
31	1981	Courtney McKelvey	14 Maryville HS	21:32.9	30	3:54.0	8:33.0	13:00.0
32	2426	Jenny Drabble	11 Ronald Reagan HS	21:36.5	31	4:02.4	8:42.6	13:07.8
33	2627	Gabrielle Sawyer	12 South-Doyle HS	21:45.1		4:03.0	8:42.6	13:07.8
34	1679	Courtney Fano	12 Hermitage HS	21:55.4	32	3:52.8	8:36.0	13:10.8
35	1596	Marisa Hess	11 Forest Park HS	22:03.7		3:51.0	8:28.2	13:06.6
36	1580	Julie Brassel	12 Forest Park HS	22:04.4		3:47.4	8:19.8	12:55.8
37	1057	Katie Massengill	11 Berkeley Preparatory Scho	22:05.0	33	3:51.0	8:28.2	13:04.8
38	1678	courtney egan	11 Hermitage HS	22:09.7	34	3:42.6	8:19.2	12:59.4
39	1949	Robin Brown	14 Marist School	22:10.7	35	3:49.2	8:30.0	13:07.8
40	1027	Taylor Phetkhamyath	15 Beaufort HS	22:12.7	36	3:57.6	8:42.6	13:21.0
41	1975	Anna Katherine Biggs	13 Maryville HS	22:17.2	37	3:58.8	8:46.2	13:17.4

Girls 5000 Meter Run Invitational, White

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
42	2432	Kelly Madigan	14	Ronald Reagan HS	22:18.2	38	4:08.4	8:52.8	13:32.4
43	2424	Brittney Brinson	14	Ronald Reagan HS	22:23.0	39	4:08.4	8:52.8	13:32.4
44	2629	Madison Wyckoff	14	South-Doyle HS	22:37.9		4:02.4	8:43.2	13:18.0
45	1957	Megan Guenther	11	Marist School	22:38.1	40	3:50.4	8:37.2	13:22.8
46	2403	Nina Foster	11	Raleigh Charter HS	22:38.6	41	4:12.6	8:58.2	13:42.6
47	1789	Maggie Thomas	14	Ironton HS	22:48.8	42	4:13.8	9:06.6	13:49.8
48	1976	Meredith Burress	14	Maryville HS	22:49.2	43	4:07.8	8:57.0	13:46.2
49	2347	Danielle Willingham	11	Oldham County HS	22:51.5	44	4:03.6	8:50.4	13:37.2
50	2387	Sarah Beach	14	Raleigh Charter HS	22:55.7	45	4:13.2	9:05.4	13:48.0
51	2026	Kristin Brendli	11	Midlothian HS	22:56.4	46	4:03.0	8:53.4	13:40.8
52	1032	Alexandra Zapp	15	Beaufort HS	22:57.1	47	4:01.8	8:55.2	13:48.0
53	1605	Gabby Owerhole	11	Forest Park HS	22:58.8		3:56.4	8:46.2	13:31.2
54	1047	Caroline Brown	15	Berkeley Preparatory Scho	23:02.5	48	4:13.2	9:07.2	13:56.4
55	1030	Elizabeth Rhodes	13	Beaufort HS	23:03.2	49	4:03.0	8:58.8	13:51.6
56	2043	Madison Sanders	14	Midlothian HS	23:06.1	50	4:11.4	9:06.0	13:54.6
57	1686	Angela Lin	12	Hermitage HS	23:10.1	51	4:07.2	9:00.0	13:49.2
58	2299	Calyn Crawford	11	Oldham County HS	23:11.2	52	4:08.4	9:02.4	13:48.6
59	1670	Mindy Bertram	11	Hermitage HS	23:30.0	53	4:05.4	8:58.8	13:51.0
60	1985	Claire Prisock	11	Maryville HS	23:41.9	54	4:07.8	8:57.0	13:54.6
61	1050	Taylor Douthit	11	Berkeley Preparatory Scho	23:42.7	55	4:13.8	9:14.4	14:11.4
62	1026	Savannah Lehnert	12	Beaufort HS	23:51.1	56	4:05.4	9:04.2	14:05.4
63	1987	Elizabeth Stewart	14	Maryville HS	24:07.9	57	4:07.8	8:58.2	14:06.0
64	2417	Ella Perrin	14	Raleigh Charter HS	24:11.1	58	4:21.6	9:29.4	14:30.6
65	1788	Kaylie Sturgill	12	Ironton HS	24:27.4	59	3:59.4	9:03.6	14:14.4
66	1052	Aiden Fisher	14	Berkeley Preparatory Scho	24:29.0	60	4:13.8	9:18.0	14:15.0
67	1984	Julia Petree	11	Maryville HS	24:40.3	61	4:07.2	9:07.8	14:36.6
68	2420	Danielle Siegert	13	Raleigh Charter HS	24:44.6	62	4:22.2	9:36.0	14:54.6
69	2390	Mallory Bulkley	11	Raleigh Charter HS	24:56.7	63	4:22.8	9:36.0	14:54.6
70	1023	Rebecca Fisher	13	Beaufort HS	24:57.0	64	4:15.0	9:36.6	14:54.6
71	1982	Megan McNeil	13	Maryville HS	25:01.0	65	4:08.4	9:27.0	14:45.0
72	1780	Cronacher Hannah	13	Ironton HS	25:05.4	66	4:15.6	9:33.6	14:48.6
73	1049	Kelly Cucchi	11	Berkeley Preparatory Scho	25:11.0	67	4:21.6	9:33.0	14:51.0
74	1028	Carolyn Rennix	13	Beaufort HS	25:35.3	68	4:15.0	9:43.8	15:06.6
75	2608	Ashlyn Woodward	13	Socastee HS	25:56.9		4:30.6	10:00.0	15:41.4
76	1778	Katie Barron	14	Ironton HS	26:05.0	69	4:14.4	9:36.0	15:25.2
77	1790	Shannon Walker	12	Ironton HS	26:11.0	70	4:03.6	9:30.6	15:00.6
78	2587	Kayla Calderon	12	Socastee HS	28:57.9		4:39.6	10:36.6	17:14.4
79	2585	Jennifer Burch	12	Socastee HS	34:31.2		5:15.6	12:14.4	19:21.0

Girls 5000 Meter Run Invitational, White

Girls 5000 Meter Run Invitational, White Team Scores

1	Ronald Reagan HS	59	20:07.8
2	Briar Woods HS	68	20:40.8
3	Oldham County HS	98	20:57.0
4	Hermitage HS	116	21:15.6
5	Marist School	121	21:19.8
6	Midlothian HS	121	21:22.2
7	Ironton HS	197	22:43.2
8	Beaufort HS	210	22:37.2
9	Berkeley Preparatory Scho	217	22:51.6
10	Maryville HS	221	22:54.0
11	Raleigh Charter HS	269	23:53.4



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Boys 5000 Meter Run Invitational, White

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	2346	Luke Weishaar	12	Oldham County HS	16:08.8	1	2:57.0	6:22.8	9:46.2
2	1782	Gary Monroe	11	Ironton HS	16:11.3	2	2:54.0	6:15.6	9:38.4
3	1571	Gray Lindley	12	First Presbyterian Day Sc	16:31.6	3	2:57.0	6:22.8	9:51.6
4	1270	Austin Veith	12	Brookwood HS	16:52.7	4	3:09.0	6:41.4	10:09.0
5	1268	Trevor Turner	12	Brookwood HS	17:00.3	5	3:09.0	6:45.6	10:16.2
6	2622	Johnson Giles	12	South-Doyle HS	17:04.8	6	3:01.8	6:39.0	10:07.8
7	1020	Timothy Aune	11	Beaufort HS	17:07.1	7	3:00.0	6:39.0	10:10.8
8	1801	Nick Marshall	13	James W. Robinson HS	17:08.2	8	3:01.8	6:37.2	10:07.2
9	2650	Michael Blum	11	St. Xavier HS	17:08.9	9	3:07.2	6:42.6	10:16.2
10	2304	Matt Fairfield	11	Oldham County HS	17:11.2	10	3:06.0	6:42.0	10:13.8
11	2663	Colin Richardson	12	St. Xavier HS	17:14.9	11	3:06.6	6:40.8	10:13.8
12	1346	Daniel Paillant	12	Chapel Hill HS-GA	17:15.8		3:01.2	6:44.4	10:18.0
13	1216	Axel Tarnvik	11	Briar Woods HS	17:16.1	12	2:57.0	6:38.4	10:16.8
14	1029	Mark Rennix	11	Beaufort HS	17:21.0	13	3:02.4	6:41.4	10:16.8
15	1252	Matthew McClintock	13	Brookwood HS	17:25.6	14	3:12.6	6:55.8	10:34.8
16	2649	Eric Beyerle	11	St. Xavier HS	17:27.4	15	3:10.2	6:47.4	10:19.2
17	1794	Jordan Buzzell	13	James W. Robinson HS	17:29.4	16	3:03.0	6:42.6	10:18.6
18	1783	Dustin Moritz	11	Ironton HS	17:32.8	17	3:03.0	6:42.0	10:18.6
19	2621	Isaac Cummins	11	South-Doyle HS	17:36.7	18	3:18.0	7:03.6	10:43.2
20	2666	Vincent Stephen	12	St. Xavier HS	17:38.7	19	3:07.8	6:46.8	10:28.2
21	1569	Patrick Hague	13	First Presbyterian Day Sc	17:38.7	20	3:04.8	6:45.6	10:27.0
22	2667	Chris Striegel	14	St. Xavier HS	17:39.3	21	3:12.0	6:52.2	10:31.8
23	2323	Kevin Montgomery	12	Oldham County HS	17:39.6	22	3:10.8	6:52.2	10:32.4
24	1350	Ayin Ward	13	Chapel Hill HS-GA	17:40.0		3:04.8	6:49.2	10:34.8
25	1787	Adam Stumbo	11	Ironton HS	17:40.1	23	3:04.8	6:47.4	10:30.6
26	2664	Chris Saldana	12	St. Xavier HS	17:42.2	24	3:06.6	6:41.4	10:19.8
27	1248	Eliseo Magallon	12	Brookwood HS	17:43.7	25	3:15.0	7:00.6	10:41.4
28	1262	Kisean Smith	12	Brookwood HS	17:44.0	26	3:15.0	7:04.2	10:49.8
29	1031	Darrin Sawn	11	Beaufort HS	17:44.3	27	3:06.6	6:54.6	10:37.2
30	1256	Austin Murdaugh	12	Brookwood HS	17:45.6	28	3:15.0	7:03.0	10:43.8
31	2412	Evan Kardon	13	Raleigh Charter HS	17:52.3	29	3:09.6	6:54.0	10:39.0
32	1607	Thomas Rabago	14	Forest Park HS	17:53.9	30	3:02.4	6:42.0	10:23.4
33	2310	Braxton Hall	12	Oldham County HS	17:54.7	31	3:10.8	6:52.2	10:34.2
34	1572	Christopher Phillips	12	First Presbyterian Day Sc	17:55.4	32	3:07.2	6:48.6	10:31.8
35	1209	Brian Presler	13	Briar Woods HS	17:56.3	33	3:06.0	6:51.0	10:37.2
36	2416	Chris O'Brien	14	Raleigh Charter HS	17:57.1	34	3:10.2	6:55.2	10:39.0
37	2661	Jimmy Paul	12	St. Xavier HS-B	17:58.6		3:13.8	7:01.8	10:48.0
38	2317	Matt Kabbes	12	Oldham County HS	18:01.4	35	3:14.4	7:01.2	10:47.4
39	1799	Ben Johnson	11	James W. Robinson HS	18:03.5	36	3:05.4	6:46.2	10:36.0
40	2319	Matt Lawson	11	Oldham County HS	18:06.6	37	3:15.0	6:58.8	10:42.6
41	1806	Nick Scyoc	12	James W. Robinson HS	18:09.1	38	3:03.6	6:48.6	10:36.0

Boys 5000 Meter Run Invitational, White

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
42	1792	Nate Banks	12 James W. Robinson HS	18:15.3	39	3:05.4	6:54.6	10:44.4
43	2626	Ben Romanowski	12 South-Doyle HS	18:20.2	40	3:18.6	7:03.6	10:44.4
44	1198	Ryan Hughes	14 Briar Woods HS	18:20.8	41	3:08.4	6:55.2	10:46.2
45	1785	Levi Runyon	12 Ironton HS	18:22.1	42	3:09.6	7:00.6	10:57.0
46	2332	Ryan Riopell	11 Oldham County HS-B	18:22.2		3:17.4	7:08.4	10:52.8
47	1188	Brian Flowers	11 Briar Woods HS	18:24.3	43	3:08.4	6:58.8	10:53.4
48	1574	Kenneth Reeder	12 First Presbyterian Day Sc	18:26.6	44	3:07.2	6:55.8	10:51.6
49	1199	Dylan Hyatt	11 Briar Woods HS	18:29.5	45	3:08.4	7:00.6	10:54.0
50	1595	Josh Hawkins	12 Forest Park HS	18:34.0	46	3:09.0	6:57.6	10:53.4
51	1212	Chris Schopper	13 Briar Woods HS	18:35.3	47	3:15.6	7:07.2	11:02.4
52	1602	Andrew McGuffey	14 Forest Park HS	18:36.3	48	3:14.4	7:09.6	11:03.0
53	2625	Matt Mason	12 South-Doyle HS	18:37.7	49	3:16.8	7:03.6	10:51.6
54	2660	Andrew Parola	13 St. Xavier HS	18:39.5	50	3:08.4	6:49.8	10:48.6
55	1570	Tanner Johnston	13 First Presbyterian Day Sc	18:44.8	51	3:20.4	7:16.8	11:08.4
56	1022	Terae Davis	13 Beaufort HS	18:57.0	52	3:22.2	7:22.8	11:28.2
57	2628	Jackson Strang	11 South-Doyle HS	18:57.6	53	3:19.8	7:10.2	11:08.4
58	1021	David Butt	11 Beaufort HS	18:58.6	54	3:08.4	7:06.0	11:05.4
59	2596	TJ Lazaroff	12 Socastee HS	18:59.4	55	3:25.2	7:33.0	11:30.0
60	1207	Dylan Newell	13 Briar Woods HS	19:06.8	56	3:15.6	7:19.2	11:21.0
61	2592	Patrick Gardiner	12 Socastee HS	19:09.9	57	3:25.2	7:33.0	11:29.4
62	2623	Diego Gorayeb	12 South-Doyle HS	19:11.7	58	3:32.4	7:37.2	11:34.8
63	1579	Drew Brandt	13 Forest Park HS	19:16.2	59	3:24.0	7:31.8	11:31.8
64	1568	Conner Gettman	13 First Presbyterian Day Sc	19:16.4	60	3:21.0	7:16.8	11:17.4
65	2213	Nick Arehart	14 North Cobb HS	19:18.1	61	3:23.4	7:27.6	11:31.2
66	1024	Arlen Ho	13 Beaufort HS	19:21.1	62	3:27.0	7:30.0	11:26.4
67	2227	Grant Hulsey	11 North Cobb HS	19:29.0	63	3:18.0	7:23.4	11:30.6
68	2599	Andrew Mai	12 Socastee HS	19:33.7	64	3:25.2	7:33.6	11:33.6
69	1581	Chris Brymer	12 Forest Park HS	19:37.1	65	3:20.4	7:30.6	11:36.0
70	2600	Daniel Medeiros	11 Socastee HS	19:43.4	66	3:25.8	7:33.6	11:36.0
71	1603	Ryan Moore	13 Forest Park HS	19:44.2	67	3:15.6	7:21.6	11:33.0
72	2236	Carlos Ponce	12 North Cobb HS	19:47.5	68	3:26.4	7:35.4	11:49.2
73	2624	Hasan Husain	12 South-Doyle HS	20:02.7	69	3:33.6	7:43.8	11:54.6
74	2976	Paul Young	13 First Presbyterian Day Sc	20:04.7	70	3:24.6	7:39.6	11:57.6
75	1606	Stephen Putiyon	12 Forest Park HS	20:05.3	71	3:22.8	7:32.4	11:41.4
76	2220	Corey Dutra	13 North Cobb HS	20:07.4	72	3:32.4	7:48.0	11:56.4
77	2399	Alex Dunham	11 Raleigh Charter HS	20:23.1	73	3:22.8	7:31.2	11:51.0
78	1025	Andrew Kennedy	13 Beaufort HS	20:35.9	74	3:34.2	7:55.2	12:03.6
79	2239	David Reagan	13 North Cobb HS	20:53.8	75	3:32.4	7:53.4	12:09.6
80	1791	Cody Wise	13 Ironton HS	21:10.3	76	3:27.6	7:44.4	12:12.0
81	1784	Tyler Lawless	Ironton HS	21:11.5	77	3:27.6	7:45.0	12:16.2
82	2401	Adam Fairbanks	13 Raleigh Charter HS	21:21.2	78	3:32.4	7:55.2	12:27.0
83	2410	Ben Jones	13 Raleigh Charter HS	21:51.6	79	3:34.2	8:00.6	12:40.8
84	2423	Daniel Whitt	11 Raleigh Charter HS	21:57.6	80	3:35.4	8:08.4	12:55.2
85	2588	Austin Charles	11 Socastee HS	21:58.6	81	3:37.2	8:07.8	12:45.6

Boys 5000 Meter Run Invitational, White

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
86	1781	Sean Lawless	13 Ironton HS	22:14.6	82	3:37.2	8:08.4	12:55.2
DQ	2345	Kyle Waugh	11 Oldham County HS	0.0		3:18.0	7:09.6	11:03.0

Boys 5000 Meter Run Invitational, White Team Scores

1	Brookwood HS	74	17:21.0
2	St. Xavier HS	75	17:25.8
3	Oldham County HS	99	17:22.8
4	James W. Robinson HS	137	17:49.2
5	First Presbyterian Day Sc	150	17:51.6
6	Beaufort HS	153	18:01.8
7	Ironton HS	160	18:11.4
8	South-Doyle HS	166	18:07.2
9	Briar Woods HS	174	18:05.4
10	Forest Park HS	248	18:47.4
11	Raleigh Charter HS	293	19:52.8
12	Socastee HS	323	19:52.8
13	North Cobb HS	339	19:55.2



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Boys 5000 Meter Run High School ROC

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	1424	Armando Del Valle	11	Columbus HS	15:00.2	1	2:48.6	6:04.2	9:09.6
2	2431	Forrest Lyerly	11	Ronald Reagan HS	15:11.9	2	2:49.2	6:04.8	9:13.2
3	2090	Cody Pelliccioni	11	Morgantown HS	15:14.4		2:50.4	6:06.0	9:13.2
4	2951	Nick Posada	11	Winter Park HS	15:18.6	3	2:51.6	6:05.4	9:12.6
5	1115	Ryan Meehan	11	Bishop Hendricken HS	15:19.1	4	2:49.8	6:04.2	9:12.6
6	1349	Wade Voyles	11	Chapel Hill HS-GA	15:19.3	5	2:47.4	6:03.6	9:10.2
7	2027	Brayden Burleigh	11	Midlothian HS	15:20.0	6	2:48.0	6:03.6	9:15.0
8	1758	David Kilgore	11	Holy Trinity Academy	15:20.5	7	2:52.8	6:07.8	9:13.8
9	2811	Graham Crawford	11	Walter Williams HS	15:21.2		2:46.8	6:04.2	9:13.2
10	1735	Jacob Thomson	13	Holy Cross HS	15:23.6		2:47.4	6:04.8	9:21.0
11	2489	Sam Place	11	Saratoga Springs HS	15:25.4	8	2:46.8	6:03.6	9:10.8
12	1428	Mark Gulesian	11	Columbus HS	15:27.0	9	2:48.6	6:05.4	9:12.0
13	2689	Griffin Jaworski	11	Trinity Prep School	15:35.9	10	2:49.2	6:04.8	9:12.6
14	1455	Evan Niciphor	11	Cosby HS	15:36.3		2:46.8	6:03.6	9:13.2
15	1470	Alex Levine	11	Danbury HS	15:37.1	11	2:57.6	6:19.2	9:30.6
16	2061	Michael Peters	11	Montgomery Bell Academy	15:37.8	12	2:47.4	6:04.8	9:13.8
17	1394	Andres Arroyo	13	Colonial HS	15:38.6	13	2:50.4	6:05.4	9:16.2
18	2687	Ryan Gousse	12	Trinity Prep School	15:39.1	14	2:54.6	6:18.0	9:22.8
19	2060	Daniel Peters	12	Montgomery Bell Academy	15:39.9	15	2:54.6	6:14.4	9:25.8
20	2023	Darren Barlow	11	Midlothian HS	15:40.2	16	2:52.8	6:10.8	9:25.2
21	2912	Zach Weinstein	12	Winston Churchill HS	15:41.0	17	2:54.0	6:15.6	9:27.6
22	1652	Thomas Delaney	11	Handley HS	15:41.6		2:51.6	6:09.0	9:21.0
23	2685	Whitner Chase	11	Trinity Prep School	15:44.5	18	2:49.8	6:04.8	9:14.4
24	2691	Daniel Salas	13	Trinity Prep School	15:45.1	19	2:51.0	6:08.4	9:24.0
25	2506	Kyle Wegner	11	Saratoga Springs HS	15:49.3	20	2:48.0	6:05.4	9:18.6
26	1733	Dominic Perronie	11	Holy Cross HS	15:51.2		2:52.2	6:12.0	9:27.0
27	2810	Mitch Mallory	11	Wakefield HS	15:52.3		2:47.4	6:03.6	9:15.0
28	1763	Daniel Moore	13	Holy Trinity Academy	15:53.1	21	2:58.2	6:16.8	9:31.2
29	1425	Jose Estevez	11	Columbus HS	15:53.5	22	2:49.8	6:07.2	9:23.4
30	2253	James Naglieri	11	North Rockland HS	15:53.8	23	2:45.6	6:04.2	9:19.2
31	1472	Thomas Moore	12	Danbury HS	15:54.3	24	2:58.2	6:21.6	9:37.8
32	1463	Nicholas Carlsen	13	Danbury HS	15:55.5	25	2:57.6	6:21.6	9:38.4
33	1236	Michael Giuliano	11	Brookwood HS	15:56.9	26	2:58.2	6:22.2	9:35.4
34	2648	Zach Beavin	12	St. Xavier HS	15:57.3	27	2:53.4	6:16.2	9:30.6
35	1102	Andrew Andraka	11	Bishop Hendricken HS	15:57.4	28	2:54.0	6:18.0	9:36.6
36	1382	Brian O'Loughlin	12	Colonial Forge HS	15:59.8	29	2:53.4	6:14.4	9:25.8
37	2427	Craig Engels	12	Ronald Reagan HS	16:01.5	30	2:51.0	6:16.2	9:31.8
38	1298	Alvin Martin	11	Broughton HS	16:02.0	31	2:54.6	6:18.0	9:39.0
39	2378	Andrew Ogle	12	Powell HS	16:02.0		2:51.0	6:15.0	9:29.4
40	1335	Chance Eldredge	12	Chapel Hill HS-GA	16:02.4	32	2:55.2	6:18.6	9:36.0
41	2032	Sam Hush	11	Midlothian HS	16:04.1	33	2:56.4	6:19.2	9:33.6

Boys 5000 Meter Run High School ROC

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
42	1329	Josh Steible	13	Centerville HS	16:05.2	34	2:56.4	6:15.6	9:30.0
43	2690	Evan Rosenberg	11	Trinity Prep School	16:05.7	35	3:00.6	6:24.6	9:45.6
44	1337	Adonis Gaines	11	Chapel Hill HS-GA	16:06.2	36	2:51.6	6:12.6	9:34.8
45	2031	Andrew Gorsuch	13	Midlothian HS	16:06.7	37	2:58.8	6:19.8	9:33.0
46	2056	Ryan Hill	11	Montgomery Bell Academy	16:07.0	38	2:52.2	6:09.6	9:24.0
47	2049	Sean Willard	13	Midlothian HS	16:08.4	39	2:52.2	6:11.4	9:31.2
48	1111	Drew Manning	11	Bishop Hendricken HS	16:08.7	40	2:58.2	6:17.4	9:34.2
49	2893	Will Conway	12	Winston Churchill HS	16:08.9	41	2:58.8	6:24.0	9:44.4
50	1272	Jackson Wearn	11	Brookwood HS	16:09.1	42	2:58.2	6:22.2	9:35.4
51	2038	Ryan Peterson	12	Midlothian HS	16:09.7	43	2:58.8	6:21.0	9:37.2
52	1383	David Pennesi	12	Colonial Forge HS	16:09.9	44	2:54.0	6:17.4	9:32.4
53	2651	Austin Carter	11	St. Xavier HS	16:10.3	45	2:53.4	6:15.6	9:36.0
54	2433	Jordan Marsh	12	Ronald Reagan HS	16:11.4	46	2:52.2	6:15.6	9:34.2
55	2931	Bill Anguish	12	Winter Park HS	16:11.7	47	2:55.8	6:24.6	9:43.2
56	1249	Morgan Malanoski	12	Brookwood HS	16:12.2	48	3:04.2	6:35.4	9:54.0
57	2665	Conner Sheryak	13	St. Xavier HS	16:12.4	49	2:49.2	6:09.0	9:28.8
58	2249	Nick Bien-Aime	11	North Rockland HS	16:12.6	50	2:51.0	6:14.4	9:34.2
59	1327	Henry Murakami	12	Centerville HS	16:12.7	51	2:53.4	6:15.0	9:35.4
60	2251	Dylan Landry	11	North Rockland HS	16:12.8	52	2:51.6	6:14.4	9:33.0
61	1427	Manny Garcia	12	Columbus HS	16:13.7	53	2:51.0	6:11.4	9:30.6
62	1306	Sam Roberson	12	Broughton HS	16:15.9	54	2:58.2	6:22.2	9:39.0
63	1228	Zac Brooks	11	Brookwood HS	16:16.0	55	3:03.0	6:33.6	9:55.2
64	1358	Neil Clark	11	Colonial Forge HS	16:17.8	56	2:54.0	6:17.4	9:35.4
65	1226	Matt Barudin	12	Brookwood HS	16:18.3	57	3:04.8	6:34.8	9:54.0
66	1371	David Klimek	11	Colonial Forge HS	16:19.6	58	2:53.4	6:17.4	9:35.4
67	1237	Gabriel Gomez	12	Brookwood HS	16:23.2	59	3:03.6	6:36.0	9:54.6
68	2904	Justin Rheingold	11	Winston Churchill HS	16:23.7	60	2:55.2	6:23.4	9:49.2
69	1121	Mark Vuono	12	Bishop Hendricken HS	16:24.6	61	2:54.0	6:18.0	9:43.2
70	1882	Aaron Smith	11	Leesville Road HS	16:25.3	62	2:51.0	6:15.0	9:44.4
71	1372	Jordanis Lozier	11	Colonial Forge HS	16:26.4	63	2:52.8	6:16.8	9:35.4
72	2483	Jonathan Moore	12	Saratoga Springs HS	16:26.9	64	2:57.0	6:25.8	9:46.8
73	1292	Jacob Hyman	11	Broughton HS	16:26.9	65	2:54.0	6:19.2	9:42.6
74	1741	Joey Castagnaro	12	Holy Trinity Academy	16:27.1	66	3:03.0	6:31.2	9:53.4
75	1405	John Profitt	14	Colonial HS	16:29.4	67	2:57.0	6:24.0	9:50.4
76	2062	Andrew Powell	11	Montgomery Bell Academy	16:30.9	68	3:01.2	6:32.4	9:55.2
77	1331	Colin Wurster	11	Centerville HS	16:31.8	69	3:01.8	6:29.4	9:52.8
78	1870	Christian Klute	11	Leesville Road HS	16:32.1	70	3:05.4	6:33.6	9:56.4
79	1479	Dan Ronan	11	Danbury HS	16:32.2	71	3:00.0	6:30.0	9:54.0
80	1972	Matthew Weber	11	Marist School	16:32.7	72	3:09.0	6:42.0	10:04.8
81	2054	Stephen Bedard	11	Montgomery Bell Academy	16:33.4	73	3:01.2	6:34.2	9:58.8
82	2653	Will Ford	11	St. Xavier HS	16:34.0	74	2:55.8	6:22.8	9:52.2
83	2507	Jonah Williams	12	Saratoga Springs HS	16:34.4	75	2:48.6	6:16.2	9:46.2
84	2662	Nick Reader	13	St. Xavier HS	16:34.9	76	2:56.4	6:22.8	9:51.6
85	1971	Michael Thurston	14	Marist School	16:35.2	77	3:05.4	6:36.6	10:00.0

Boys 5000 Meter Run High School ROC

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
86	1738	Alex Brown	13	Holy Trinity Academy	16:36.0	78	3:07.2	6:39.6	10:00.0
87	2252	Timothy Mendez	11	North Rockland HS	16:36.4	79	2:51.0	6:18.0	9:43.8
88	2905	Luke Shannon	12	Winston Churchill HS	16:36.7	80	3:00.0	6:27.0	9:51.0
89	2686	Sam Goldberg	12	Trinity Prep School	16:37.4	81	3:04.2	6:34.2	10:00.6
90	2247	Alex Andre	11	North Rockland HS	16:38.1	82	2:49.2	6:11.4	9:31.8
91	1393	Christian Albelo	11	Colonial HS	16:38.4	83	2:52.2	6:19.2	9:46.2
92	1401	Caleb Licht	13	Colonial HS	16:38.6	84	2:59.4	6:27.0	9:51.0
93	2064	Alex Smith	13	Montgomery Bell Academy	16:38.7	85	3:06.0	6:37.8	10:04.2
94	1430	Pedro Ortega	13	Columbus HS	16:38.9	86	3:04.2	6:37.8	10:04.8
95	1103	Nicholas Chrones	11	Bishop Hendricken HS	16:39.7	87	2:57.6	6:24.6	9:52.8
96	1269	Drew Vander Wood	12	Brookwood HS	16:39.9	88	3:04.2	6:36.0	10:00.6
97	1432	Geoffrey Zelek	11	Columbus HS	16:40.5	89	3:03.6	6:35.4	10:00.0
98	1397	Cody Decker	12	Colonial HS	16:41.0	90	3:02.4	6:28.8	9:53.4
99	1330	Jake Wenstrup	11	Centerville HS	16:41.6	91	2:57.6	6:24.6	9:50.4
100	1108	Tyler Henseler	13	Bishop Hendricken HS	16:43.5	92	3:01.8	6:36.0	10:03.0
101	1322	Colin Franks	12	Centerville HS	16:44.1	93	3:01.2	6:31.2	9:57.0
102	1318	Payne Ball	12	Centerville HS	16:45.5	94	3:00.6	6:32.4	10:04.2
103	2250	Francis Kelly	13	North Rockland HS	16:46.4	95	2:54.0	6:24.6	9:52.2
104	2942	Kyle Hays	12	Winter Park HS	16:46.6	96	2:58.8	6:28.2	9:56.4
105	2469	Joe Fairley	11	Saratoga Springs HS	16:47.4	97	2:49.2	6:18.6	9:47.4
106	2654	Aaron Graves	11	St. Xavier HS	16:47.9	98	3:01.2	6:30.6	9:56.4
107	1340	David Lueck	12	Chapel Hill HS-GA	16:48.5	99	3:01.8	6:31.2	9:58.2
108	1880	Sam Sarakbi	12	Leesville Road HS	16:49.8	100	3:04.2	6:39.6	10:06.0
109	2899	Alex Kim	11	Winston Churchill HS	16:51.1	101	3:04.8	6:40.8	10:09.6
110	1970	Scott Selvey	11	Marist School	16:53.3	102	2:58.8	6:27.0	9:58.2
111	2425	Perry Cabean	12	Ronald Reagan HS	16:55.7	103	2:52.2	6:22.8	9:55.8
112	1756	Tristan Kattenberg	13	Holy Trinity Academy	16:56.6	104	3:07.8	6:42.0	10:08.4
113	2652	Thomas Cave	13	St. Xavier HS	16:57.9	105	2:59.4	6:29.4	9:56.4
114	1860	Cory Fetterolf	11	Leesville Road HS	16:59.6	106	3:05.4	6:35.4	10:01.2
115	1311	Nathan Staub	12	Broughton HS	16:59.7	108	2:58.8	6:31.8	10:01.8
115	2464	Tim Clements	11	Saratoga Springs HS	16:59.7	107	2:49.8	6:18.0	9:47.4
117	1765	Cole Oliver	13	Holy Trinity Academy	16:59.7	109	3:06.0	6:42.0	10:08.4
118	1858	Andrew Byrum	12	Leesville Road HS	17:00.6	110	2:49.8	6:15.6	9:45.0
119	2946	John Lindsey	13	Winter Park HS	17:01.4	111	2:58.8	6:30.6	10:06.0
120	1866	Bilo Hoesse	11	Leesville Road HS	17:02.3	112	3:08.4	6:38.4	10:07.2
121	1429	Daniel Linares	13	Columbus HS	17:02.9	113	3:05.4	6:40.2	10:09.0
122	1951	Ben Campbell	11	Marist School	17:03.8	114	3:00.0	6:33.6	10:01.2
123	2035	Avery Martin	12	Midlothian HS	17:04.8	115	3:05.4	6:36.6	10:03.6
124	1356	Ricky Cappetta	12	Colonial Forge HS	17:05.7	116	2:54.0	6:25.8	9:59.4
125	2901	Matt Kogan	12	Winston Churchill HS	17:07.5	117	3:03.0	6:38.4	10:10.2
126	1323	Ryan Frazier	11	Centerville HS	17:08.2	118	3:04.8	6:36.0	10:03.6
127	1734	Collin Ray	11	Holy Cross HS	17:08.2		3:02.4	6:40.2	10:14.4
128	1296	Allen Lawrence	13	Broughton HS	17:08.5	119	3:01.2	6:34.2	10:03.6
129	1965	Matt McMurray	12	Marist School	17:09.3	120	3:01.8	6:37.8	10:09.6

Boys 5000 Meter Run High School ROC

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
130	2435	David Smith	11	Ronald Reagan HS	17:10.2	121	2:57.0	6:33.6	10:06.6
131	1112	Benjamin Marino	11	Bishop Hendricken HS	17:12.5	122	3:01.8	6:38.4	10:06.6
132	2052	Myles Anderson	12	Montgomery Bell Academy	17:13.0	123	3:04.2	6:36.0	10:04.8
133	1967	Ty Nelson	12	Marist School	17:13.7	124	3:02.4	6:39.0	10:12.0
134	2481	Andrew Maguire	13	Saratoga Springs HS	17:16.5	125	2:57.6	6:34.2	10:06.0
135	1399	Eric Knott	12	Colonial HS	17:16.7	126	3:03.6	6:41.4	10:18.0
136	2910	Sushen Thiyagarajan	12	Winston Churchill HS	17:18.8	127	3:06.0	6:43.2	10:15.6
137	1755	Alex Hoffman	12	Holy Trinity Academy	17:19.8	128	3:06.6	6:42.0	10:08.4
138	2941	Matt Goodman	11	Winter Park HS	17:22.4	129	3:00.0	6:39.6	10:13.2
139	1402	Jared Lopez	12	Colonial HS	17:22.5	130	3:07.8	6:44.4	10:30.0
140	1354	Andrew Boykin	13	Colonial Forge HS	17:23.3	131	3:00.0	6:37.8	10:10.8
141	1966	Daniel Navarro	14	Marist School	17:25.8	132	3:03.6	6:38.4	10:16.8
142	1341	Paul Lueck	11	Chapel Hill HS-GA	17:27.1	133	3:05.4	6:43.2	10:25.8
143	1293	Parker Johnson	11	Broughton HS	17:31.6	134	3:01.2	6:35.4	10:12.0
144	2429	Joe Griffith	12	Ronald Reagan HS	17:36.0	135	3:13.2	6:59.4	10:33.6
145	1879	Stephen Ryan	11	Leesville Road HS	17:37.0	136	3:06.0	6:43.2	10:21.6
146	2688	Harrison Gordon	14	Trinity Prep School	17:37.3	137	3:06.6	6:45.6	10:25.8
147	1462	Gregory Azevedo	11	Danbury HS	17:37.9	138	3:07.8	6:45.6	10:28.2
148	1468	Patrick Healey	13	Danbury HS	17:39.3	139	3:13.2	7:00.0	10:43.8
149	2437	Brian Webster	12	Ronald Reagan HS	17:43.0	140	3:07.8	6:51.0	10:32.4
150	1336	Tyler Ellison	12	Chapel Hill HS-GA	17:52.4	141	3:02.4	6:37.8	10:13.8
151	1333	Tyler Camp	11	Chapel Hill HS-GA	17:53.9	142	3:06.0	6:45.0	10:29.4
152	1476	James Quintanille	13	Danbury HS	17:56.9	143	3:08.4	6:49.2	10:33.0
153	1304	Hayden Parker	11	Broughton HS	17:59.6	144	3:06.6	6:49.2	10:37.2
154	2937	Brandon Fatorie	13	Winter Park HS	18:24.1	145	3:04.2	6:46.2	10:36.0

Boys 5000 Meter Run High School ROC

Boys 5000 Meter Run High School ROC Team Scores

1	Trinity Prep School	96	15:46.2
2	Midlothian HS	131	15:51.6
3	Columbus HS	171	15:50.4
4	Montgomery Bell Academy	206	16:06.0
5	Bishop Hendricken HS	220	16:06.0
6	Brookwood HS	228	16:10.2
7	Colonial Forge HS	250	16:14.4
8	Saratoga Springs HS	264	16:12.6
9	Danbury HS	269	16:19.2
10	St. Xavier HS	271	16:18.0
11	Holy Trinity Academy	276	16:14.4
12	North Rockland HS	286	16:18.6
13	Winston Churchill HS	299	16:20.4
14	Ronald Reagan HS	302	16:18.0
15	Chapel Hill HS-GA	305	16:20.4
16	Colonial HS	337	16:25.2
17	Centerville HS	338	16:27.0
18	Broughton HS	377	16:34.8
19	Winter Park HS	386	16:32.4
20	Leesville Road HS	448	16:45.6
21	Marist School	485	16:51.0



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Girls 5000 Meter Run High School ROC

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
1	1434	Aisling Cuffe	11 Cornwall HS	16:40.9	1	3:03.6	6:37.8	10:03.6
2	2956	Kayla Beattie	11 Woodstock HS	17:33.9		3:14.4	6:57.0	10:30.6
3	2862	Mattie Webb	11 Western Albemarle HS	17:37.8	2	3:07.8	6:49.2	10:25.2
4	1454	Megan Moye	12 Cosby HS	17:44.7	3	3:12.6	6:58.8	10:37.2
5	1777	Julie Wollrath	14 Holy Trinity Academy	17:47.0	4	3:06.6	6:46.8	10:25.2
6	2480	Margaret MacDonald	12 Saratoga Springs HS	17:50.6	5	3:06.6	6:51.0	10:31.2
7	2476	Keelin Hollowood	12 Saratoga Springs HS	17:51.9	6	3:04.8	6:49.2	10:32.4
8	2050	Samantha George	12 Millbrook HS	17:53.0		3:12.6	7:00.6	10:42.0
9	1091	Viviana Hanley	11 Bishop Feehan HS	17:54.5	7	3:13.2	6:58.2	10:39.0
10	2479	Sydney King	11 Saratoga Springs HS	18:00.6	8	3:06.0	6:54.6	10:39.6
11	2459	Amanda Borrourghs	11 Saratoga Springs HS	18:04.8	9	3:03.6	6:54.6	10:37.2
12	1710	Haley Cutright	11 Hidden Valley HS	18:06.6	10	3:21.0	7:09.6	10:54.6
13	1843	Anna Bowles	11 Lakeside HS	18:11.3	11	3:17.4	7:07.2	10:51.0
14	1720	Annie LeHardy	11 Hidden Valley HS	18:15.8	12	3:21.0	7:10.2	10:55.2
15	2820	Jacqueline Kasal	11 Warwick Valley HS	18:16.6	13	3:13.2	7:09.6	10:54.0
16	1768	Teresa Ristow	11 Holy Trinity Academy	18:19.6	14	3:16.2	7:07.8	10:54.0
17	1503	Kristen Hale	13 duPont Manual HS	18:20.1	15	3:19.8	7:17.4	11:01.8
18	2266	Samantha Nadel	12 North Shore HS	18:22.6	16	3:12.0	6:57.0	10:43.2
19	2024	Claire Benjamin	11 Midlothian HS	18:24.1	17	3:23.4	7:16.2	11:07.2
20	2033	Kari Johnston	14 Midlothian HS	18:25.8	18	3:23.4	7:16.8	11:07.2
21	1844	Sarah Bowles	13 Lakeside HS	18:31.7	19	3:18.0	7:09.6	10:56.4
22	1854	Katie Townsend	11 Lakeside HS	18:34.2	20	3:26.4	7:15.0	10:56.4
23	2048	Krista Willard	11 Midlothian HS	18:34.5	21	3:23.4	7:16.8	11:07.2
24	2028	Kara Dickerson	13 Midlothian HS	18:37.2	22	3:24.0	7:16.8	11:07.2
25	2819	Katie FitzGerald	13 Warwick Valley HS	18:38.0	23	3:18.6	7:17.4	11:06.6
26	2254	Elizabeth Caldwell	13 North Shore HS	18:41.3	24	3:18.0	7:11.4	11:01.8
27	2504	Katie Treichel	12 Saratoga Springs HS	18:42.2	25	3:12.6	7:10.8	11:04.2
28	1832	Molly Keating	12 La Salle Academy	18:42.7	26	3:07.8	7:03.0	11:00.0
29	2008	Vanessa Valentine	12 Melbourne HS	18:43.2		3:21.6	7:19.8	11:07.2
30	2005	Elle Baker	11 Melbourne HS	18:47.1		3:22.2	7:22.2	11:14.4
31	1968	Kate Northrop	13 Marist School	18:47.3	27	3:24.0	7:20.4	11:11.4
32	2467	Taylor Driscoll	13 Saratoga Springs HS	18:49.8	28	3:06.0	6:57.6	10:51.0
33	1527	Amirah Johnson	11 Eleanor Roosevelt HS	18:51.0		3:15.6	7:10.2	11:07.2
34	1502	Cassidy Hale	13 duPont Manual HS	18:52.2	29	3:22.8	7:25.2	11:22.2
35	1373	Shaina Manuel	12 Colonial Forge HS	18:54.5	30	3:18.0	7:18.6	11:14.4
36	2257	Jessica Donohue	13 North Shore HS	18:57.8	31	3:33.0	7:30.6	11:27.0
37	1018	Michelle Church	11 Bassett HS	18:58.4		3:24.6	7:24.0	11:18.6
38	2860	Killian O'Connell	11 Western Albemarle HS	19:00.0	32	3:18.6	7:15.0	11:14.4
39	2462	Madison Carr	13 Saratoga Springs HS	19:01.5	33	3:17.4	7:22.8	11:15.6
40	1830	Caroline Falvey	14 La Salle Academy	19:01.6	34	3:20.4	7:21.0	11:21.6
41	1366	Hannah Dickinson	11 Colonial Forge HS	19:05.3	35	3:34.8	7:39.0	11:27.0

Girls 5000 Meter Run High School ROC

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
42	2034	Marie Johnston	13	Midlothian HS	19:06.1	36	3:27.0	7:27.6	11:30.0
43	1440	Michelle Lujan	13	Cornwall HS	19:06.6	37	3:21.6	7:17.4	11:11.4
44	1749	Mackenzie Dummer	13	Holy Trinity Academy	19:08.0	38	3:20.4	7:23.4	11:16.8
45	1098	Erin Svensen	12	Bishop Feehan HS	19:08.8	39	3:24.0	7:24.0	11:18.6
46	1705	Carolyn Bethel	13	Hidden Valley HS	19:11.8	40	3:35.4	7:40.8	11:37.2
47	1448	Lindsey Blum	13	Cosby HS	19:16.8	41	3:24.6	7:30.6	11:28.8
48	1391	Jenna Walker	13	Colonial Forge HS	19:19.5	42	3:34.8	7:39.0	11:34.2
49	1247	Anakaren Lopez	11	Brookwood HS	19:20.7	43	3:29.4	7:35.4	11:33.6
50	1097	Katie Powell	12	Bishop Feehan HS	19:21.6	44	3:36.6	7:49.2	11:50.4
51	1246	Caroline Kissel	12	Brookwood HS	19:22.4	45	3:30.0	7:36.0	11:35.4
52	1837	Emily Papazian	12	La Salle Academy	19:25.8	46	3:20.4	7:23.4	11:24.6
53	1831	Evie Jansen	13	La Salle Academy	19:26.8	47	3:20.4	7:28.8	11:34.2
54	1835	Caitlin Marino	13	La Salle Academy	19:26.8	48	3:21.6	7:27.6	11:28.8
55	2857	Katie Farina	12	Western Albemarle HS	19:31.8	49	3:28.8	7:39.6	11:45.0
56	1494	Sarah Barker	12	duPont Manual HS	19:33.9	50	3:19.8	7:25.8	11:32.4
57	1956	Taylor Gould	13	Marist School	19:35.6	51	3:28.8	7:39.6	11:38.4
58	2036	Meghan Mulroy	12	Midlothian HS	19:37.6	52	3:24.0	7:22.8	11:29.4
59	2823	Taylor Pierce	11	Warwick Valley HS	19:38.3	53	3:27.0	7:37.8	11:43.8
60	2859	Claire Johnson	11	Western Albemarle HS	19:38.9	54	3:33.6	7:42.6	11:50.4
61	1492	Jasmine Athanasakes	12	duPont Manual HS	19:39.7	55	3:32.4	7:41.4	11:46.2
62	1447	Kate Birnbaum	14	Cosby HS	19:39.7	56	3:29.4	7:37.8	11:46.2
63	2041	Shannon Ropelewski	11	Midlothian HS	19:39.9	57	3:23.4	7:18.0	11:22.8
64	1275	Payton Wilson	13	Brookwood HS	19:40.8	58	3:36.0	7:45.0	11:49.8
65	1352	Lauren Benoit	11	Colonial Forge HS	19:42.4	59	3:34.8	7:42.0	11:38.4
66	1746	Kaili Corcoran	11	Holy Trinity Academy	19:45.3	60	3:33.0	7:44.4	11:46.8
67	1375	Makenzie McDonald	12	Colonial Forge HS	19:45.7	61	3:35.4	7:40.8	11:40.8
68	1390	Colleen Wade	11	Colonial Forge HS	19:47.8	62	3:34.8	7:41.4	11:41.4
69	1258	Sarah Perry	11	Brookwood HS	19:48.4	63	3:31.2	7:40.8	11:47.4
70	1838	Danielle Renzi	11	La Salle Academy	19:48.4	64	3:21.0	7:28.2	11:39.6
71	2955	Ciera Williams	11	Winter Park HS	19:52.3	65	3:27.6	7:40.8	11:58.2
72	1834	Tiana Kibbe	13	La Salle Academy	19:58.4	66	3:28.2	7:45.0	11:49.8
73	1512	Lilly Moore	11	duPont Manual HS	19:58.6	67	3:32.4	7:40.8	11:51.0
74	1263	Laurel Sumner	14	Brookwood HS	19:59.8	68	3:36.6	7:51.6	12:05.4
75	1751	Lori Frazier	11	Holy Trinity Academy	20:00.3	69	3:33.0	7:45.0	11:51.0
76	1386	Hannah Somers	11	Colonial Forge HS	20:01.0	70	3:34.8	7:41.4	11:43.2
77	1727	Ashleigh Torres	12	Hidden Valley HS	20:03.0	71	3:38.4	7:51.6	12:03.0
78	1259	Elyse Renshaw	13	Brookwood HS	20:04.9	72	3:37.2	7:51.6	12:06.0
79	2953	Kira Soderstrom	11	Winter Park HS	20:05.6	73	3:26.4	7:36.0	11:44.4
80	1516	Christina Rucinski	14	duPont Manual HS	20:07.1	74	3:31.2	7:40.2	11:51.0
81	2269	Emily Osman	11	North Shore HS	20:10.2	75	3:42.0	7:55.2	12:06.6
82	1947	Tori Andrews	11	Marist School	20:10.5	76	3:29.4	7:43.2	11:51.6
83	1774	Brianna Wahy	13	Holy Trinity Academy	20:12.1	77	3:32.4	7:43.8	11:45.6
84	1459	Amanda Steinman	13	Cosby HS	20:15.9	78	3:36.6	7:52.2	12:07.2
85	2267	Brianna Nerud	12	North Shore HS	20:17.1	79	3:33.0	7:41.4	12:03.6

Girls 5000 Meter Run High School ROC

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
86	1435	Dara Cuffe	15 Cornwall HS	20:19.7	80	3:43.8	7:58.2	12:09.0
87	1230	Ashley Buda	14 Brookwood HS	20:20.2	81	3:36.0	7:51.6	12:04.8
88	2270	Molly Reilly	14 North Shore HS	20:20.4	82	3:42.6	7:56.4	12:10.2
89	1445	Keila Sheetz	12 Cornwall HS	20:22.0	83	3:41.4	8:01.8	12:16.8
90	2948	Rachel Miller	11 Winter Park HS	20:22.1	84	3:40.2	7:57.6	12:11.4
91	1443	Megan O'Donnell	12 Cornwall HS	20:23.1	85	3:30.6	7:50.4	12:05.4
92	1952	Erin Connolly	14 Marist School	20:24.8	86	3:36.0	7:55.2	12:10.8
93	1849	Erin Payne	12 Lakeside HS	20:26.5	87	3:37.8	7:59.4	12:14.4
94	1504	Marissa Hale	11 duPont Manual HS	20:29.1	88	3:28.8	7:42.0	12:12.6
95	2821	Morgan Mendrzycki	14 Warwick Valley HS	20:29.3	89	3:27.6	7:42.6	12:00.0
96	1962	Kaitlin Krousos	13 Marist School	20:33.7	90	3:36.6	7:57.0	12:11.4
97	2817	Victoria Dearing	11 Warwick Valley HS	20:34.2	91	3:27.0	7:45.6	12:04.8
98	1954	Alison Fialkowski	13 Marist School	20:36.3	92	3:36.6	7:59.4	12:12.6
99	2822	Megan Mydosh	11 Warwick Valley HS	20:37.7	93	3:29.4	7:53.4	12:15.6
100	1850	Jasmine Payne	14 Lakeside HS	20:39.9	94	3:37.8	7:58.8	12:22.2
101	2265	Danielle Muoio	11 North Shore HS	20:40.2	95	3:41.4	7:53.4	12:09.6
102	1100	Caitlyn Vogt	13 Bishop Feehan HS	20:47.9	96	3:37.8	7:55.8	12:10.8
103	2824	Samantha Richards	11 Warwick Valley HS	20:51.2	97	3:28.8	8:01.2	12:28.8
104	1707	Elizabeth Camilletti	11 Hidden Valley HS	20:51.8	98	3:42.6	8:04.2	12:25.8
105	1743	Ali Cobb	11 Holy Trinity Academy	20:52.5	99	3:37.8	7:54.6	12:12.6
106	1724	Anna Shvygin	11 Hidden Valley HS	20:53.3	100	3:41.4	8:03.0	12:21.6
107	1730	Greta Weidner	12 Hidden Valley HS	20:56.8	101	3:43.2	8:13.8	12:34.2
108	1094	Shelly Magyar	11 Bishop Feehan HS	20:58.0	102	3:46.8	8:13.8	12:34.2
109	1953	Mary de Groot	11 Marist School	21:15.8	103	3:36.6	8:00.0	12:27.6
110	2861	Sachi Ragosta	13 Western Albemarle HS	21:19.7	104	3:50.4	8:22.2	12:51.6
111	2944	Desiree Kitsmiller	14 Winter Park HS	21:30.0	105	3:45.0	8:13.2	12:43.8
112	2858	Kelsey Grupp	11 Western Albemarle HS	21:40.4	106	3:48.6	8:22.2	12:51.6
113	1848	Rachel Martin	12 Lakeside HS	21:43.4	107	3:40.2	8:16.2	12:49.8
114	1461	Kelly Ward	14 Cosby HS	21:48.5	108	3:52.2	8:28.2	13:01.2
115	1441	Eva McGill	14 Cornwall HS	21:50.8	109	3:48.0	8:26.4	12:56.4
116	2949	Morgan Morris	14 Winter Park HS	22:04.8	110	3:41.4	8:09.0	12:48.6
117	1089	Colleen Fitzgerald	13 Bishop Feehan HS	22:05.8	111	3:52.2	8:29.4	13:03.0
118	1093	Abbey MacBeth	12 Bishop Feehan HS	22:12.2	112	3:51.6	8:33.6	13:18.0
119	2856	Alicia Cardwell	13 Western Albemarle HS	22:16.7	113	3:40.2	8:18.0	12:57.6
120	1453	Kelly Innis	13 Cosby HS	22:29.1	114	3:51.6	8:28.8	13:10.8
121	1437	Meghan Donovan	11 Cornwall HS	23:07.1	115	3:51.0	8:40.2	13:33.6
122	2940	Kelsey Gangle	13 Winter Park HS	23:39.2	116	3:55.8	8:52.2	13:58.8
123	2934	Breanna Cole	14 Winter Park HS	23:40.5	117	3:55.8	8:52.2	14:00.6

Girls 5000 Meter Run High School ROC

Girls 5000 Meter Run High School ROC Team Scores

1	Saratoga Springs HS	53	18:06.0
2	Midlothian HS	114	18:37.2
3	Holy Trinity Academy	185	19:00.0
4	La Salle Academy	201	19:12.6
5	duPont Manual HS	216	19:16.8
6	North Shore HS	225	19:18.0
7	Colonial Forge HS	227	19:21.6
8	Hidden Valley HS	231	19:18.0
9	Lakeside HS	231	19:16.8
10	Western Albemarle HS	241	19:25.8
11	Warwick Valley HS	269	19:31.2
12	Brookwood HS	277	19:38.4
13	Cornwall HS	286	19:22.2
14	Cosby HS	286	19:45.0
15	Bishop Feehan HS	288	19:38.4
16	Marist School	330	19:54.6
17	Winter Park HS	437	20:46.8



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Boys 5000 Meter Run Invitational, Seeded

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	1919	Tommy Curtin	11	Loudoun County HS	15:36.8	1	2:47.4	6:03.0	9:16.2
2	2573	Jackson Reams	11	Sherwood HS	15:41.4	2	2:54.6	6:08.4	9:21.0
3	2577	Kyle Tockman	11	Sherwood HS	15:56.5	3	2:55.2	6:10.8	9:29.4
4	1522	Justin Ahalt	12	Eleanor Roosevelt HS	15:58.4	4	2:54.6	6:14.4	9:33.6
5	1804	Nick Reed	11	James W. Robinson HS	16:03.0	5	2:48.0	6:11.4	9:29.4
6	2104	Robert Thomas	11	Mountain View HS	16:08.0	6	2:58.2	6:24.6	9:42.6
7	2099	Ronnie Elly	11	Mountain View HS	16:12.7	7	2:58.2	6:24.0	9:42.6
8	1855	Sid Vaughn	12	Lakeside HS	16:13.6	8	2:48.0	6:11.4	9:32.4
9	1545	Zack Royster	11	Farragut HS	16:15.3	9	2:48.0	6:04.8	9:30.6
10	2106	Nicholas Wolfe	12	Mountain View HS	16:18.4	10	2:58.2	6:24.0	9:42.6
11	1000	Ben Deal	12	Albemarle HS	16:19.7	11	3:05.4	6:33.0	9:54.0
12	1017	Adam Visokay	12	Albemarle HS	16:21.5	12	3:04.8	6:34.2	9:54.0
13	1063	Chris Collier	11	Bethlehem HS	16:23.1	13	2:55.2	6:21.0	9:44.4
14	1654	Austin Coneys	12	Harborfields HS	16:26.3	14	2:53.4	6:15.0	9:38.4
15	1154	Andrew Hull	11	Brentsville District HS	16:28.4	15	2:52.2	6:21.0	9:46.8
16	1059	Michael Rosenbach	11	Berkeley Preparatory Scho	16:32.0	16	2:58.8	6:25.2	9:46.8
17	1931	Austin Talbot	11	Loudoun County HS	16:33.3	17	3:00.0	6:29.4	9:52.2
18	1656	Colin Davis	11	Harborfields HS	16:34.1	18	3:01.2	6:32.4	9:57.6
19	1163	Zach Morrow	11	Brentsville District HS	16:34.7	19	2:52.2	6:21.0	9:46.8
20	1524	Charles Bollinger	11	Eleanor Roosevelt HS	16:35.0	20	3:01.8	6:27.0	9:52.8
21	1547	Conner Schwartz	11	Farragut HS	16:35.7	21	2:57.0	6:25.2	9:52.2
22	1518	Will Short	12	duPont Manual HS	16:37.9	22	2:59.4	6:24.0	9:49.8
23	1590	Andrew Gaiser	13	Forest Park HS	16:37.9	23	2:57.6	6:27.0	9:51.6
24	1846	Chase Fowers	13	Lakeside HS	16:38.4	24	3:00.0	6:24.6	9:46.8
25	1659	Ty Gamble	12	Harborfields HS	16:38.7	25	2:59.4	6:25.8	9:50.4
26	2214	Aaron Balkum	11	North Cobb HS	16:40.1	26	3:03.0	6:31.8	9:55.8
27	1805	Nathan Schulte	14	James W. Robinson HS	16:41.4	27	2:58.8	6:30.0	9:55.8
28	1005	Austin McPhillips	11	Albemarle HS	16:41.5	28	3:05.4	6:34.2	10:01.8
29	2874	Colin Winchester	11	Western Branch HS	16:42.3	29	3:04.2	6:34.8	9:58.2
30	1055	Alex Main	12	Berkeley Preparatory Scho	16:45.2	30	3:04.8	6:36.0	10:04.8
31	1148	Matthew Earman	11	Brentsville District HS	16:45.9	31	2:52.2	6:25.2	9:55.2
32	1095	Thomas Marcotte	11	Bishop Feehan HS	16:47.4	32	2:59.4	6:35.4	10:06.0
33	1546	Will Sallade	12	Farragut HS	16:47.7	33	2:57.0	6:25.8	9:57.6
34	1592	Jordan Green	13	Forest Park HS	16:47.8	34	2:58.8	6:25.8	9:51.6
35	1149	Tyler Eliason	11	Brentsville District HS	16:47.9	35	2:55.8	6:28.8	9:57.6
36	2871	Nick Richardson	13	Western Branch HS	16:48.6	36	3:06.6	6:37.8	10:00.6
37	1012	Chris Springer	12	Albemarle HS	16:48.8	37	3:05.4	6:34.2	9:59.4
38	2046	Tyler Timblin	12	Midlothian HS	16:48.8	38	2:59.4	6:32.4	10:01.2
39	2037	Tommy Mulroy	14	Midlothian HS	16:48.8	39	2:59.4	6:31.8	10:01.2
40	1058	Jake Reichert	11	Berkeley Preparatory Scho	16:50.2	40	3:04.2	6:36.0	10:04.8
41	1065	Matt Crawford	11	Bethlehem HS	16:50.3	41	2:55.2	6:28.8	10:04.2

Boys 5000 Meter Run Invitational, Seeded

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
42	1923	Patrick Joseph	13	Loudoun County HS	16:50.6	42	3:01.2	6:34.2	10:05.4
43	1807	Luke Sharkey	14	James W. Robinson HS	16:51.0	43	2:58.2	6:30.0	9:58.2
44	3343	Jason MacNair	13	Maryville HS	16:51.7	44	3:10.8	6:44.4	10:09.0
45	1101	Michael Wood	12	Bishop Feehan HS	16:52.7	45	3:06.6	6:37.2	10:02.4
46	1798	David Janas	12	James W. Robinson HS	16:54.6	46	3:00.0	6:35.4	10:04.2
47	2572	Alex Popeck	12	Sherwood HS	16:55.6	47	3:00.6	6:34.8	10:05.4
48	1808	Patrick Spahn	12	James W. Robinson HS	16:55.8	48	2:57.6	6:27.0	9:55.8
49	1537	Paul Yuan	11	Eleanor Roosevelt HS	16:56.5	49	3:01.8	6:29.4	10:00.0
50	1540	Zack Darby	12	Farragut HS	16:57.0	50	2:57.0	6:27.6	9:58.2
51	2030	Noah Fatsi	12	Midlothian HS	16:57.3	51	3:03.0	6:36.6	10:07.8
52	1921	Matt Gambogi	12	Loudoun County HS	16:57.7	52	3:07.2	6:38.4	10:04.8
53	2231	Barry Manley	11	North Cobb HS	16:58.3	53	3:07.2	6:46.2	10:15.6
54	1929	Josh Showalter	12	Loudoun County HS	16:58.4	54	3:02.4	6:36.0	10:06.6
55	2103	Ben Sorensen	13	Mountain View HS	16:59.4	55	2:59.4	6:35.4	10:02.4
56	2096	William Cross	12	Mountain View HS	16:59.4	56	2:59.4	6:34.8	10:02.4
57	1609	Kyle Swanson	11	Forest Park HS	17:00.2	57	2:57.6	6:25.8	9:55.2
58	2576	Matt Stitzlein	12	Sherwood HS	17:00.3	58	3:05.4	6:42.0	10:11.4
59	1664	Connor Murphy	12	Harborfields HS	17:00.5	59	3:02.4	6:34.8	10:03.6
60	1006	Tyler McPhillips	11	Albemarle HS	17:01.5	60	3:06.0	6:37.2	10:06.0
61	2575	Vikram Siberry	13	Sherwood HS	17:01.7	61	3:03.6	6:35.4	10:06.0
62	1983	Ian Murphy	12	Maryville HS	17:02.2	62	2:57.0	6:27.0	9:58.2
63	1986	David Proffitt	11	Maryville HS	17:06.1	63	3:10.8	6:45.0	10:13.8
64	2093	Jesus Ametzquita	12	Mountain View HS	17:10.3	64	2:59.4	6:35.4	10:03.0
65	1145	Nick Bussian	14	Brentsville District HS	17:10.5	65	3:01.2	6:40.8	10:16.8
66	2809	Philip Hathaway	11	Wakefield HS	17:12.9		3:06.6	6:40.2	10:10.2
67	1658	Ricardo Gallegos	11	Harborfields HS	17:14.8	66	3:01.2	6:34.8	10:06.6
68	1655	Cameron Coneys	12	Harborfields HS	17:15.4	67	2:59.4	6:33.6	10:03.0
69	2102	Connor McLaurin	11	Mountain View HS	17:15.9	68	3:01.2	6:37.8	10:10.2
70	1586	Alex Cord	11	Forest Park HS	17:16.9	69	3:02.4	6:36.6	10:10.8
71	1001	Aaron Elder	13	Albemarle HS	17:18.0	70	3:06.6	6:42.6	10:13.2
72	1536	Carl White	11	Eleanor Roosevelt HS	17:18.6	71	3:06.0	6:42.0	10:13.8
73	1544	Taylor Prislosky	13	Farragut HS	17:18.9	72	3:00.0	6:34.8	10:13.2
74	1143	Taylor Belisch	12	Brentsville District HS	17:20.2	73	2:55.8	6:37.8	10:16.8
75	1922	Ben Heberling	13	Loudoun County HS	17:20.3	74	3:10.8	6:53.4	10:28.8
76	2044	Elijah Shaw	13	Midlothian HS	17:20.7	75	2:57.6	6:29.4	10:03.6
77	2873	Andrew Werner	12	Western Branch HS	17:20.9	76	3:09.6	6:53.4	10:24.0
78	1051	James Dowdle	12	Berkeley Preparatory Scho	17:21.6	77	3:05.4	6:42.0	10:18.0
79	1056	Shaun Majumdar	12	Berkeley Preparatory Scho	17:22.3	78	3:04.8	6:40.8	10:14.4
80	1069	Ben Fishbein	13	Bethlehem HS	17:24.1	79	2:56.4	6:32.4	10:14.4
81	1096	Kevin O'Brien	11	Bishop Feehan HS	17:24.6	80	2:58.8	6:35.4	10:08.4
82	1856	Shane Wilson	11	Lakeside HS	17:25.7	81	2:54.6	6:31.8	10:13.2
83	1088	Alex Conway	13	Bishop Feehan HS	17:25.9	82	3:01.2	6:40.8	10:12.6
84	1988	Matthew Warriner	13	Maryville HS	17:26.8	83	3:04.8	6:45.0	10:13.8
85	1610	Patrick Swanson	12	Forest Park HS	17:29.0	84	3:06.0	6:45.0	10:21.6

Boys 5000 Meter Run Invitational, Seeded

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
86	1729	Cameron Vaughn	13	Hidden Valley HS	17:29.2	85	3:07.8	6:48.6	10:28.2
87	1090	Evan Grandfield	13	Bishop Feehan HS	17:29.4	86	3:04.8	6:43.2	10:21.0
88	1809	James Tuner	11	James W. Robinson HS	17:30.5	87	2:58.2	6:35.4	10:17.4
89	1092	Billy Looney		Bishop Feehan HS	17:30.6	88			
90	1520	Austin Snyder	14	duPont Manual HS	17:32.1	89	3:03.0	6:42.0	10:22.8
91	1071	McKinley Gray	12	Bethlehem HS	17:32.4	90	3:06.0	6:42.0	10:21.0
92	1731	Baxter Wingfield	13	Hidden Valley HS	17:32.6	91	3:04.8	6:49.2	10:30.6
93	1543	Kyle Mann	11	Farragut HS	17:32.8	92	3:02.4	6:41.4	10:21.6
94	1048	Brett Campbell	11	Berkeley Preparatory Scho	17:33.0	93	3:04.2	6:36.6	10:08.4
95	2045	Ethan Smientia	12	Midlothian HS	17:33.4	94	3:03.6	6:46.2	10:27.0
96	1612	Philip Vivirito	11	Forest Park HS	17:34.2	95	3:06.0	6:45.6	10:24.6
97	1535	Thair Walker	11	Eleanor Roosevelt HS	17:35.7	96	3:03.6	6:42.0	10:13.8
98	1533	Adam Snyder	12	Eleanor Roosevelt HS	17:37.8	97	3:05.4	6:45.0	10:24.0
99	1847	Nicholas MacDonald	12	Lakeside HS	17:38.3	98	3:04.2	6:41.4	10:22.2
100	1008	Jake Sawyer	11	Albemarle HS	17:38.6	99			
101	1723	Noah Long	14	Hidden Valley HS	17:39.0	100	3:01.8	6:42.0	10:22.8
102	1061	Lucas Carpinello	12	Bethlehem HS	17:39.4	101	3:06.0	6:43.8	10:27.0
103	1845	Josh Cox	13	Lakeside HS	17:40.8	102	3:04.2	6:39.0	10:19.2
104	1716	Doug Hartley	13	Hidden Valley HS	17:41.3	103	3:07.2	6:48.6	10:31.8
105	2243	Thomas Webster	11	North Cobb HS	17:42.6	104	3:07.2	6:47.4	10:27.6
106	1099	Jeff Vogel	12	Bishop Feehan HS	17:43.0	105	3:04.8	6:43.2	10:22.2
107	1584	Daniel Camacho	12	Forest Park HS	17:48.4	106	3:03.6	6:40.8	10:19.2
108	1501	Jack Grundy	12	duPont Manual HS	17:48.7	107	3:36.6	7:13.2	10:42.0
109	1538	Bradley Carr	12	Farragut HS	17:50.3	108	3:10.8	6:53.4	10:35.4
110	1508	Conor King	12	duPont Manual HS	17:50.9	109	3:09.6	6:54.6	10:36.6
111	1711	Ian Forbes	11	Hidden Valley HS	17:53.3	110	3:02.4	6:45.6	10:30.6
112	2566	Nicholas Lutschaunig	13	Sherwood HS	17:55.6	111	3:10.2	6:54.0	10:35.4
113	3288	Kevin Feeney		Harborfields HS	17:56.5	112	3:08.4	6:52.8	10:35.4
114	1083	Dominic Simeone	11	Bethlehem HS	18:00.6	113	3:07.2	6:43.2	10:27.6
115	2870	Alex Reel	12	Western Branch HS	18:02.1	114	3:20.4	7:13.8	10:57.0
116	1510	Blake Kistner	14	duPont Manual HS	18:03.3	115	3:10.2	6:58.8	10:45.0
117	1930	James Spence	11	Loudoun County HS	18:04.0	116	3:00.6	6:54.6	10:43.8
118	2563	Nicholas Johnson	12	Sherwood HS	18:06.8	117	3:10.2	6:57.0	10:42.6
119	2029	Kyle Dow	12	Midlothian HS	18:07.1	118	3:05.4	6:52.8	10:34.2
120	1534	Xavier Thompson	11	Eleanor Roosevelt HS	18:07.4	119	3:06.6	6:42.6	10:26.4
121	1147	Trevor Deligne	12	Brentsville District HS	18:10.5	120	2:57.0	6:46.8	10:32.4
122	2869	Cody Morgan	11	Western Branch HS	18:11.8	121	3:20.4	7:13.2	10:58.2
123	1054	John Hill	13	Berkeley Preparatory Scho	18:12.7	122	3:09.6	6:55.8	10:42.0
124	2242	CJ Triplett	11	North Cobb HS	18:13.0	123	3:15.6	7:00.6	10:50.4
125	2244	Thad Wehner	12	North Cobb HS	18:13.1	124	3:15.6	7:00.0	10:50.4
126	2040	Ethan Reuse	12	Midlothian HS	18:14.8	125	3:07.2	6:53.4	10:42.6
127	1979	Derrick Garner	11	Maryville HS	18:17.9	126	3:10.8	6:45.0	10:28.8
128	2865	Matt Heimer	11	Western Branch HS	18:18.0	127	3:20.4	7:13.2	10:58.2
129	2216	DeJon Brooks	11	North Cobb HS	18:19.2	128	3:16.8	7:10.2	11:04.2

Boys 5000 Meter Run Invitational, Seeded

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
130	1525	Simon Doong	11 Eleanor Roosevelt HS	18:19.3		3:20.4	7:09.6	10:57.6
131	1084	Matt Simeone	11 Bethlehem HS	18:30.2	129	3:18.0	7:10.2	11:00.0
132	1810	Leif Van Acker	13 James W. Robinson HS	18:37.5	130	3:09.6	7:07.8	10:58.2
133	2872	Justin Sikes	13 Western Branch HS	18:56.6	131	3:21.0	7:15.6	11:10.2
134	2224	Eric Gjertson	12 North Cobb HS	19:00.6	132	3:16.8	7:14.4	11:13.8
135	1977	Corey Crumpton	11 Maryville HS	19:12.4	133	3:11.4	7:01.8	11:07.8
136	1853	Eric Stokes	13 Lakeside HS	19:23.6	134	3:19.8	7:22.8	11:32.4
137	1852	Rikin Shah	11 Lakeside HS	19:26.1	135	3:19.8	7:22.8	11:34.8
138	1507	Reece Johns	11 duPont Manual HS	19:32.3	136	2:52.8	6:21.6	9:44.4
139	1978	Troy Galyon	11 Maryville HS	19:37.8	137	3:20.4	7:24.6	11:33.0
140	1499	Harrison Fowler	12 duPont Manual HS	20:19.5	138	3:10.2	6:54.0	10:36.0

Boys 5000 Meter Run Invitational, Seeded Team Scores

1	Mountain View HS	134	16:31.8
2	Albemarle HS	148	16:38.4
3	Brentsville District HS	165	16:45.6
4	Loudoun County HS	166	16:35.4
5	James W. Robinson HS	169	16:41.4
6	Sherwood HS	171	16:31.2
7	Harborfields HS	182	16:46.8
8	Farragut HS	185	16:46.8
9	Eleanor Roosevelt HS	240	16:52.8
10	Berkeley Preparatory Scho	241	16:58.2
11	Forest Park HS	267	17:02.4
12	Midlothian HS	297	17:06.0
13	Lakeside HS	313	17:07.2
14	Bethlehem HS	324	17:09.6
15	Bishop Feehan HS	325	17:12.0
16	Western Branch HS	376	17:25.2
17	Maryville HS	378	17:21.0
18	North Cobb HS	430	17:33.6
19	duPont Manual HS	442	17:34.8
20	Hidden Valley HS	489	17:39.0



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Girls 5000 Meter Run Invitational, Seeded

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
1	1663	Kelsey Margey	12 Harborfields HS	17:25.4	1	3:17.4	6:57.0	10:29.4
2	1576	Grace Tinkey	13 First Presbyterian Day Sc	17:55.6	2	3:16.8	6:57.0	10:31.8
3	2499	Estela Smith	15 Saratoga Springs HS	18:31.2	3	3:14.4	7:09.6	10:58.8
4	1615	Natalie Young	12 Forest Park HS	18:31.5	4	3:19.8	7:12.6	11:00.6
5	1003	Alison Huschke	13 Albemarle HS	18:40.5	5	3:21.6	7:17.4	11:10.2
6	1660	Michelle Gaye	11 Harborfields HS	18:42.9	6	3:25.2	7:21.0	11:10.2
7	1566	Victoria Coppage	12 First Presbyterian Day Sc	18:59.9	7	3:22.2	7:14.4	11:06.0
8	2487	Tara Peck	12 Saratoga Springs HS	19:12.0	8	3:13.8	7:19.2	11:20.4
9	2097	Mackenzie Davis	12 Mountain View HS	19:17.0	9	3:28.8	7:34.2	11:30.0
10	1419	Kaylee Scott	15 Columbia HS	19:22.0	10	3:15.0	7:18.6	11:21.6
11	1578	Allyson Bodmer	13 Forest Park HS	19:30.2	11	3:26.4	7:27.6	11:31.8
12	2477	Grace Hungerford	13 Saratoga Springs HS	19:38.1	12	3:16.8	7:21.0	11:27.6
13	2100	Kimberley Ficenec	12 Mountain View HS	19:42.2	13	3:29.4	7:41.4	11:43.8
14	2482	Danielle Marino	11 Saratoga Springs HS	19:42.5	14	3:17.4	7:27.6	11:35.4
15	1016	Ciera Ulan	13 Albemarle HS	19:43.9	15	3:26.4	7:34.2	11:43.8
16	2630	Emily Peters	14 St Cecelia Academy	19:47.1		3:29.4	7:39.6	11:49.2
17	2484	Sarah Morin	14 Saratoga Springs HS	19:50.6	16	3:16.8	7:24.0	11:33.0
18	2478	Meredith Hungerford	13 Saratoga Springs HS	19:50.9	17	3:16.8	7:24.0	11:30.6
19	1004	Olivia Lewis	14 Albemarle HS	19:55.2	18	3:37.2	7:55.2	12:10.2
20	1599	Brianna Krumholz	12 Forest Park HS	19:56.7	19	3:37.2	7:51.0	12:03.0
21	1920	Kathryn Eder	12 Loudoun County HS	19:57.2	20	3:34.2	7:47.4	11:57.0
22	1281	Mattie Blue	13 Broughton HS	19:59.8	21	3:22.2	7:27.6	11:45.0
23	2006	Alexis Beaudoin	11 Melbourne HS	20:00.9		3:25.8	7:33.6	11:45.6
24	1009	Summer Shepherd	11 Albemarle HS	20:02.8	22	3:27.0	7:40.2	11:50.4
25	1408	Anna Boughtwood	11 Columbia HS	20:08.5	23	3:28.2	7:40.8	11:55.2
26	1010	Elizabeth Sinclair	11 Albemarle HS	20:08.7	24	3:40.8	7:51.6	12:01.2
27	2007	Rachel Greer	12 Melbourne HS	20:15.2		3:29.4	7:45.6	12:01.2
28	2105	Jenny Westerholm	12 Mountain View HS	20:17.4	25	3:31.8	7:49.8	12:06.0
29	1015	Maggie Tubridy	13 Albemarle HS	20:20.4	26	3:26.4	7:43.2	11:58.8
30	1339	Ashton Lord	13 Chapel Hill HS-GA	20:22.6	27	3:29.4	7:43.2	11:58.2
31	2101	Noel Lawn	11 Mountain View HS	20:23.9	28	3:32.4	7:52.2	12:04.8
32	1416	Cali Palumbo	14 Columbia HS	20:25.7	29	3:29.4	7:47.4	12:03.0
33	1583	Erin Bullard	12 Forest Park HS	20:27.1	30	3:36.6	7:51.6	12:03.6
34	1877	Emily Putnam	13 Leesville Road HS	20:30.0	31	3:30.0	7:49.8	12:03.6
35	1287	Logan Hand	11 Broughton HS	20:30.0	32	3:26.4	7:51.0	12:12.6
36	1588	Jane Ferrara	12 Forest Park HS	20:34.1	33	3:40.8	8:01.2	12:13.2
37	2095	Lauren Braney	11 Mountain View HS	20:36.5	34	3:30.0	7:45.0	12:01.8
38	1280	Alison Berger	14 Broughton HS	20:37.6	35	3:35.4	7:52.2	12:13.2
39	1924	Leslie Lyford	11 Loudoun County HS	20:39.0	36	3:40.2	7:55.2	12:09.6
40	1998	Caitlyn Krug	11 Massapequa HS	20:39.6	37	3:40.2	8:01.2	12:15.0
41	1925	Anna Nordseth	13 Loudoun County HS	20:45.5	38	3:42.0	8:03.0	12:22.2

Girls 5000 Meter Run Invitational, Seeded

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
42	1926	Shelby Rombach	12	Loudoun County HS	20:46.2	39	3:40.8	7:55.8	12:13.8
43	1657	Chelsea Farinacci	12	Harborfields HS	20:49.0	40	3:39.6	8:03.0	12:22.2
44	1575	Jessica Smith	14	First Presbyterian Day Sc	20:50.2	41	3:37.8	7:55.8	12:14.4
45	1548	Kathryn Skaggs	12	Farragut HS	20:54.8	42	3:36.0	8:01.8	12:27.6
46	2094	Megan Brady	13	Mountain View HS	20:57.5	43	3:33.6	7:58.2	12:23.4
47	1594	Heather Haight	13	Forest Park HS	20:57.5	44	3:36.6	7:52.8	12:19.2
48	1662	Kelly Mahoney	12	Harborfields HS	20:59.1	45	3:39.6	8:02.4	12:24.6
49	2098	Bria Elly	12	Mountain View HS	21:00.1	46	3:38.4	8:03.6	12:22.8
50	1927	Jackie Schneck	12	Loudoun County HS	21:00.5	47	3:43.8	8:03.6	12:23.4
51	1999	Shannon McBrien	12	Massapequa HS	21:02.4	48	3:40.2	8:02.4	12:25.2
52	1407	Kailyn Balzano	12	Columbia HS	21:02.5	49	3:37.2	7:59.4	12:22.8
53	1411	Amanda Jones	16	Columbia HS	21:04.2	50	3:39.6	8:02.4	12:25.2
54	2000	Courtney McMillan	11	Massapequa HS	21:04.5	51	3:42.6	8:01.2	12:25.2
55	1412	Eva Kiehl	13	Columbia HS	21:05.0	52	3:39.0	8:02.4	12:26.4
56	2488	Molly Pezzulo	11	Saratoga Springs HS	21:06.5	53	3:22.8	7:50.4	12:10.2
57	1276	Jackeitha Baker	14	Broughton HS	21:08.5	54	3:26.4	7:51.0	12:13.2
58	1417	Jessica Richburg	11	Columbia HS	21:12.6	55	3:36.6	7:58.8	12:22.8
59	1285	Kristen Gardner	13	Broughton HS	21:13.5	56	3:34.8	7:52.8	12:13.2
60	1863	Grace Harvey	11	Leesville Road HS	21:14.6	57	3:34.8	7:57.6	12:24.6
61	1541	Allison Jones	12	Farragut HS	21:16.4	58	3:37.8	8:10.2	12:39.0
62	2003	Amanda Schmidt	11	Massapequa HS	21:17.3	59	3:39.6	7:58.8	12:20.4
63	1661	Julia Mackey	13	Harborfields HS	21:19.2	60	3:43.8	8:12.0	12:35.4
64	1334	Hannah Drosky	13	Chapel Hill HS-GA	21:21.1	61	3:46.2	8:13.8	12:37.2
65	1869	Elisabeth Jones	11	Leesville Road HS	21:23.2	62	3:41.4	8:05.4	12:34.2
66	1861	Allie Gallagher	12	Leesville Road HS	21:24.4	63	3:41.4	8:06.0	12:34.2
67	1997	Erin Kohler	14	Massapequa HS	21:26.3	64	3:41.4	8:14.4	12:49.2
68	1932	Ana Valdez	13	Loudoun County HS	21:26.5	65	3:43.2	8:06.0	12:33.6
69	1865	Meredith Hicks	12	Leesville Road HS	21:28.6	66	3:46.8	8:12.6	12:44.4
70	1549	Courtney Vandermeersch	12	Farragut HS	21:29.5	67	3:33.6	7:55.2	12:27.0
71	1348	Jordan Raley	13	Chapel Hill HS-GA	21:32.5	68	3:47.4	8:16.2	12:40.8
72	1297	Kayla Manring	12	Broughton HS	21:32.9	69	3:41.4	8:10.8	12:42.0
73	1013	Alexandra Stokes	12	Albemarle HS	21:33.5	70	3:46.2	8:19.8	12:53.4
74	1990	Rebecca Baldinger	12	Massapequa HS	21:40.0	71	3:40.2	8:08.4	12:44.4
75	1666	Emily Shea	11	Harborfields HS	21:42.3	72	3:47.4	8:20.4	12:48.6
76	1289	Mary Margaret Hertz	12	Broughton HS	21:44.3	73	3:40.8	8:15.0	12:37.8
77	1343	Gina Melilli	12	Chapel Hill HS-GA	21:49.4	74	3:39.6	8:09.0	12:35.4
78	1567	Danielle Ferro	13	First Presbyterian Day Sc	21:53.0	75	3:42.0	8:12.0	12:48.0
79	1551	Alison Woodford	11	Farragut HS	21:58.4	76	3:43.2	8:12.6	12:48.0
80	1667	Aria Wiseblatt	13	Harborfields HS	22:01.4	77	3:47.4	8:20.4	12:52.2
81	1928	Emily Seifert	12	Loudoun County HS	22:03.4	78	3:43.8	8:12.6	12:54.6
82	1542	Ciera Karvelas	12	Farragut HS	22:06.9	79	3:43.2	8:18.0	13:00.6
83	1550	Paige Winter	12	Farragut HS	22:11.0	80	3:43.2	8:25.8	13:09.6
84	1883	Kaitlyn Stempien	13	Leesville Road HS	22:13.9	81	3:48.0	8:20.4	13:06.6
85	1598	Karley Kendrick	11	Forest Park HS	22:22.1	82	3:46.2	8:29.4	13:10.2

Girls 5000 Meter Run Invitational, Seeded

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
86	1539	Hannah Chapman	12	Farragut HS	22:26.3	83	3:45.0	8:25.8	13:09.6
87	1573	Savannah Phillips	14	First Presbyterian Day Sc	22:27.9	84	3:48.6	8:28.8	13:16.2
88	1332	Alexis Breed	13	Chapel Hill HS-GA	22:32.9	85	3:48.0	8:30.0	13:10.8
89	1347	Avery Rains	13	Chapel Hill HS-GA	22:38.7	86	3:49.8	8:30.6	13:13.8
90	2975	Melissa Hash	12	First Presbyterian Day Sc	22:39.9	87	3:51.0	8:36.0	13:22.2
91	2002	Melinda Reidy	11	Massapequa HS	23:34.2	88	3:51.0	8:48.0	13:42.0
92	2974	Maddie Anderskow	12	First Presbyterian Day Sc	23:41.2	89	3:51.0	8:48.6	13:49.2

Girls 5000 Meter Run Invitational, Seeded Team Scores

1	Saratoga Springs HS	53	19:22.8
2	Albemarle HS	84	19:42.0
3	Forest Park HS	97	19:48.0
4	Mountain View HS	109	20:03.6
5	Harborfields HS	152	19:51.0
6	Columbia HS	161	20:24.6
7	Loudoun County HS	180	20:37.8
8	Broughton HS	198	20:42.0
9	First Presbyterian Day Sc	209	20:25.2
10	Massapequa HS	259	21:06.0
11	Leesville Road HS	279	21:12.0
12	Chapel Hill HS-GA	315	21:31.8
13	Farragut HS	322	21:33.0



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Mens 8000 Meter Run HBCU Challenge

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	2170	Josef Tessema	08	Norfolk State U.-Men	24:47.8	1	2:58.8	6:19.2	9:29.4
2	2169	Vincent Rono	09	Norfolk State U.-Men	24:59.5	2	2:57.6	6:18.0	9:28.2
3	2168	Amos Kiposgei	08	Norfolk State U.-Men	25:06.1	3	2:58.2	6:19.2	9:29.4
4	2917	Andrew Chebii-Singh	09	Winston-Salem State U.	25:22.3	4	2:57.6	6:18.0	9:28.8
5	1640	David Kimani	07	Hampton U.-Men	25:26.3	5	2:58.2	6:18.6	9:30.0
6	2716	Hilary Mugun	09	U. of the District of Col	25:32.5	6	2:57.6	6:18.0	9:28.2
7	1046	Dickson Toroitich	08	Benedict College	25:47.6	7	2:58.2	6:18.0	9:28.2
8	2167	Philemon Kimutai	08	Norfolk State U.-Men	26:16.4	8	2:57.6	6:18.0	9:28.8
9	2915	Aaron Barnes	08	Winston-Salem State U.	26:28.3	9	2:59.4	6:25.8	9:51.0
10	2165	Kameron George	09	Norfolk State U.-Men	26:38.0	10	3:01.2	6:25.2	9:46.8
11	2928	Desmond Wiggan	08	Winston-Salem State U.	26:42.0	11	3:11.4	6:46.8	10:12.0
12	2540	Darius Berry	10	Shaw U.	27:01.5	12	3:00.6	6:26.4	9:49.8
13	1636	Michael Davenport	09	Hampton U.-Men	27:01.9	13	2:57.6	6:18.6	9:44.4
14	2613	Charles Kurgatt	08	South Carolina State U.	27:05.3	14	2:59.4	6:28.8	9:57.0
15	2619	Seymour Walter	10	South Carolina State U.	27:06.6	15	2:58.8	6:24.0	9:55.8
16	2714	Linus Kosgei	07	U. of the District of Col	27:07.6	16	3:00.0	6:33.0	10:05.4
17	1034	Charles Chirchir	07	Benedict College	27:07.8	17	2:59.4	6:28.2	9:57.0
18	1138	Daryl Sanders	07	Bowie State U.	27:34.6	18	3:01.8	6:25.8	9:58.2
19	2713	Zephaniah Koech	09	U. of the District of Col	27:39.4	19	3:04.8	6:42.6	10:15.0
20	2634	Aaron Dudley	09	St. Augustine's College	27:46.2	20	3:14.4	6:46.8	10:16.8
21	2620	Aaron Worthy	10	South Carolina State U.	27:46.6	21	3:07.8	6:40.2	10:15.6
22	1637	Xavier Fraction	09	Hampton U.-Men	27:53.9	22	2:59.4	6:25.2	9:58.8
23	2164	Vincent Brown	09	Norfolk State U.-Men	27:54.7	23	3:03.0	6:42.0	10:12.0
24	2717	Peter Rotich	07	U. of the District of Col	27:55.5	24	3:04.8	6:43.2	10:16.2
25	1131	Matthew Haile	10	Bowie State U.	28:04.0	25	3:06.0	6:42.0	10:19.2
26	1127	Ronald Exum	10	Bowie State U.	28:07.7	26	3:09.6	6:46.2	10:19.8
27	2772	Timothy Davidson	07	Virginia State U.	28:13.8	27	3:14.4	6:55.8	10:36.6
28	2927	Fabian White	08	Winston-Salem State U.	28:22.4	28	3:12.6	6:57.0	10:35.4
29	2923	Kevin Rice	10	Winston-Salem State U.	28:25.8	29	3:15.0	7:00.6	10:40.2
30	1642	Jaleel Rogers	09	Hampton U.-Men	28:30.9	30	2:58.8	6:25.8	10:07.2
31	2788	Emmanuel Nelfrard	10	Virginia Union U.	28:37.6	31	3:08.4	6:57.6	10:35.4
32	1133	Bryon Lewis	07	Bowie State U.	28:38.9	32	3:15.0	6:58.8	10:42.0
33	1639	Je'Von Hutchison	10	Hampton U.-Men	28:41.0	33	2:58.8	6:40.2	10:28.2
34	1886	Wilson Bailey	09	Lincoln U.-PA	28:43.9	34	2:58.2	6:33.0	10:16.8
35	2205	Jamar Jones	08	North Carolina Central U.	28:45.2	35	3:06.6	6:38.4	10:13.8
36	2922	Mathew Noble	08	Winston-Salem State U.	28:47.1	36	3:11.4	6:54.0	10:36.6
37	1894	Vincent Thomas	07	Lincoln U.-PA	29:04.1	37	2:58.2	6:31.2	10:21.0
38	2792	Jefferson Thondique	07	Virginia Union U.	29:16.5	38	3:12.6	6:58.8	10:41.4
39	2166	Jonathan Griffin	07	Norfolk State U.-Men	29:19.0	39	3:07.2	6:54.0	10:34.8
40	2184	Dazeto Cephas	08	North Carolina A&T State	29:22.9	40			
41	1045	Chavis Taylor	10	Benedict College	29:28.0	41	3:22.2	7:10.8	10:59.4

Mens 8000 Meter Run HBCU Challenge

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
42	2178	Vincent Alford	07 North Carolina A&T State	29:35.9	42	3:14.4	7:07.2	11:02.4
43	1559	Ernest Hawkins	10 Fayetteville State U.	29:38.4	43	3:13.8	7:04.2	10:57.0
44	1635	Brandon Burton	10 Hampton U.-Men	29:40.1	44	2:58.2	6:22.8	10:18.6
45	1641	Larry Ramirez	10 Hampton U.-Men	29:41.6	45	2:59.4	6:33.0	10:15.6
46	2926	Elijah Strickland	08 Winston-Salem State U.	29:43.4	46	3:15.0	7:01.2	10:57.0
47	2644	Jameel Walcott	10 St. Augustine's College	29:53.7	47	3:15.0	6:59.4	10:55.2
48	1035	Rashad Clarke	08 Benedict College	29:58.0	48	3:21.6	7:10.8	10:59.4
49	1139	Dana Smothers	09 Bowie State U.	29:58.9	49	3:31.8	7:39.6	11:30.6
50	2541	Michael Caldwell	10 Shaw U.	30:01.2	50	3:17.4	7:15.6	11:15.6
51	2190	Steve Liggins	08 North Carolina A&T State	30:09.2	51	3:25.8	7:19.8	11:15.6
52	1825	Akino Ming	10 Johnson C. Smith U.	30:24.2	52	3:20.4	7:21.6	11:24.0
53	2919	Cornell Jones	07 Winston-Salem State U.	30:26.7		3:15.0	7:00.6	10:57.0
54	1141	Michael Wallace	07 Bowie State U.	30:26.9	53	3:31.8	7:35.4	11:29.4
55	1136	Marcel McIntyre	Bowie State U.	30:34.3	54	3:32.4	7:39.6	11:31.2
56	1125	Calvin Crawley	10 Bowie State U.	30:34.4		3:24.6	7:27.6	11:30.0
57	2706	Justine Chemallan	08 U. of the District of Col	30:35.8	55	3:06.0	6:58.8	10:54.0
58	1903	Ezra Mutai	09 Livingstone College	30:37.7	56	3:28.2	7:22.2	11:16.8
59	1885	Henry Alston	10 Lincoln U.-PA	30:52.2	57	3:03.6	6:56.4	10:57.6
60	2777	Andres McIntyre	09 Virginia State U.	30:53.2	58	3:30.6	7:36.0	11:38.4
61	1043	Giovanny Molina	08 Benedict College	30:53.3	59	3:22.2	7:21.0	11:18.0
62	2547	Carrington Jones	09 Shaw U.	30:59.9	60	3:26.4	7:31.2	11:42.0
63	2639	Michael Tres Moore	10 St. Augustine's College	31:02.0	61	3:24.6	7:24.0	11:32.4
64	1822	Kent King	09 Johnson C. Smith U.	31:08.0	62	3:18.6	7:18.0	11:21.0
65	1555	Britton Crum	07 Fayetteville State U.	31:09.5	63	3:12.6	7:10.8	11:12.0
66	1900	Tim Handy	07 Livingstone College	31:15.2	64	3:33.6	7:47.4	11:57.6
67	2181	Darius Bogerty	07 North Carolina A&T State	31:32.1	65	3:16.8	7:10.8	11:10.8
68	1815	Jamille Callum	09 Johnson C. Smith U.	31:34.3	66	3:22.2	7:25.8	11:45.6
69	2610	Reginald Childs	09 South Carolina State U.	31:34.4	67	3:18.6	7:13.2	11:11.4
70	2711	Ricky Jacobs	07 U. of the District of Col	31:53.6	68	3:29.4	7:36.0	11:35.4
71	2781	Mark Simms	07 Virginia State U.	31:57.9	69	3:29.4	7:36.0	11:39.0
72	1820	Jonathan Jackson	07 Johnson C. Smith U.	31:58.4	70	3:18.6	7:10.8	11:16.2
73	2642	DeAngelo Scales	10 St. Augustine's College	32:06.1	71	3:21.0	7:18.6	11:24.0
74	1044	Kevin Precia	08 Benedict College	32:24.1	72	3:22.8	7:23.4	11:25.2
75	2542	Raymond Culver	10 Shaw U.	32:28.2	73	3:33.0	7:40.2	11:50.4
76	2553	Chavis Sibert	10 Shaw U.	32:43.8	74	3:30.0	7:40.2	11:46.8
77	2207	Charles Lindsay	07 North Carolina Central U.	32:47.8	75	3:09.0	7:18.6	11:41.4
78	1554	Ervin Brinkley	08 Fayetteville State U.	33:00.4	76	3:15.0	7:31.2	11:53.4
79	1819	Leford Green	07 Johnson C. Smith U.	33:03.9	77	3:18.6	7:19.2	11:52.2
80	2635	Joshua Edmonds	10 St. Augustine's College	33:17.7	78	3:46.2	8:19.2	12:54.6
81	2609	DeAngelo Bolden	10 South Carolina State U.	33:21.8	79	3:18.6	7:24.0	11:37.8
82	2446	Asteway Gass	06 Saint Paul's College	33:27.0		3:17.4	7:30.6	11:47.4
83	1889	Deidre Mcleod	07 Lincoln U.-PA	33:30.2	80	3:33.0	7:39.6	11:58.2
84	2646	Derrick Williams	10 St. Augustine's College	33:34.1	81	3:46.2	8:19.2	12:54.6
85	1128	Jeffrey Fulton	10 Bowie State U.	33:39.1		3:32.4	7:50.4	12:15.6

Mens 8000 Meter Run HBCU Challenge

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
86	2441	Peter Chouquette	10	Saint Paul's College	33:46.2		3:28.2		
87	1901	William Jordan	10	Livingstone College	33:54.3	82	3:40.2	8:10.2	12:25.2
88	1561	Joshua Morales	09	Fayetteville State U.	33:58.0	83	3:27.6	7:42.0	12:07.8
89	2445	Wendell Felder	09	Saint Paul's College	34:25.3		3:24.0	7:36.0	12:03.0
90	2349	Thomas Broughton	08	Paine College	34:28.0		3:41.4	8:12.0	12:43.2
91	1898	Dorian Clay	10	Livingstone College	34:30.0	84	3:39.6	8:10.2	12:25.8
92	2770	Aaron Chatmon	09	Virginia State U.	34:40.6	85	3:42.6	8:25.2	13:06.0
93	2199	Atakora Nana	10	North Carolina Central U.	34:43.6	86	3:35.4	8:02.4	12:33.0
94	1040	Rodriques Lomax	08	Benedict College	34:44.3	87	3:49.2	8:18.6	12:39.0
95	2780	Tarnell Sands	08	Virginia State U.	34:53.8	88	3:42.0	8:25.2	13:06.0
96	1887	Ronald Evans	09	Lincoln U.-PA	34:57.6	89	3:34.8	8:07.2	12:49.2
97	2438	Fred Boone	09	Saint Paul's College	35:07.2		3:29.4	7:52.8	12:33.6
98	2203	Daran Gill	08	North Carolina Central U.	35:21.2	90	3:25.2	8:00.6	12:36.0
99	1812	Everette Berry	08	Johnson C. Smith U.	35:22.6	91	3:29.4	7:59.4	12:40.8
100	2612	Quinton Green	08	South Carolina State U.	35:35.3	92	3:13.2	7:04.8	11:25.2
101	2367	Jared Moore	10	Paine College-B	36:05.1		3:46.8	8:19.2	12:56.4
102	2369	De'Andre Pettigrew	08	Paine College-B	36:17.5		4:12.0	8:37.8	13:03.6
103	2350	James Chambers	10	Paine College	36:22.4		3:37.2	8:18.6	13:01.2
104	2793	Mel Skipworth		Virginia Union U.	36:38.3	93	3:39.6	8:24.0	13:10.8
105	1558	James Glenn	09	Fayetteville State U.	36:58.6	94	3:49.2	8:41.4	13:27.0
106	1902	Octavius Matthews	09	Livingstone College	37:21.5	95	3:50.4	8:39.6	13:27.0
107	2546	Michael Hines	08	Shaw U.	38:15.1	96	3:40.2	8:11.4	13:04.8
108	2977	Rodney Hargrove		Virginia Union U.	38:41.1	97	3:39.6	8:24.0	13:13.8
109	2197	Dominique Smith	09	North Carolina A&T State	39:10.9	98	3:42.0	8:43.2	14:01.2
110	1814	Winston Brown	10	Johnson C. Smith U.	39:25.4	99	3:32.4	8:00.0	13:40.8
111	2457	Kevin Walker	10	Saint Paul's College-B	39:36.1		3:30.0	8:01.2	12:52.2
112	2202	Kendall Delapp	09	North Carolina Central U.	40:18.2	100	3:44.4	8:39.6	13:57.0
113	2206	Carlvin Leggett	09	North Carolina Central U.	41:17.3	101	3:34.2	8:47.4	14:34.2
114	2795	Quinton Wright-Mcduffie	07	Virginia Union U.	41:38.9	102	3:45.6	8:53.4	14:12.6
115	2790	Michael Sayles	08	Virginia Union U.	42:22.6	103	3:55.8	9:12.6	15:25.2
116	2371	David Waldburg	09	Paine College	42:25.3		4:05.4	9:13.2	15:25.2
117	2357	Geno Green	08	Paine College	42:28.9		4:05.4	9:12.6	15:25.2
118	1563	Delaurence Rudd	08	Fayetteville State U.	43:23.1	104	4:22.2	10:12.6	16:10.2
119	2359	Octavious Hardy	10	Paine College-B	48:14.6		4:08.4	9:16.8	16:11.4

Mens 8000 Meter Run HBCU Challenge

Mens 8000 Meter Run HBCU Challenge Team Scores

1	Norfolk State U.-Men	24	25:33.6
2	Winston-Salem State U.	81	27:04.2
3	Hampton U.-Men	103	27:30.6
4	U. of the District of Col	120	27:46.2
5	Bowie State U.	150	28:28.8
6	Benedict College	172	28:39.0
7	South Carolina State U.	196	29:22.8
8	Shaw U.	269	30:39.0
9	St. Augustine's College	277	30:49.2
10	North Carolina A&T State	296	31:58.2
11	Lincoln U.-PA	297	31:25.8
12	Johnson C. Smith U.	327	31:37.8
13	Virginia State U.	327	32:07.8
14	Fayetteville State U.	359	32:57.0
15	Virginia Union U.	361	34:58.2
16	Livingstone College	381	33:31.8
17	North Carolina Central U.	386	34:23.4



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Womens 5000 Meter Run HBCU Challenge

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	2618	Brittney Stewart	08	South Carolina State U.	18:46.7	1	3:31.2	7:30.0	11:22.8
2	2176	Kellen Rutto	09	Norfolk State U.-Women	19:05.8	2	3:21.0	7:17.4	11:14.4
3	1650	Devyn Thompson	10	Hampton U.-Women	19:16.3	3	3:19.2	7:17.4	11:18.6
4	1645	Nichelle Harris	10	Hampton U.-Women	19:27.3	4	3:21.0	7:22.2	11:25.8
5	2614	Patavia Lowery	10	South Carolina State U.	19:29.0	5	3:32.4	7:36.0	11:36.6
6	2171	Jennifer Chichester	07	Norfolk State U.-Women	19:40.8	6	3:20.4	7:17.4	11:25.2
7	2920	Brittney Killebrew	10	Winston-Salem State U.	19:43.8	7	3:30.0	7:37.2	11:49.8
8	2179	Janessa Benn	09	North Carolina A&T State	19:54.3	8	3:33.0	7:41.4	11:51.0
9	1643	Jasmine Branch	07	Hampton U.-Women	19:59.5	9	3:22.2	7:16.8	11:15.6
10	2611	Patrecia Daniley	07	South Carolina State U.	20:08.4	10	3:31.8	7:39.6	11:57.0
11	2924	Manuela Rigaud	09	Winston-Salem State U.	20:12.2	11	3:21.6	7:33.6	11:49.8
12	1646	Teshika Rivers	09	Hampton U.-Women	20:23.3	12	3:33.6	7:51.0	12:07.8
13	1647	Cydney Robinson	10	Hampton U.-Women	20:29.3	13	3:33.6	7:51.0	12:07.8
14	2212	Dreanna Wallace	08	North Carolina Central U.	20:31.5	14	3:42.0	8:06.0	12:22.8
15	2173	Jamia Hutto	08	Norfolk State U.-Women	20:38.9	15	3:22.2	7:36.0	11:52.2
16	2195	Kristin Rush	09	North Carolina A&T State	20:48.8	16	3:33.0	7:41.4	11:58.8
17	2180	Arianna Betts	09	North Carolina A&T State	20:53.4	17	3:47.4	8:06.0	12:26.4
18	2354	Casheba Ellis	08	Paine College	20:54.8	18	3:27.6	7:49.2	12:17.4
19	2771	Sierra Clayton	08	Virginia State U.	21:06.0	19	3:34.8	8:00.0	12:23.4
20	2210	Taisha Parkins	09	North Carolina Central U.	21:07.6	20	3:42.0	8:06.6	12:28.2
21	2769	Jenna Arnold	08	Virginia State U.	21:08.5	21	3:34.8	7:59.4	12:22.2
22	2617	Tamara Smith	10	South Carolina State U.	21:12.0	22	3:35.4	8:00.6	12:25.8
23	2774	Raphaela Garris	07	Virginia State U.	21:14.4	23	3:49.2	8:14.4	12:40.2
24	2782	Shayla Szabo	07	Virginia State U.	21:14.6	24	3:46.8	8:14.4	12:40.2
25	2382	Leticia Bustamante	09	Prairie View A&M Universi	21:15.9	25	3:44.4	8:06.0	12:31.8
26	2172	Syeeda Gee	08	Norfolk State U.-Women	21:20.0	26	3:27.6	7:53.4	12:19.8
27	2773	Samantha Edwards	08	Virginia State U.	21:21.7	27	3:48.0	8:14.4	12:40.8
28	2616	Oprah Odugbela	09	South Carolina State U.	21:28.8	28	3:40.2	8:18.0	12:52.8
29	2633	Jasmine Cobbs	09	St. Augustine's College	21:33.9	29	3:33.0	8:00.6	12:39.0
30	2929	Tyrah Winfrey	09	Winston-Salem State U.	21:39.9	30	3:31.8	7:56.4	12:28.2
31	2175	Lillian Morales-Gonzalez	10	Norfolk State U.-Women	21:41.5	31	3:34.2	8:05.4	12:43.8
32	1135	Shamika Patton	06	Bowie State U.	21:43.6	32	3:36.6	8:06.6	12:40.2
33	1897	Winnie Chepchumba	07	Livingstone College	21:48.8	33	3:48.6	8:24.6	12:52.8
34	1891	Kristina Rembert	07	Lincoln U.-PA	21:50.4	34	3:42.6	8:10.2	12:52.8
35	1562	Tamikka Portee	07	Fayetteville State U.	22:00.9	35	3:39.0	8:15.0	12:57.0
36	2381	Guadalupe Bustamante	09	Prairie View A&M Universi	22:04.7	36	3:41.4	8:15.0	12:56.4
37	2637	April London	09	St. Augustine's College	22:09.7	37	3:43.2	8:16.2	12:55.8
38	2201	Delesha Conquest	10	North Carolina Central U.	22:20.3	38	3:53.4	8:38.4	13:27.6
39	2918	Ashley Fraser	07	Winston-Salem State U.	22:21.1	39	3:43.2	8:26.4	13:09.0
40	2544	Tairra Gaines	08	Shaw U.	22:23.1	40	3:46.2	8:27.0	13:09.0
41	1899	Anna-Kay Edwards	10	Livingstone College	22:23.7	41	3:36.0	8:25.2	13:00.6

Womens 5000 Meter Run HBCU Challenge

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
42	2708	Demia Franklin	07	U. of the District of Col	22:27.3	42	3:48.6	8:33.0	13:14.4
43	2204	Sararesa Hudson	10	North Carolina Central U.	22:29.9	43	3:52.8	8:40.8	13:28.8
44	1126	Shayla Davis	08	Bowie State U.	22:31.8	44	3:42.6	8:27.6	13:23.4
45	2921	Ashley Lawson	08	Winston-Salem State U.	22:36.6	45	3:32.4	8:16.8	13:15.6
46	2631	Jaiviaria Bacote	10	St. Augustine's College	22:36.8	46	3:44.4	8:30.6	13:20.4
47	2914	Kristi Baptiste	10	Winston-Salem State U.	22:37.1	47	3:35.4	8:15.0	13:04.8
48	1039	Kaneesha Knowles	10	Benedict College	22:39.6	48	3:55.2	8:38.4	13:22.8
49	2712	Callister Jones	09	U. of the District of Col	22:41.6	49	3:48.6	8:33.0	13:14.4
50	2351	Corie Coleman	09	Paine College	22:44.2	50	3:53.4	8:43.2	13:28.2
51	2776	Jourdan Johnson	09	Virginia State U.	22:45.0	51	3:49.8	8:32.4	13:27.6
52	2208	Ikea Long	10	North Carolina Central U.	22:46.5	52	3:51.0	8:39.6	13:29.4
53	2356	Aletha Gibson	08	Paine College	22:52.9	53	3:32.4	8:24.0	13:13.8
54	2383	Whitley Dobbins	07	Prairie View A&M Universi	22:53.3	54	3:48.6	8:36.6	13:40.8
55	2615	Tamoya Morrison	09	South Carolina State U.	22:54.6	55	3:46.2	8:47.4	13:40.2
56	2188	Samira Johnson	09	North Carolina A&T State	22:59.9	56	3:51.6	8:45.6	13:50.4
57	2784	Alexandria Burns	07	Virginia Union U.	23:11.9		3:56.4	8:49.2	13:44.4
58	1564	Kenya Vice	07	Fayetteville State U.	23:14.4	57	4:09.0	8:55.8	13:41.4
59	2380	Corinna Brown	08	Prairie View A&M Universi	23:19.4	58	3:47.4	8:36.6	13:40.8
60	2384	Donna Gilbert	09	Prairie View A&M Universi	23:20.4	59	3:45.6	8:37.2	13:40.2
61	2174	Mercy Koech	09	Norfolk State U.-Women	23:24.6	60	3:36.0	8:12.0	13:18.0
62	2640	Jasmine Peterson-Hassan	09	St. Augustine's College	23:25.8	61	3:56.4	8:53.4	13:52.2
63	1896	Corre'n Brown	10	Livingstone College	23:26.4	62	3:57.6	8:45.1	13:58.2
64	2537	Kiara Arrington	10	Shaw U.	23:29.1	63	3:48.6	8:36.0	13:40.8
65	2211	Crystal Shepherd	08	North Carolina Central U.	23:39.5	64	3:54.6	8:52.2	13:51.0
66	2177	Tyler Savage	10	Norfolk State U.-Women	23:41.2	65	3:48.0	8:45.0	14:01.2
67	1124	Jasmine Butler	08	Bowie State U.	23:44.9	66	3:47.4	8:40.8	13:46.2
68	1557	Keisha Edwards	08	Fayetteville State U.	23:45.6	67	4:10.2	8:57.6	14:11.4
69	1893	Shannon Spaulding	10	Lincoln U.-PA	23:47.7	68	3:48.0	8:54.0	13:54.0
70	2355	Lasheba Ellis	08	Paine College	23:51.8	69	3:53.4	8:47.4	13:49.2
71	2550	Shareka Mitchell	07	Shaw U.	23:52.2	70	3:51.6	8:51.0	13:55.8
72	1137	Indyia Price	08	Bowie State U.	23:54.7	71	3:47.4	8:40.8	13:46.2
73	2636	Sheena Johns	10	St. Augustine's College	24:05.2	72	3:58.2	8:58.2	13:58.2
74	2187	Dotrine Jacobs	10	North Carolina A&T State	24:07.2	73	4:17.4	9:28.8	14:25.8
75	2916	Taylor Calamese	07	Winston-Salem State U.	24:11.1	74	3:43.2	8:45.6	14:09.0
76	1813	Naffene Briscoe	10	Johnson C. Smith U.	24:16.2	75	3:57.0	8:51.0	14:02.4
77	2363	Baieshia Johnson	10	Paine College	24:17.0	76	4:12.0	9:24.6	14:42.6
78	2549	Ashley Ligon	07	Shaw U.	24:17.9	77	3:51.0	8:51.6	14:04.8
79	2645	Tabitha Watson	10	St. Augustine's College	24:20.2	78	3:58.8	9:07.8	14:30.0
80	1132	Brieana Harrison	08	Bowie State U.	24:20.3	79	3:48.6	9:00.0	14:16.8
81	2352	Hint Denson	10	Paine College	24:20.6	80	4:11.4	9:22.2	14:34.8
82	2366	Antoinette Mcphail	10	Paine College	24:22.1	81	4:05.4	9:00.6	14:25.2
83	2539	Moneaque Baker	10	Shaw U.	24:28.3	82	3:54.6	8:58.2	14:10.2
84	1033	Priscilla Amara	08	Benedict College	24:33.8	83	4:03.0	9:10.8	14:27.0
85	1828	Shermaine Williams	07	Johnson C. Smith U.	24:43.1	84	4:07.2	9:19.8	14:30.6

Womens 5000 Meter Run HBCU Challenge

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
86	1892	Tynisha Sewell	07 Lincoln U.-PA	24:43.8	85	3:59.4	9:30.0	14:57.6
87	2705	Latoya Allen	08 U. of the District of Col	24:52.5	86	3:52.8	9:16.2	14:40.8
88	1123	Susanna Barton-Smith	10 Bowie State U.	24:53.4	87	3:52.2	9:22.8	14:48.0
89	2556	Andrea Taylor	10 Shaw U.	24:54.7	88	4:09.0	9:34.8	15:09.6
90	2194	Jenea Mc Cammon	09 North Carolina A&T State	24:56.6	89	4:17.4	9:29.4	15:00.6
91	1140	Vernese Thomas-Quickly	10 Bowie State U.	25:03.3	90	4:05.4	9:30.6	14:53.4
92	1042	Whitney Martin	10 Benedict College	25:03.5	91	4:07.2	9:24.6	14:42.0
93	1827	Lakaevia Tyler	07 Johnson C. Smith U.	25:28.7	92	3:58.8	9:35.4	15:09.0
94	2707	Areial Clark	10 U. of the District of Col	25:32.8	93	3:55.2	9:29.4	15:18.6
95	1888	Courtney Malcolm	07 Lincoln U.-PA	25:40.6	94	4:06.6	9:22.8	14:54.6
96	2440	Jennifer Carter	08 Saint Paul's College	25:46.7	95	4:04.2	9:31.2	15:01.2
97	1811	Nada Al-Arahshun	08 Johnson C. Smith U.	25:50.0	96	4:01.8	9:16.8	15:03.6
98	1890	Kimberly Nurse	08 Lincoln U.-PA	26:12.6	97	4:07.8	9:41.4	15:22.8
99	1816	Rosemarie Carty	08 Johnson C. Smith U.	26:21.6	98	4:19.2	9:58.2	15:39.6
100	1038	Shanterria King	10 Benedict College	26:26.4	99	4:13.8	9:29.4	15:19.2
101	2443	Denesha Edwards	07 Saint Paul's College	26:51.2	100	4:05.4	9:28.2	15:19.2
102	2709	Saleena Green	07 U. of the District of Col	27:17.0	101	3:52.8	9:24.0	15:39.0
103	2786	Jaquana Franks	09 Virginia Union U.	27:21.7		3:50.4	9:08.4	15:07.8
104	1821	Monique Kelly	08 Johnson C. Smith U.	28:00.4	102	4:21.6	9:58.2	15:46.2
105	1130	Jade George	10 Bowie State U.	28:11.3		4:10.8	10:20.4	16:45.6
106	2643	Kelly Smith	10 St. Augustine's College	28:33.0	103	4:40.2	10:51.6	16:58.8
107	1818	Sasha-Gay Cunningham	08 Johnson C. Smith U.	28:59.0	104	4:23.4	11:13.8	17:45.0
108	2787	Alluara Jones	07 Virginia Union U.	29:09.4		4:16.8	10:06.0	16:24.0
109	2452	Tiara Mitchell	10 Saint Paul's College	29:37.1	105	4:07.2	10:27.6	16:53.4
110	1037	Arikay Hunte	09 Benedict College	31:06.0	106	4:28.8	11:13.8	17:52.8
111	2789	Johniqua Porter	10 Virginia Union U.	31:27.2		4:46.8	11:33.6	18:34.2
112	1565	Kezie Wmaniki	08 Fayetteville State U.	31:35.5	107	4:49.2	11:40.8	18:23.4
113	1904	Sweetie Sherman	10 Livingstone College	31:46.3	108	5:09.6	12:39.6	19:19.2
114	1142	Bridgette OgunMokun	Bowie State U.	31:50.6		4:18.6	11:24.0	18:21.6
115	2361	Katie Hendrix	09 Paine College	32:01.4		4:36.0	11:25.8	18:33.6
116	1895	Oni Ire Brevard	09 Livingstone College	34:10.3	109	5:32.4	12:54.6	19:55.2
117	2455	Brittany Small	07 Saint Paul's College	38:07.0	110	5:12.6	12:55.2	21:51.0
118	1553	Danielle Boone	09 Fayetteville State U.	38:10.6	111	5:16.8	12:55.8	21:51.6
119	2450	Candace McCray	10 Saint Paul's College	38:10.8	112	5:12.0	12:54.6	21:51.6

Womens 5000 Meter Run HBCU Challenge

Womens 5000 Meter Run HBCU Challenge Team Scores

1	Hampton U.-Women	41	19:55.2
2	South Carolina State U.	66	20:13.2
3	Norfolk State U.-Women	80	20:29.4
4	Virginia State U.	114	21:13.2
5	Winston-Salem State U.	132	21:18.6
6	North Carolina Central U.	167	21:51.0
7	North Carolina A&T State	170	21:44.4
8	Prairie View A&M Universi	232	22:34.8
9	St. Augustine's College	245	22:46.2
10	Paine College	266	22:55.8
11	Bowie State U.	292	23:15.0
12	Shaw U.	332	23:42.0
13	Livingstone College	353	26:43.2
14	U. of the District of Col	371	24:34.2
15	Fayetteville State U.	377	27:45.6
16	Lincoln U.-PA	378	24:27.0
17	Benedict College	427	25:57.6
18	Johnson C. Smith U.	445	25:19.8
19	Saint Paul's College	522	31:42.6



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Boys 5000 Meter Run JV

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	1105	Alexander Doherty	13	Bishop Hendricken HS	16:42.1	1	3:03.0	6:32.4	9:58.8
2	1106	Connor Doyle	13	Bishop Hendricken HS	16:45.9	2	3:02.4	6:32.4	9:58.8
3	1426	Daniel Fernandez	13	Columbus HS	16:48.2	3	3:04.2	6:33.0	9:59.4
4	2051	Eric Anderson	14	Montgomery Bell Academy	17:00.0	4	3:05.4	6:36.0	10:07.2
5	3344	Sean Elkins	12	Centerville HS	17:01.1	5	2:58.2	6:32.4	10:07.2
6	2059	Hayes McCord	11	Montgomery Bell Academy	17:06.7	6	3:01.8	6:33.6	10:09.6
7	1431	Moises Perez	11	Columbus HS	17:06.9	7	3:04.2	6:32.4	9:59.4
8	2498	Matt Slein	13	Saratoga Springs HS	17:08.9	8	3:04.8	6:37.8	10:10.2
9	1325	David Lawler	13	Centerville HS	17:10.3	9	3:05.4	6:40.8	10:16.2
10	1422	Kenny Castro	14	Columbus HS	17:10.5	10	3:04.2	6:31.8	10:00.0
11	2474	Brian Halligan	14	Saratoga Springs HS	17:13.7	11	3:03.6	6:40.2	10:10.8
12	1319	Chase Coale	12	Centerville HS	17:14.8	12	3:03.0	6:34.2	10:07.2
13	1002	Drew Fagan	11	Albemarle HS	17:16.7		3:03.0	6:37.2	10:12.0
14	1117	Tom Pederzani	11	Bishop Hendricken HS	17:24.4	13	3:03.6	6:37.2	10:17.4
15	2911	Dan Valero	12	Winston Churchill HS	17:28.3	14	3:15.0	6:56.4	10:31.2
16	1290	Chandler Holden	12	Broughton HS	17:28.8	15	3:06.6	6:41.4	10:15.6
17	1328	Nick Ruschmann	11	Centerville HS	17:29.5	16	3:03.0	6:39.6	10:15.0
18	2468	Brad Ecker	14	Saratoga Springs HS	17:29.9	17	3:06.6	6:43.2	10:19.8
19	1109	Christopher Hook	12	Bishop Hendricken HS	17:33.6	18	3:02.4	6:34.8	10:11.4
20	1320	Ben Cook	11	Centerville HS	17:34.7	19	3:01.2	6:33.0	10:09.6
21	1118	Andrew Sakovits	11	Bishop Hendricken HS	17:38.7	20	3:04.2	6:38.4	10:21.6
22	1235	Tanner Forbes	12	Brookwood HS	17:39.6	21	3:25.8	7:12.6	10:51.0
23	1107	John Ferris	11	Bishop Hendricken HS	17:41.7	22	3:04.8	6:46.8	10:38.4
24	1421	Alex Capaldo	13	Columbus HS	17:42.5	23	3:09.0	6:45.0	10:20.4
25	1261	Chad Seder	12	Brookwood HS	17:43.1	24	3:06.0	6:39.0	10:23.4
26	1283	Cameron Casadonte	13	Broughton HS	17:44.9	25	3:06.6	6:44.4	10:26.4
27	2053	David Arteaga	12	Montgomery Bell Academy	17:45.8	26	3:11.4	6:51.6	10:28.8
28	1506	Seth Hayes	12	duPont Manual HS	17:46.7	27	3:14.4	6:55.8	10:44.4
29	1497	Michael Connors	12	duPont Manual HS	17:48.6	28	3:10.8	6:55.2	10:37.8
30	1326	Ryan Letcher	12	Centerville HS	17:49.2	29	3:08.4	6:52.2	10:30.6
31	1238	Shawn Gregory	12	Brookwood HS	17:49.8	30	3:24.6	7:12.0	10:51.0
32	1665	Colin Petry	11	Harborfields HS	17:51.4		3:07.8	6:47.4	10:25.8
33	1231	Joseph Buda	12	Brookwood HS	17:52.9	31	3:26.4	7:16.8	11:01.2
34	1324	Zack Houck	12	Centerville HS	17:53.7	32	3:07.8	6:51.0	10:34.8
35	1119	Nicholas Senra	11	Bishop Hendricken HS	17:54.5	33	3:06.6	6:54.0	10:40.8
36	1748	Terry Cronin	12	Holy Trinity Academy	17:56.2	34	3:16.2	7:01.2	10:43.2
37	1471	Avery Lord	13	Danbury HS	17:58.1	35	3:16.2	7:03.6	10:45.6
38	1307	William Roberson	14	Broughton HS	17:58.5	36	3:15.6	7:00.6	10:48.0
39	1708	Ryan Cotton	13	Hidden Valley HS	17:59.1	37	3:09.6	6:54.0	10:37.8
40	1381	Kevin Namey	12	Colonial Forge HS	17:59.4	38	3:13.8	7:03.0	10:47.4
41	1498	Joey DeMarco	13	duPont Manual HS	18:00.1	39	3:17.4	7:05.4	10:52.2

Boys 5000 Meter Run JV

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
42	1291	Carter Hornaday	12	Broughton HS	18:00.1	40	3:07.2	6:48.6	10:36.0
43	2913	Will Weston-Dawkes	11	Winston Churchill HS	18:00.6	41	3:15.0	7:02.4	10:49.8
44	2908	Rustin Tashayyod	13	Winston Churchill HS	18:01.4	42	3:13.2	7:01.8	10:43.8
45	1717	Will Hodges	13	Hidden Valley HS	18:01.8	43	3:21.6	7:10.2	10:55.8
46	2063	Madison Rieke	13	Montgomery Bell Academy	18:02.3	44	3:12.6	6:54.6	10:43.2
47	2055	Noah Fardon	12	Montgomery Bell Academy	18:02.3	45	3:14.4	6:58.8	10:43.2
48	2954	Andrew Townes	12	Winter Park HS	18:03.4	46	3:07.8	6:51.6	10:34.2
49	1718	Alex Kallam	12	Hidden Valley HS	18:04.3	47	3:12.6	6:59.4	10:45.0
50	1250	Nathan Massey	13	Brookwood HS	18:06.6	48	3:24.0	7:13.8	10:59.4
51	1367	Alex Galatro	14	Colonial Forge HS	18:07.7	49	3:10.2	6:58.8	10:43.2
52	2057	Nick Kohler	11	Montgomery Bell Academy	18:10.9	50	3:14.4	6:58.2	10:42.6
53	1301	Worth McMillan	11	Broughton HS	18:14.6	51	3:18.6	7:07.2	10:49.8
54	1517	Ben Schardein	11	duPont Manual HS	18:16.3	52	3:17.4	7:04.8	10:52.8
55	2890	Alex Blum	12	Winston Churchill HS	18:18.7	53	3:18.6	7:10.2	10:55.8
56	1706	Ben Brisley	11	Hidden Valley HS	18:19.6	54	3:12.6	7:01.2	10:46.2
57	1482	Austin Winter	13	Danbury HS	18:20.3	55	3:21.6	7:13.8	11:01.8
58	2897	Chris Hollrah	12	Winston Churchill HS	18:29.9	56	3:21.6	7:16.8	11:06.0
59	2327	Dylan O'Gara	12	Oldham County HS	18:31.3	57	3:07.2	7:00.0	10:54.0
60	1521	Nolan Wesley	11	duPont Manual HS	18:31.8	58	3:15.0	7:05.4	10:54.6
61	1481	Josh Wiltse	12	Danbury HS	18:34.4	59	3:21.6	7:13.2	11:03.6
62	1423	Tommy Cook	13	Columbus HS	18:35.7	60	3:15.6	7:11.4	11:00.0
63	2889	Kyle Beatty	13	Winston Churchill HS	18:36.8	61	3:15.0	7:03.6	11:01.2
64	1218	Garrett Thomas	11	Briar Woods HS	18:37.9	62	3:06.0	6:54.6	10:53.4
65	1745	Adam Cooke	11	Holy Trinity Academy	18:39.0	63	3:18.0	7:03.6	10:52.8
66	1680	Bigal Harrison	13	Hermitage HS	18:41.5	64	3:10.8	7:02.4	10:55.8
67	1072	Andrew Hynes	12	Bethlehem HS	18:41.6	65	3:20.4	7:13.8	11:09.6
68	2058	Daniel Mace	12	Montgomery Bell Academy	18:41.7	66	3:21.0	7:12.0	11:09.0
69	1519	Jacob Shpilberg	13	duPont Manual HS	18:42.6	67	3:20.4	7:15.6	11:08.4
70	2490	Evan Quinones	13	Saratoga Springs HS	18:43.6	68	3:14.4	7:07.2	11:03.6
71	2895	Andrew Haskins	13	Winston Churchill HS	18:46.4	69	3:18.0	7:14.4	11:10.2
72	1466	Jeremy Dewitt	13	Danbury HS	18:49.5	70	3:20.4	7:14.4	11:09.6
73	1376	Andrew McHugh	11	Colonial Forge HS	18:52.0	71	3:15.6	7:10.8	11:03.6
74	1202	Adam Lewis	14	Briar Woods HS	18:55.0	72	3:08.4	7:02.4	11:01.8
75	1215	Kurt Spinney	12	Briar Woods HS	18:56.2	73	3:21.6	7:19.2	11:17.4
76	1473	Paul Murphy	13	Danbury HS	18:58.5	74	3:22.2	7:16.2	11:13.2
77	1740	Sean Carroll	13	Holy Trinity Academy	18:59.3	75	3:22.8	7:16.8	11:12.6
78	1761	Kenny Liska	13	Holy Trinity Academy	19:00.9	76	3:28.8	7:27.6	11:25.8
79	1467	Jake Gallagher	13	Danbury HS	19:01.2	77	3:17.4	7:13.8	11:10.8
80	2930	Stefan Andrade	12	Winter Park HS	19:02.1	78	3:13.2	7:13.2	11:15.0
81	1288	Max Hardin	14	Broughton HS	19:03.7	79	3:11.4	7:04.2	11:07.2
82	1681	Cole Harrison	15	Hermitage HS	19:04.6	80	3:21.0	7:19.2	11:17.4
83	1384	Brennan Pinnock	11	Colonial Forge HS	19:06.5	81	3:12.6	7:03.6	10:55.8
84	1074	Brian Loughlin	12	Bethlehem HS	19:08.3	82	3:16.8	7:20.4	11:20.4
85	1713	Sachith Gullapalli	13	Hidden Valley HS	19:10.0	83	3:13.2	7:07.8	11:03.0

Boys 5000 Meter Run JV

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
86	2936	Kevin Erickson	14	Winter Park HS	19:11.6	84	3:11.4	7:12.0	11:15.0
87	1754	Bobby Hermida	13	Holy Trinity Academy	19:15.5	85	3:18.6	7:06.0	11:09.0
88	1515	Marty Quire	12	duPont Manual HS-B	19:16.0		3:21.0	7:16.2	11:17.4
89	1505	Andrew Hamm	13	duPont Manual HS	19:16.1	86	3:15.6	7:14.4	11:12.0
90	1295	Troy Kelly	14	Broughton HS	19:18.8	87	3:25.2	7:21.0	11:22.2
91	1196	Michael Hepp	14	Briar Woods HS	19:19.6	88	3:24.0	7:19.8	11:18.6
92	1709	Joey Coy	12	Hidden Valley HS	19:21.0	89	3:21.6	7:11.4	11:11.4
93	1077	Charlie Martin	12	Bethlehem HS	19:24.0	90	3:28.2	7:29.4	11:37.2
94	1079	Pat Owens	12	Bethlehem HS	19:25.2	91	3:17.4	7:15.6	11:25.2
95	1480	Stephen Strosser	13	Danbury HS	19:26.8	92	3:34.2	7:42.6	11:50.4
96	1187	Adam Fischel	13	Briar Woods HS	19:30.4	93	3:19.8	7:19.2	11:22.8
97	1773	Coleman Sperando	13	Holy Trinity Academy	19:32.9	94	3:14.4	6:54.6	10:55.8
98	2935	Jason Conrad	11	Winter Park HS	19:34.8	95	3:25.2	7:27.6	11:31.2
99	1682	Shane Jackson	11	Hermitage HS	19:35.2	96	3:21.0	7:30.6	11:42.6
100	2493	Joe Rosati	12	Saratoga Springs HS	19:35.5	97	3:20.4	7:20.4	11:27.0
101	1600	William Krumholz	14	Forest Park HS	19:36.6	98	3:28.2	7:31.8	11:39.0
102	1217	Jacob Teves	14	Briar Woods HS	19:41.2	99	3:29.4	7:31.8	11:42.6
103	2584	Cameron Amann	14	Socastee HS	19:47.0		3:19.8	7:22.8	11:33.0
104	1224	Matt Worden	12	Briar Woods HS	19:50.6	100	3:19.8	7:19.8	11:24.6
105	2305	Joel Fischer	12	Oldham County HS	19:52.5	101	3:06.0	7:06.6	11:25.2
106	2898	Hayden Saunders	00	Winston Churchill HS	20:02.4		3:26.4	7:35.4	11:52.2
107	1613	Thomas Vivirito	14	Forest Park HS	20:03.0	102	3:33.0	7:38.4	11:55.8
108	1577	Austin Barlow	13	Forest Park HS	20:06.2	103	3:28.8	7:37.2	11:48.0
109	2222	Andrew Ereddia	14	North Cobb HS	20:11.1	104	3:25.2	7:33.0	11:45.6
110	2237	Keith Ramon	13	North Cobb HS	20:17.6	105	3:33.6	7:48.6	12:03.6
111	1082	Michael Patti	12	Bethlehem HS	20:19.0	106	3:19.2	7:28.8	11:52.2
112	1608	Zachary Schumacer	13	Forest Park HS	20:20.0	107	3:27.6	7:42.0	11:57.0
113	1364	Ryan DeGuzman	14	Colonial Forge HS	20:20.6	108	3:24.6	7:42.0	12:05.4
114	2294	Jeb Ayres	11	Oldham County HS	20:26.0	109	3:22.8	7:30.0	11:46.2
115	1374	Jake McDonald	14	Colonial Forge HS	20:26.4	110	3:25.2	7:42.0	12:03.0
116	1604	Thomas O'Brien	14	Forest Park HS	20:28.6	111	3:42.6	8:03.0	12:24.0
117	1750	Tyler Espling	13	Holy Trinity Academy	20:34.0	112	3:31.2	7:48.6	12:07.2
118	2939	Drew Galloway	11	Winter Park HS	20:42.4	113	3:28.2	7:54.0	12:15.6
119	2240	Christopher Soukup	11	North Cobb HS	20:46.5	114	3:33.6	7:50.4	12:13.2
120	2329	Kendall Rabeneck	12	Oldham County HS-B	20:47.1	115	3:36.0	7:54.6	12:23.4
121	1697	Devonte Shelton	11	Hermitage HS	20:51.0	116	3:29.4	7:49.2	12:13.8
122	2564	Brett Kerns	13	Sherwood HS	20:56.0		3:46.8	8:21.0	12:36.0
123	2241	Brandon Tran	13	North Cobb HS	21:03.5	117	3:37.8	8:03.0	12:31.2
124	1690	Stephen Peyton	14	Hermitage HS	21:04.4	118	3:31.8	7:55.8	12:18.0
125	2601	Adam Powalie	13	Socastee HS	21:12.0		3:23.4	8:00.0	12:44.4
126	2238	Bryan Rante	11	North Cobb HS	21:15.9	119	3:34.8	7:58.8	12:24.6
127	2303	Jacob Fairfield	12	Oldham County HS	21:27.1	120	3:19.8	7:33.6	12:22.2
128	2311	Tyler Hammons	12	Oldham County HS-B	21:27.6	121	3:37.2	7:59.4	12:31.2
129	1368	Ben Haskin	14	Colonial Forge HS	21:32.4	122	3:38.4	8:15.6	12:48.6

Boys 5000 Meter Run JV

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
130	1699	Ian Spangler	12 Hermitage HS	21:39.4	123	3:19.2	7:36.6	12:29.4
131	2340	Tommy Shafer	12 Oldham County HS	21:44.4	124	3:27.6	7:47.4	12:34.8
132	1692	Dan Quach	12 Hermitage HS	21:47.4	125	3:44.4	8:25.2	13:09.0
133	1611	Nick Vidoli	13 Forest Park HS	21:49.1	126	3:39.0	8:07.2	12:40.8
134	1085	Mike Tracy	11 Bethlehem HS	21:55.6	127	3:48.0	8:27.6	13:05.4
135	2589	Carl Counasse	13 Socastee HS	22:05.2		3:33.0	8:13.2	12:39.0
136	2245	Ian Westbrook	14 North Cobb HS	22:16.4	128	3:36.6	8:03.0	12:47.4
137	2335	Anthony Rose	11 Oldham County HS	22:27.8	129	3:28.2	7:54.0	12:46.8
138	1769	Neil Robinson	12 Holy Trinity Academy	22:30.1		3:51.6	8:27.6	13:11.4
139	1737	Kyle Biscardi	11 Holy Trinity Academy	22:45.4		3:51.0	8:39.6	13:35.4
140	2404	Chris Gabriel	11 Raleigh Charter HS	22:46.8		3:47.4	8:29.4	13:21.0
141	3311	Jack Hanlon	Sherwood HS	22:54.5		3:49.2	8:38.4	13:30.0
142	2219	Fiase Dagbovi	11 North Cobb HS	22:58.6	130	3:50.4	8:45.6	13:35.4
143	2328	Andrew Ornelas	13 Oldham County HS-B	23:00.6	131	4:09.6	8:59.4	13:49.8
144	1747	Daniel Cronin	15 Holy Trinity Academy	23:01.0		4:09.0	8:59.4	13:34.8
145	1742	Brenden Clarke	11 Holy Trinity Academy	23:13.3		3:51.0	8:40.2	13:35.4
146	2348	Dalton Yaden	11 Oldham County HS-B	26:23.5	132	4:32.4	9:57.0	15:29.4
147	2326	Alex Noll	13 Oldham County HS-B	28:57.0	133	5:06.0	11:17.4	17:17.4

Boys 5000 Meter Run JV Team Scores

1	Bishop Hendricken HS	54	17:12.6
2	Centerville HS	61	17:18.0
3	Columbus HS	103	17:28.8
4	Montgomery Bell Academy	125	17:35.4
5	Brookwood HS	154	17:50.4
6	Broughton HS	167	17:53.4
7	Saratoga Springs HS	201	18:02.4
8	duPont Manual HS	204	18:04.8
9	Winston Churchill HS	206	18:03.6
10	Hidden Valley HS	264	18:18.6
11	Danbury HS	293	18:32.4
12	Holy Trinity Academy	333	18:46.2
13	Colonial Forge HS	347	18:53.4
14	Briar Woods HS	388	19:03.6
15	Winter Park HS	416	19:18.6
16	Bethlehem HS	434	19:23.4
17	Hermitage HS	474	19:51.0
18	Oldham County HS	511	20:24.0
19	Forest Park HS	521	20:06.6
20	North Cobb HS	559	20:42.6
21	Oldham County HS-B	632	24:07.2



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Girls 5000 Meter Run JV

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
1	1378	Lilly Moore	13 Colonial Forge HS	19:56.6	1	3:27.0	7:41.4	11:48.6
2	1387	Kerri Somers	14 Colonial Forge HS	20:02.5	2	3:34.8	7:51.0	11:58.8
3	2470	Alexandra Favreau	12 Saratoga Springs HS	20:04.4	3	3:26.4	7:40.8	11:54.6
4	2496	Ally Samuel	11 Saratoga Springs HS	20:11.8	4	3:28.8	7:40.8	11:57.6
5	1841	Victoria Stephens	13 La Salle Academy	20:19.7	5	3:30.6	7:45.6	11:59.4
6	2465	Megan Conway	11 Saratoga Springs HS	20:24.7	6	3:25.2	7:45.0	12:03.0
7	2472	Brianna Freestone	11 Saratoga Springs HS	20:26.0	7	3:28.8	7:42.0	11:53.4
8	1770	Dana Slomins	12 Holy Trinity Academy	20:30.9	8	3:34.8	7:47.4	12:00.6
9	1842	Victoria Varone	13 La Salle Academy	20:32.9	9	3:30.0	7:51.6	12:05.4
10	1365	Alyssa DeVane	11 Colonial Forge HS	20:34.1	10	3:28.8	7:48.0	11:55.8
11	1836	Katie Maiorisi	13 La Salle Academy	20:41.3	11	3:37.8	7:53.4	12:10.2
12	2812	Sarah Angle	12 Warwick Valley HS	20:42.1	12	3:29.4	7:48.0	12:06.0
13	1839	Rachel Renzi	14 La Salle Academy	20:43.7	13	3:31.2	7:48.6	12:06.6
14	1833	Siobahn Kelly	12 La Salle Academy	20:45.7	14	3:28.8	7:45.0	12:05.4
15	1829	Maddy Byrnes	12 La Salle Academy	20:49.9	15	3:30.6	7:58.2	12:21.6
16	1253	Ellen McCuiston	13 Brookwood HS	20:51.4	16	3:53.4	8:15.6	12:37.2
17	1267	Nina Thomason	14 Brookwood HS	20:54.6	17	3:52.2	8:16.8	12:37.2
18	2818	Noel DiBona	12 Warwick Valley HS	20:56.4	18	3:32.4	8:01.2	12:13.8
19	1380	Sara Myers	12 Colonial Forge HS	20:57.3	19	3:34.2	7:59.4	12:17.4
20	1242	Carsen Harris	12 Brookwood HS	20:59.1	20	3:50.4	8:15.6	12:37.2
21	2497	Maddie Samuel	13 Saratoga Springs HS	21:00.8	21	3:30.6	7:55.2	12:16.2
22	1362	Peyton Curry	14 Colonial Forge HS	21:02.8	22	3:34.2	7:59.4	12:25.2
23	2268	Alexandra Osman	14 North Shore HS	21:05.0	23	3:51.6	8:16.2	12:34.2
24	2260	Marielle Genovesi	11 North Shore HS	21:09.2	24	3:52.2	8:16.2	12:34.2
25	1234	Avery Douglas	12 Brookwood HS	21:20.8	25	3:51.0	8:15.6	12:37.2
26	1244	Danielle Jarnagin	12 Brookwood HS	21:20.9	26	3:53.4	8:15.0	12:37.2
27	2535	Melissa Sheridan	11 Shaker HS	21:21.7	27	3:46.8	8:13.8	12:40.8
28	1257	Allie Myers	14 Brookwood HS	21:21.9	28	3:49.8	8:15.0	12:36.6
29	2518	Emily Franko	13 Shaker HS	21:21.9	29	3:49.8	8:21.0	12:48.6
30	2471	Morgan Ferguson	12 Saratoga Springs HS	21:26.1	30	3:32.4	8:06.0	12:32.4
31	1193	Carolyn Gorick	13 Briar Woods HS	21:27.8	31	3:47.4	8:18.0	12:45.0
32	1409	Angela DeRubertis	14 Columbia HS	21:28.4	32	3:36.0	8:05.4	12:31.2
33	2530	Taylor Methe	13 Shaker HS	21:28.6	33	3:51.0	8:24.0	12:49.8
34	1415	Mackenzie Nichols	14 Columbia HS	21:30.2	34	3:48.6	8:21.6	12:44.4
35	2813	Shannon Bauer	13 Warwick Valley HS	21:30.7	35	3:34.8	8:04.8	12:31.8
36	2815	Charlotte Brunjes	12 Warwick Valley HS	21:32.7	36	3:48.6	8:23.4	12:46.8
37	2816	Hanna Cavanagh	13 Warwick Valley HS	21:34.6	37	3:49.2	8:26.4	12:55.8
38	1355	Morgan Browning	12 Colonial Forge HS	21:37.0	38	3:35.4	8:00.6	12:34.2
39	1762	Karina Mann	13 Holy Trinity Academy	21:37.5	39	3:51.0	8:20.4	12:47.4
40	1309	Mary Campbell Rouse	13 Broughton HS	21:40.8	40	3:46.2	8:15.6	12:40.8
41	2825	Gabrielle Trimlett	14 Warwick Valley HS	21:41.1	41	3:38.4	8:12.6	12:45.6

Girls 5000 Meter Run JV

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
42	1414	Christina McDonald	14 Columbia HS	21:53.4	42	3:44.4	8:19.2	12:48.6
43	2517	Jessica Dzialo	13 Shaker HS	21:57.4	43	3:51.0	8:24.6	12:55.8
44	1385	Graciela Slyer	12 Colonial Forge HS	22:04.8	44	3:37.2	8:10.8	12:37.2
45	1760	Mary Lewis	13 Holy Trinity Academy	22:06.2	45	3:43.8	8:28.2	13:02.4
46	2502	Maggi Szpak	12 Saratoga Springs HS	22:08.0	46	3:39.6	8:21.0	12:51.6
47	1067	Mary de Vries	14 Bethlehem HS	22:13.7	47	3:52.2	8:32.4	13:04.8
48	1991	Julia Batista	12 Massapequa HS	22:13.9	48	3:51.0	8:31.8	13:15.6
49	2271	Olivia Statile	14 North Shore HS	22:17.8	49	3:57.6	8:36.0	13:15.6
50	1316	Missy White	11 Broughton HS	22:18.6	50	3:42.6	8:17.4	12:49.8
51	2814	Lauren Brandt	13 Warwick Valley HS-B	22:19.2		3:51.6	8:31.8	13:12.0
52	2521	Laura Hines	11 Shaker HS	22:19.6	51	3:49.2	8:30.6	13:13.8
53	1173	Caroline Alford	14 Briar Woods HS	22:19.7	52	3:52.8	8:22.8	13:04.2
54	2520	Jackie Heim	12 Shaker HS	22:20.4	53	3:54.0	8:34.8	13:17.4
55	1684	Heather Larkin	12 Hermitage HS	22:29.3	54	3:53.4	8:33.0	13:15.0
56	1284	Margaret Dodd	11 Broughton HS	22:31.5	55	3:42.6	8:16.8	13:01.2
57	1086	Hannah Walsh	11 Bethlehem HS	22:31.9	56	3:52.8	8:38.4	13:22.2
58	1277	Sophia Baneth	13 Broughton HS	22:35.0	57	4:04.8	8:54.6	13:43.2
59	1191	MarySydney Garrett	11 Briar Woods HS	22:38.2	58	3:42.6	8:15.0	13:00.0
60	1219	Lauren Townsend	12 Briar Woods HS	22:40.6	59	3:58.2	8:45.6	13:27.6
61	1992	Nicole Boylan	11 Massapequa HS	22:44.3	60	3:49.8	8:25.8	13:15.6
62	1996	Dana Katulak	13 Massapequa HS	22:47.7	61	3:49.8	8:29.4	13:18.0
63	1078	Emelia Oneil	12 Bethlehem HS	22:52.6	62	3:52.8	8:34.2	13:19.8
64	1587	Tessa Davis	11 Forest Park HS	22:55.2	63	4:05.4	8:49.2	13:39.0
65	2516	Meg Deguire	13 Shaker HS	22:55.8	64	3:50.4	8:27.6	13:23.4
66	1185	Sarah Dwinnell	12 Briar Woods HS	23:01.3	65	3:47.4	8:31.8	13:27.0
67	1772	Sydney Smith	16 Holy Trinity Academy	23:02.7	66	4:06.0	8:53.4	13:45.6
68	1728	Audra Turner	12 Hidden Valley HS	23:04.0		4:12.0	9:06.6	13:55.2
69	2264	Nicole Milani	12 North Shore HS	23:08.4	67	4:22.2	9:15.0	13:55.2
70	1693	Renee Ritchie	12 Hermitage HS	23:12.4	68	4:01.8	9:01.2	13:52.2
71	1715	Helena Harding	14 Hidden Valley HS	23:13.9		4:11.4	9:06.6	13:55.2
72	1736	Ashley Baerlocker	15 Holy Trinity Academy	23:15.0	69	4:04.8	8:58.8	13:49.8
73	1087	Leah Yakubowski	11 Bethlehem HS	23:15.3	70	4:03.0	8:59.4	13:51.6
74	2826	Emily Winslow	12 Warwick Valley HS	23:17.7	71	3:50.4	8:44.4	13:43.8
75	1593	Karina Guadron	13 Forest Park HS	23:20.7	72	4:01.2	8:55.8	13:50.4
76	1840	Hayley Roberts	13 La Salle Academy	23:22.1	73	3:48.0	8:40.2	13:31.2
77	1060	Anna Bango	13 Bethlehem HS	23:23.3	74	4:03.0	9:04.2	13:52.8
78	2950	Nicole Pistulka	13 Winter Park HS	23:29.4	75	3:57.6	8:58.2	13:55.2
79	1995	Alexandria Gallagher	13 Massapequa HS	23:31.3	76	3:54.0	8:52.8	13:43.8
80	2973	Kristen Wollman	Harborfields HS	23:32.0		4:06.0	8:59.4	13:52.2
81	1410	Nicolette DiMura	14 Columbia HS	23:33.4	77	3:56.4	8:52.8	13:46.8
82	1073	Margie Kuchinski	13 Bethlehem HS	23:33.6	78	4:03.6	9:03.0	13:58.2
83	2263	Gillian McGovern	13 North Shore HS	23:34.7	79	4:22.2	9:15.0	13:58.2
84	1064	Meera Connors	11 Bethlehem HS	23:36.3	80	3:59.4	8:58.8	13:52.2
85	1989	Caragh Baierlein	13 Massapequa HS	23:38.9	81	3:54.6	8:52.8	13:52.2

Girls 5000 Meter Run JV

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
86	2004	Noelle Vidaic	13	Massapequa HS-B	23:41.4		3:57.0	8:52.8	13:45.6
87	2943	Dasha Hazelroth	13	Winter Park HS	23:42.6	82	3:56.4	8:58.8	13:57.6
88	1582	Erin Brymer	11	Forest Park HS	23:44.9	83	4:01.8	8:56.4	13:52.2
89	2272	Monica Winski	13	North Shore HS	23:46.9	84	4:22.2	9:17.4	14:06.0
90	1286	Allison Gupton	14	Broughton HS	23:46.9	85	4:01.2	8:54.6	13:55.2
91	1725	Patricia Sorrentino	13	Hidden Valley HS	23:47.8		4:11.4	9:06.6	14:00.6
92	2344	Lacy Walters	13	Oldham County HS	23:49.6	86	4:18.6	9:30.0	14:30.0
93	1591	Courtney Grazzini	11	Forest Park HS	23:51.6	87	4:09.0	9:11.4	14:13.2
94	1310	Shelby Snedecor	12	Broughton HS	23:52.1	88	4:03.0	8:57.0	13:52.2
95	1177	Taylor Busick	14	Briar Woods HS	23:55.6	89	4:02.4	9:02.4	14:07.8
96	2342	Shawna St. Clair	12	Oldham County HS	23:56.8	90	4:10.2	9:06.6	14:16.8
97	1766	Allie Perry	11	Holy Trinity Academy	23:57.0	91	4:07.8	9:08.4	14:04.8
98	1418	Katie Schmidt	11	Columbia HS	23:59.7	92	4:01.2	9:01.8	13:57.0
99	2217	Jamie Colon	14	North Cobb HS	24:00.0	93	3:58.8	8:46.8	13:41.4
100	2001	Amanda Moore	13	Massapequa HS	24:04.4	94	3:57.0	9:00.6	14:04.8
101	1993	Jillian Brown	14	Massapequa HS	24:04.5	95	3:50.4	8:40.8	13:53.4
102	1420	Meghan Smith	11	Columbia HS	24:06.9	96	4:01.8	9:03.6	14:10.8
103	1597	Sydney Johnson	13	Forest Park HS	24:08.2	97	4:09.0	9:11.4	14:13.8
104	2933	Merina Cameron	13	Winter Park HS	24:11.8	98	4:06.6	9:13.2	14:28.2
105	2947	Miriam Manzanec	13	Winter Park HS	24:14.8	99	4:10.2	9:17.4	14:29.4
106	2221	Danielle Dutra	11	North Cobb HS	24:17.4	100	4:21.0	9:24.0	14:28.2
107	1688	Krymsen Paschal	14	Hermitage HS	24:17.9	101	4:00.0	9:00.6	14:10.2
108	1413	Stephanie King	11	Columbia HS	24:32.2	102	4:01.2	9:03.6	14:19.8
109	2343	Savannah Wallace	12	Oldham County HS	24:32.3	103	4:15.6	9:23.4	14:31.2
110	1759	Lydia Kucera	14	Holy Trinity Academy	24:39.5	104	4:18.6	9:18.6	14:34.2
111	1673	T'Erica Brown	12	Hermitage HS	24:45.0	105	4:15.0	9:26.4	14:40.8
112	2938	Sophia Flores	11	Winter Park HS	24:45.4	106	4:10.8	9:20.4	14:42.0
113	1300	Lee Anna McMillan	13	Broughton HS	24:50.3	107	4:03.0	8:55.8	13:54.6
114	2256	Dana DiGiovanni	14	North Shore HS	24:51.3	108	4:22.8	9:22.2	14:26.4
115	1775	Ruby Watts	13	Holy Trinity Academy	24:54.7		4:24.0	9:37.2	14:51.6
116	1994	Danielle Farley	12	Massapequa HS-B	24:57.8		4:00.6	9:10.2	14:25.8
117	2246	Natalie Wynn	12	North Cobb HS	24:58.1	109	4:21.0	9:28.8	14:40.8
118	2952	Sarah Sizemore	13	Winter Park HS	25:02.6	110	4:06.6	9:22.8	14:42.0
119	1377	Carly Menser	12	Colonial Forge HS	25:12.1		4:06.0	9:18.0	14:40.2
120	1764	Pheobe Nimocks	14	Holy Trinity Academy	25:21.5		4:22.2	9:31.8	14:42.6
121	1776	Lexi Winoski	13	Holy Trinity Academy	25:23.6		4:21.6	9:31.2	14:41.4
122	2301	Sarah Diederick	13	Oldham County HS	25:27.6	111	4:19.2	9:33.0	14:48.0
123	2322	Paige McKinney	11	Oldham County HS	25:30.4	112	4:19.8	9:38.4	14:54.6
124	2255	Nicolette Dayre	11	North Shore HS-B	25:35.9		4:28.2	9:46.2	15:07.2
125	1676	Jessica Diaz	13	Hermitage HS	25:42.5	113	4:15.0	9:40.8	15:04.8
126	2223	Danielle Ereddia	12	North Cobb HS	25:45.7	114	4:26.4	10:02.4	15:26.4
127	2321	Christine Lund	12	Oldham County HS	26:12.1	115	4:18.0	9:37.2	15:03.6
128	2945	Emily Krogel	11	Winter Park HS	26:18.0	116	4:12.0	9:45.6	15:18.6
129	2258	Brittany Farkouh	13	North Shore HS-B	26:20.8		4:38.4	10:07.2	15:47.4

Girls 5000 Meter Run JV

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
130	2259	Taylor Farkouh	13 North Shore HS-B	26:21.0		4:37.8	10:06.0	15:47.4
131	2394	Hannah Clendenin	13 Raleigh Charter HS	26:28.6	117	4:22.8	9:46.8	15:35.4
132	2261	Sara Ivanovic	13 North Shore HS-B	27:00.0		4:38.4	10:07.2	15:47.4
133	2393	Cheyenne Cheung	12 Raleigh Charter HS	27:09.2	118	4:22.8	9:47.4	15:35.4
134	2405	Gabby Howard	11 Raleigh Charter HS	27:13.1	119	4:33.0	10:13.2	15:58.8
135	1752	Anna Fusco	15 Holy Trinity Academy--B	27:42.4		4:43.8	10:39.0	16:24.0
136	1698	Brittany Smith	12 Hermitage HS	27:55.5	120	4:34.2	10:39.0	16:33.0
137	1696	Zoe Seipert	12 Hermitage HS	28:04.0	121	4:44.4	10:38.4	16:44.4
138	1712	Natalia Guacheta	12 Hidden Valley HS	28:12.3		4:34.8	10:27.0	16:37.8
139	2388	Sydney Bronack	14 Raleigh Charter HS	28:41.6	122	4:25.2	10:13.8	16:28.2
140	2300	Krissy Daugherty	11 Oldham County HS	29:05.3	123	4:23.4	10:16.2	16:37.2
141	2395	Bryn Conley	13 Raleigh Charter HS	29:30.9	124	4:43.8	10:55.2	17:20.4
142	2338	Maggie Schuh	11 Oldham County HS-B	30:25.9		4:44.4	11:25.2	17:54.6
143	2230	Brittany Kovel	12 North Cobb HS	30:29.6	125	5:04.2	11:37.2	18:05.4

Girls 5000 Meter Run JV Team Scores

1	Saratoga Springs HS	41	20:25.2
2	La Salle Academy	52	20:36.6
3	Colonial Forge HS	54	20:30.6
4	Brookwood HS	104	21:05.4
5	Warwick Valley HS	138	21:15.0
6	Shaker HS	183	21:42.0
7	Holy Trinity Academy	227	22:06.6
8	North Shore HS	242	22:15.0
9	Briar Woods HS	265	22:25.2
10	Columbia HS	277	22:28.8
11	Broughton HS	287	22:34.8
12	Bethlehem HS	309	22:51.6
13	Massapequa HS	326	22:59.4
14	Forest Park HS	402	23:36.0
15	Hermitage HS	441	24:05.4
16	Winter Park HS	460	24:04.8
17	Oldham County HS	502	24:39.6
18	North Cobb HS	541	25:54.0
19	Raleigh Charter HS	600	27:48.6



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Boys 5000 Meter Run JV II

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
1	1167	Chris Sherrill	11 Brentsville District HS	17:16.7	1	3:02.4	6:31.8	10:07.2
2	2486	Jay Navin	14 Saratoga Springs HS	17:46.2	2	3:02.4	6:43.8	10:23.4
3	1170	Josh Wojtysiak	11 Brentsville District HS	17:50.7	3	3:05.4	6:48.6	10:30.0
4	2560	Jeffrey Berger	12 Sherwood HS	17:53.5	4	3:12.6	6:57.0	10:36.0
5	1862	Tyler Glass	12 Leesville Road HS	17:57.4	5	3:07.8	6:54.0	10:36.0
6	1114	Ryan McNaughton	12 Bishop Hendricken HS	17:57.6	6	3:07.8	6:54.0	10:39.6
7	1153	Tyler Giller	11 Brentsville District HS	18:00.7	7	3:08.4	6:55.2	10:45.0
8	1240	Jonathan Hanagriff	14 Brookwood HS	18:02.5	8	3:20.4	7:07.8	10:51.0
9	2580	Michael Traynor	12 Sherwood HS	18:05.3	9	3:14.4	7:00.6	10:45.0
10	1113	Chace Martin	13 Bishop Hendricken HS	18:07.1	10	3:10.2	6:58.2	10:48.0
11	1225	Garrett Adams	14 Brookwood HS	18:11.8	11	3:20.4	7:07.8	10:52.8
12	1251	Ryan Massey	14 Brookwood HS	18:12.1	12	3:21.0	7:08.4	10:52.2
13	1157	Alan Komisarck	12 Brentsville District HS	18:12.4	13	3:10.8	7:02.4	10:48.6
14	1266	Tommy Templeman	14 Brookwood HS	18:14.9	14	3:15.6	7:01.8	10:51.6
15	2320	Tyler Lega	14 Oldham County HS	18:14.9		3:09.0	6:54.6	10:45.6
16	1158	Chris Lafayelle	13 Brentsville District HS	18:18.8	15	3:09.6	6:58.2	10:47.4
17	1156	Kyle King	13 Brentsville District HS	18:19.8	16	3:10.2	7:00.6	10:48.6
18	2565	Christian Larsen	11 Sherwood HS	18:21.1	17	3:12.6	7:01.2	10:46.2
19	1857	Tyler Behrends	13 Leesville Road HS	18:24.0	18	3:18.0	7:09.0	10:59.4
20	2505	Joe Verro	14 Saratoga Springs HS	18:24.4	19	3:11.4	7:03.6	10:58.2
21	2561	Loren Heap	11 Sherwood HS	18:29.6	20	3:16.2	7:07.2	11:03.0
22	1243	Mitch Hotop	13 Brookwood HS	18:30.8	21	3:19.2	7:05.4	11:00.0
23	1110	Jacob Magiera	12 Bishop Hendricken HS	18:31.2	22	3:09.0	6:54.0	10:47.4
24	2557	Matthew Abrams	11 Sherwood HS	18:33.7	23	3:14.4	7:07.2	11:04.2
25	2334	Dre Rochet	14 Oldham County HS	18:37.0		3:16.8	7:07.8	11:04.2
26	2582	Connor Welch	12 Sherwood HS	18:41.9	24	3:13.8	7:00.0	10:51.0
27	1876	Grant Przybyla	13 Leesville Road HS	18:41.9	25	3:16.8	7:07.2	10:58.2
28	1859	Carson Ellerby	14 Leesville Road HS	18:46.6	26	3:17.4	7:07.2	11:00.6
29	1867	Jake Hollis	14 Leesville Road HS	18:49.4	27	3:16.8	7:07.8	11:03.0
30	1116	Lee Messier	13 Bishop Hendricken HS	18:49.9	28	3:08.4	6:58.8	10:58.2
31	1873	James Noel	13 Leesville Road HS	18:50.7	29	3:27.6	7:25.2	11:25.8
32	1162	Tommy Marianos	14 Brentsville District HS	18:53.4	30	3:16.8	7:13.2	11:13.2
33	1279	Johnson Beasley	12 Broughton HS	18:56.2	31	3:15.0	7:13.8	11:12.0
34	1313	Jack Voelker	12 Broughton HS	18:57.6	32	3:13.8	7:10.2	11:10.2
35	3340	Chis Witzak	Sherwood HS	19:03.7	33	3:16.2	7:08.4	11:12.6
36	2473	Gavin Gaynor	16 Saratoga Springs HS	19:07.6	34	3:27.6	7:33.6	11:28.8
37	1282	Asher Brown - King	14 Broughton HS	19:21.0	35	3:15.0	7:11.4	11:21.6
38	1469	Mickey Kozak	14 Danbury HS	19:28.5	36	3:17.4	7:13.2	11:27.0
39	1294	Kelton Jones	12 Broughton HS	19:29.6	37	3:22.2	7:35.4	11:45.0
40	2460	Corey Briggs	15 Saratoga Springs HS	19:32.4	38	3:26.4	7:24.6	11:32.4
41	2503	Aidan Tooker	16 Saratoga Springs HS	19:35.1	39	3:23.4	7:27.6	11:32.4

Boys 5000 Meter Run JV II

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
42	1182	Rory Cullen	11 Briar Woods HS	19:38.2		3:27.0	7:41.4	11:49.2
43	1213	Caleb Scott	12 Briar Woods HS-B	19:39.9	40	3:25.2	7:36.6	11:51.0
44	1884	Ben Tyner	13 Leesville Road HS	19:42.4	41	3:27.6	7:24.0	11:25.8
45	1464	C.J. Cunningham	14 Danbury HS	19:47.4	42	3:30.6	7:43.2	11:50.4
46	1477	Paul Rizzi-Beck	13 Danbury HS	19:50.2	43	3:28.8	7:43.2	11:49.2
47	2494	Justin Ross	15 Saratoga Springs HS	19:51.0	44	3:26.4	7:37.8	11:43.2
48	1122	Sean Wiggin	13 Bishop Hendricken HS	19:51.1	45	3:17.4	7:24.6	11:43.8
49	2306	Chris French	14 Oldham County HS	19:51.2		3:15.6	7:10.8	11:29.4
50	1189	Bruce Flowers	12 Briar Woods HS-B	19:51.9	46	3:21.0	7:33.0	11:48.0
51	1465	Rohit Das	14 Danbury HS	19:54.4	47	3:28.2	7:41.4	11:50.4
52	1474	Kyle O'Brien	14 Danbury HS	20:03.5	48			
53	1180	Nick Carroll	13 Briar Woods HS-B	20:05.4	49	3:28.8	7:40.2	11:49.8
54	1184	Evan DiBona	11 Briar Woods HS-B	20:05.8	50	3:24.0	7:40.8	11:54.0
55	1120	Daniel Thadeio	13 Bishop Hendricken HS	20:12.5	51	3:18.0	7:32.4	11:49.8
56	2314	Ben Hoffman	14 Oldham County HS	20:19.6		3:18.6	7:26.4	11:45.6
57	1178	Patrick Butler	12 Briar Woods HS-B	20:22.6	52	3:18.0	7:33.6	11:51.0
58	1200	Josh Kuhn	12 Briar Woods HS-B	20:24.7	53	3:29.4	7:45.6	12:03.0
59	1181	Thomas Crane	14 Briar Woods HS-B	20:27.8	54	3:31.2	7:49.8	12:12.6
60	1303	Nathan Murphy	11 Broughton HS	20:28.4	55	3:13.8	7:20.4	11:47.4
61	1220	Tommy Turpin	12 Briar Woods HS	20:30.5		3:24.6	7:37.8	11:52.8
62	1305	John Perry	14 Broughton HS	20:31.2	56	3:30.6	7:45.0	12:06.6
63	1302	Owen Melfi	14 Broughton HS	20:35.3	57	3:19.8	7:24.0	11:40.2
64	1721	Sammy LeHardy	14 Hidden Valley HS	20:51.9		3:40.8	7:58.8	12:18.6
65	1719	Patrick Kemp	11 Hidden Valley HS	20:56.3		3:42.0	8:09.0	12:25.2
66	2408	Will Jackson	13 Raleigh Charter HS	21:20.2	58	3:34.2	8:09.0	12:33.0
67	1722	Sandro Lione	13 Hidden Valley HS	21:26.3		3:41.4	8:10.2	12:30.0
68	3338	Gary Hutchins	Wake Forest-Rolesville HS	21:33.3		3:30.0	7:45.6	12:31.8
69	3332	Alex Moss	Wake Forest-Rolesville HS	21:48.6		3:33.6	8:04.2	12:40.8
70	2500	Jaxon Smith	15 Saratoga Springs HS	21:56.5	59	3:34.8	8:17.4	12:51.0
71	2407	Dan Huddleston	13 Raleigh Charter HS	21:57.2	60	3:34.8	8:09.0	12:49.8
72	2396	Kurtis Denny	13 Raleigh Charter HS	22:07.6	61	3:40.2	8:18.0	12:58.2
73	3336	Greg Hutchins	Wake Forest-Rolesville HS	22:13.4		3:54.0	8:42.6	13:20.4
74	2800	Gavin McCarver	13 Wake Forest-Rolesville HS	22:17.1		3:57.0	8:43.2	13:22.2
75	1478	Lenny Rodriguez	14 Danbury HS	22:59.7	62	3:42.0	8:14.4	12:45.6
76	2392	Matt Casey	11 Raleigh Charter HS	24:05.4	63	3:55.8	9:01.8	14:11.4
77	2402	Graham Ferris	13 Raleigh Charter HS	25:03.7	64	3:55.8	9:01.2	14:24.0

Boys 5000 Meter Run JV II

Boys 5000 Meter Run JV II Team Scores

1	Brentsville District HS	39	17:55.8
2	Brookwood HS	66	18:14.4
3	Sherwood HS	73	18:16.8
4	Leesville Road HS	101	18:31.8
5	Bishop Hendricken HS	111	18:39.6
6	Saratoga Springs HS	132	18:52.8
7	Broughton HS	190	19:26.4
8	Danbury HS	216	19:48.6
9	Briar Woods HS-B	237	20:01.2
10	Raleigh Charter HS	306	22:54.6



Great American Cross Country Festival

Cary, NC -- Wakemed Soccer Park

October 1-2, 2010

Girls 5000 Meter Run JV II

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	2475	Spencer Hayes	15	Saratoga Springs HS	20:25.6		3:30.6	7:43.2	12:02.4
2	2495	Sarah Ruggles	12	Saratoga Springs HS	20:31.9		3:57.6	8:18.6	12:28.2
3	2295	Chelsea Bear	14	Oldham County HS	20:42.7	1	3:39.0	8:00.0	12:19.2
4	1509	Mary King	14	duPont Manual HS	20:54.7	2	3:38.4	8:03.6	12:42.0
5	1493	Kara Atwell	12	duPont Manual HS	21:00.9	3	3:32.4	7:48.6	12:13.2
6	1159	Kayla Love	13	Brentsville District HS	21:02.6	4	3:40.8	8:04.2	12:27.6
7	1144	Lindsey Bradshaw	12	Brentsville District HS	21:02.7	5	3:36.0	7:48.0	12:14.4
8	2308	Caroline Grogan	14	Oldham County HS	21:07.2	6	3:36.6	8:00.0	12:24.0
9	2313	Kati Heil	14	Oldham County HS	21:20.0	7	3:40.2	8:00.6	12:27.0
10	1513	Cristen Palmer	11	duPont Manual HS	21:21.6	8	3:32.4	7:54.0	12:30.6
11	1274	Ashlee Wilson	12	Brookwood HS	21:24.1	9	4:01.8	8:37.2	13:09.0
12	1227	Lauren Brennan	14	Brookwood HS	21:26.9	10	4:04.2	8:34.8	12:56.4
13	1511	Jeanna Iogue	13	duPont Manual HS	21:33.8	11	3:42.0	8:13.2	12:48.0
14	1160	Gillian Lowe	13	Brentsville District HS	21:41.2	12	3:42.0	8:15.6	12:44.4
15	1514	Megan Perkins	12	duPont Manual HS	21:43.0	13	3:35.4	8:03.6	12:44.4
16	1165	Rachel Reynolds	13	Brentsville District HS	21:46.8	14	3:42.0	8:15.6	12:44.4
17	2527	Laura Libruk	14	Shaker HS	21:47.2	15	3:40.8	8:02.4	12:42.6
18	1232	Ansley Bullock	12	Brookwood HS	21:47.7	16	4:01.8	8:37.8	13:13.2
19	1152	Naomi Gilbert	14	Brentsville District HS	21:50.3	17	3:42.0	8:20.4	12:58.2
20	1875	Rachel Phillips	13	Leesville Road HS	21:51.9	18	3:45.0	8:21.0	12:49.8
21	2567	Ariel Mahlmann	13	Sherwood HS	21:52.3	19	3:49.2	8:23.4	12:55.2
22	1500	Mattie Gottbrath	14	duPont Manual HS-B	21:52.5		3:46.2	8:19.2	12:59.4
23	1271	Caroline Walker	11	Brookwood HS	21:54.0	20	4:01.2	8:37.2	13:09.6
24	1264	Sarah Sumner	12	Brookwood HS	21:54.5	21	4:01.2	8:36.6	13:09.0
25	2526	Shannon Lavender	16	Shaker HS	21:55.8	22	3:53.4	8:34.8	13:18.0
26	1169	Sarah Van Doren	11	Brentsville District HS	21:56.4	23	3:41.4	8:19.8	13:01.2
27	2297	Kamilla Bentsen	14	Oldham County HS	22:12.9	24	3:56.4	8:33.0	13:13.2
28	2510	Gabby Brown	12	Shaker HS	22:21.8	25	3:49.8	8:24.6	13:09.6
29	1229	Lydia Bruce	13	Brookwood HS	22:24.1	26	4:06.6	8:45.6	13:29.4
30	2528	Brooke McGinley	12	Shaker HS	22:33.0	27	4:02.4	8:39.0	13:22.8
31	2514	Kaitlin Campbell	13	Shaker HS	22:41.0	28	3:54.0	8:32.4	13:24.6
32	2571	Emma Poe-Yamagata	13	Sherwood HS	22:41.3	29	3:49.2	8:30.6	13:10.2
33	2536	Nicole Wiegman	11	Shaker HS	22:46.6	30	3:45.6	8:28.2	13:09.0
34	2533	Fayth Risler	14	Shaker HS-B	22:47.4	31	4:03.6	8:37.2	13:27.6
35	1194	Emily Guessford	14	Briar Woods HS	22:48.8		4:03.6	8:45.0	13:40.2
36	1265	Jessie Tankersley	14	Brookwood HS-B	22:49.9		4:04.8	8:55.8	13:44.4
37	1871	Brenna Langley	12	Leesville Road HS	22:50.9	32	3:49.2	8:31.8	13:15.6
38	1245	Allison Kamino	11	Brookwood HS-B	22:53.6		4:08.4	8:58.2	13:45.0
39	2312	Kalli Heil	14	Oldham County HS	22:54.9	33	3:47.4	8:33.6	13:29.4
40	1239	Carly Hamann	11	Brookwood HS	22:55.9	34	4:07.2	8:56.4	13:45.0
41	2519	Kristen Hayes	12	Shaker HS	22:59.6	35	3:55.8	8:39.0	13:31.8

Girls 5000 Meter Run JV II

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
42	1878	Kiera Quinn	12 Leesville Road HS	23:05.7	36	3:50.4	8:36.6	13:26.4
43	2891	Marisa Bruno	11 Winston Churchill HS	23:07.3		3:53.4	8:43.2	13:33.6
44	2316	Erin Kabbes	14 Oldham County HS	23:10.8	37	4:10.8	9:06.0	14:00.6
45	1278	Ann Archer Beasley	13 Broughton HS	23:13.0	38	3:48.0	8:30.0	13:26.4
46	1273	Melissa White	11 Brookwood HS-B	23:17.2		4:10.8	9:06.0	13:59.4
47	2512	Eileen Burns	15 Shaker HS-B	23:21.2	39	3:57.6	8:42.0	13:44.4
48	2529	Danielle McLean	13 Shaker HS-B	23:22.6	40	4:02.4	8:51.6	13:46.2
49	2558	Tyler Barnard	11 Sherwood HS	23:24.2	41	3:48.0	8:37.2	13:32.4
50	2315	Madison Honeycutt	14 Oldham County HS-B	23:31.3		4:08.4	9:04.2	14:00.6
51	1881	Alex Schuler	12 Leesville Road HS	23:32.2	42	3:55.8	8:52.2	13:53.4
52	1872	Sarah Mehlman	12 Leesville Road HS	23:34.3	43	4:03.6	8:56.4	13:54.0
53	2559	Elaine Bell	13 Sherwood HS	23:37.1	44	4:00.0	8:56.4	14:01.8
54	2509	Jenna Baker	14 Shaker HS-B	23:38.4	45	4:09.0	9:00.6	14:01.2
55	1868	Cassidi Ingle	13 Leesville Road HS	23:57.7	46	4:03.6	9:04.8	14:03.0
56	1312	Sydney Stradling	14 Broughton HS	23:57.7	47	4:08.4	9:04.2	14:16.8
57	2513	Abby Butler	15 Shaker HS-B	23:58.7	48	4:07.2	9:04.2	14:12.0
58	2569	Caroline Mc Cue	12 Sherwood HS	23:59.3	49	4:06.0	9:10.8	14:07.2
59	1317	Katie Worth	12 Broughton HS	24:01.5	50	4:06.0	9:06.0	14:16.8
60	1308	Kelly Rogers	14 Broughton HS	24:02.6	51	4:05.4	9:01.2	14:03.0
61	2339	Whitney Schuyler	14 Oldham County HS	24:04.8	52	4:10.8	9:06.0	14:08.4
62	1495	Jessica Baskett	12 duPont Manual HS	24:06.5	53	4:06.0	8:55.8	13:56.4
63	2532	Autumn Perez	14 Shaker HS-B	24:08.5	54	4:10.2	9:06.6	14:15.0
64	1222	Haley Vinsik	14 Briar Woods HS-B	24:09.1		4:05.4	9:02.4	14:09.0
65	1299	Betsy Masich	11 Broughton HS	24:09.3	55	3:58.2	8:54.6	14:00.6
66	2531	Kara Olstad	13 Shaker HS-B	24:16.7	56	4:08.4	9:16.2	14:26.4
67	1203	Caroline Lucernoni	12 Briar Woods HS-B	24:17.2		4:03.0	9:00.0	14:05.4
68	2508	Erin Arnold	13 Shaker HS-C	24:19.2		4:03.0	9:03.6	14:10.8
69	1190	Lauren Fortier	12 Briar Woods HS	24:37.1		4:05.4	9:04.8	14:28.8
70	1314	Sara Kiley Watson	14 Broughton HS	24:42.5	57	4:09.0	9:06.6	14:22.8
71	1864	Lane Hering	13 Leesville Road HS	24:43.1	58	4:04.8	9:22.8	14:40.8
72	1206	Meghan Murray	12 Briar Woods HS	24:43.6		4:07.2	9:15.0	14:37.8
73	1315	Carly Weaver	12 Broughton HS	24:44.1	59	4:05.4	9:07.2	14:22.2
74	2797	Giulia Deem	12 Wake Forest-Rolesville HS	24:57.1		4:04.2	9:10.2	14:25.8
75	1176	Ryan Braumann	12 Briar Woods HS	25:08.3		4:01.8	9:03.6	14:26.4
76	2492	Karley Robinson	14 Saratoga Springs HS	25:09.7		3:58.2	9:12.0	14:22.8
77	1186	Ali Edeline	11 Briar Woods HS-B	25:32.2		4:10.2	9:22.8	14:42.0
78	1172	Dana Alcantara	14 Briar Woods HS-B	25:59.4		4:06.0	9:19.8	14:55.8
79	2590	Lylee Dziekan	16 Socastee HS	27:32.2	60	4:22.2	10:09.6	15:50.4
80	2597	Madilyn Lloyd	15 Socastee HS	27:32.5	61	4:31.2	10:09.6	15:49.8
81	2491	Aubrey Reardon	11 Saratoga Springs HS	28:39.3		4:30.0	10:13.8	16:36.6
82	2586	Anna Burleson	13 Socastee HS	29:25.7	62	4:24.6	10:13.8	16:42.0
83	2330	Savannah Rigdon	14 Oldham County HS-B	29:59.8		4:45.0	10:43.8	17:06.6
84	3335	Brianna Hulton	Wake Forest-Rolesville HS	31:56.0		4:52.8	11:27.6	18:36.6
85	2595	Kylie Jones	13 Socastee HS	33:34.7	63	5:03.0	12:00.0	19:28.2

Girls 5000 Meter Run JV II

Pl	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
86	2603	Alexandra Sarvis	16 Socastee HS	34:58.1	64	5:16.2	12:31.2	20:10.2
87	2591	Kaylee Edwards	15 Socastee HS	36:19.4	65	5:38.4	13:17.4	20:28.8
88	2602	Katie Powalie	15 Socastee HS	48:41.4	66	7:04.2	17:25.2	28:35.4

Girls 5000 Meter Run JV II Team Scores

1	duPont Manual HS	37	21:18.6
2	Brentsville District HS	52	21:28.8
3	Oldham County HS	71	21:39.6
4	Brookwood HS	76	21:41.4
5	Shaker HS	117	22:15.6
6	Leesville Road HS	171	22:58.8
7	Sherwood HS	182	23:06.6
8	Shaker HS-B	203	23:25.8
9	Broughton HS	241	23:52.8
10	Socastee HS	310	30:36.6



American Independent Schools Champs

Cary, NC -- Wakemed Soccer Park

October 2, 2010

Boys 5000 Meter Run Championship

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	5165	Edward Cheserek	13	St. Benedict's Prep	15:24.2	1	2:37.8	5:52.8	9:07.2
2	5008	Thomas Graham	12	Cary Academy	15:30.0	2	2:48.0	6:03.0	9:13.2
3	5001	Scott Morgan	11	Calvary Baptist Day Schoo	15:35.0		2:48.6	6:02.4	9:13.8
4	5052	Bobby Mintz	11	Cary Christian School	15:54.8		2:48.6	6:05.4	9:21.6
5	5063	Reid Nickle	11	Episcopal HS	16:13.9	3	2:55.2	6:13.2	9:39.0
6	5189	Guy Shelby	12	Trinity Episcopal School	16:20.4	4	2:54.6	6:12.0	9:31.8
7	5006	Colin Godwin	13	Cary Academy	16:44.4	5	3:06.6	6:40.2	10:06.0
8	5190	Mac Strehler	13	Trinity Episcopal School	16:46.1	6	3:05.4	6:36.0	10:04.2
9	5047	Daniel Jezioranski	12	Cary Christian School	16:46.3		3:00.0	6:29.4	10:01.2
10	5191	Reider Strehler	13	Trinity Episcopal School	16:48.7	7	3:05.4	6:36.0	10:03.6
11	5170	Garland Miller	11	St. Benedict's Prep	16:58.0	8	2:59.4	6:29.4	10:00.6
12	5188	Alden Knipe	12	Trinity Episcopal School	17:10.8	9	3:06.0	6:39.0	10:11.4
13	5096	Chase Shermer	12	North Raleigh Christian A	17:17.4	10	3:01.2	6:30.0	10:06.6
14	5086	Fadi Hanna	11	North Raleigh Christian A	17:23.6	11	3:00.6	6:30.6	10:07.2
15	5093	Grant Rodgers	14	North Raleigh Christian A	17:25.4	12	3:00.6	6:40.2	10:18.6
16	5076	Jacob O'Conner	12	Grace Christian School	17:26.6	13	3:00.6	6:31.2	10:09.6
17	5168	Tahlief Jackson	11	St. Benedict's Prep	17:35.5	14			
18	5183	John Rohr	14	St. David's School	17:39.0	15	3:01.2	6:33.6	10:19.8
19	5058	Chris Driscoll	12	Episcopal HS	17:40.9	16	3:06.0	6:42.0	10:25.8
20	5182	Garrett Pedersen	11	St. David's School	17:43.0	17	3:07.8	6:47.4	10:30.6
21	5064	Worth Smith	12	Episcopal HS	17:48.3	18	3:09.0	6:53.4	10:36.6
22	5013	Kenji Jameel	11	Cary Academy	17:50.6	19	3:10.8	6:52.8	10:33.6
23	5005	Alex Evans	11	Cary Academy	17:59.4	20	3:10.2	6:53.4	10:39.0
24	5062	Jake Love	11	Episcopal HS	18:02.8	21	3:10.8	6:56.4	10:43.2
25	5166	Adebayo Eisape	12	St. Benedict's Prep	18:05.7	22	3:16.8	7:12.0	10:58.2
26	5187	Ben Gross	12	Trinity Episcopal School	18:06.1	23	3:24.6	7:12.6	10:55.2
27	5177	Jeremy Gage	13	St. David's School	18:07.6	24	3:12.6	6:55.2	10:37.2
28	5169	Morgan Kipchumba	12	St. Benedict's Prep	18:08.4	25	3:05.4	6:59.4	10:49.2
29	5106	Taylor Katsanis	12	Pinewood Preparatory Sch	18:09.1		3:12.0	6:59.4	10:52.2
30	5027	Andy Neiswender	13	Cary Academy	18:14.4	26	3:13.8	7:05.4	10:55.2
31	5185	Isaac Stroud	14	St. David's School	18:15.4	27	3:15.6	7:06.0	10:54.6
32	5147	Marshall Reid	11	Ravenscroft	18:17.9	28	3:08.4	6:49.2	10:34.8
33	5176	Sam Doyle	12	St. David's School	18:22.2	29	3:17.4	7:07.8	10:55.8
34	5171	Jason Presley	11	St. Benedict's Prep	18:31.0	30	3:08.4	7:00.6	10:50.4
35	5152	Thomas Sigmon	13	Ravenscroft	18:31.0	31	3:14.4	7:08.4	11:00.0
36	5192	Jake Wilkes	13	Trinity Episcopal School	18:35.0	32	3:25.2	7:14.4	11:05.4
37	5186	Chris Cantone	12	Trinity Episcopal School	18:49.0	33	3:07.2	6:45.0	10:37.8
38	5032	Sam Russell	14	Cary Academy	18:54.9	34	3:20.4	7:15.0	11:07.8
39	5031	Connor Riser	12	Cary Academy	18:58.6	35	3:19.2	7:12.6	11:13.8
40	5090	John Lawson	12	North Raleigh Christian A	19:05.5	36	3:36.0	7:42.0	11:36.0
41	5065	Sam Streed	13	Episcopal HS	19:10.4	37	3:32.4	7:47.4	11:46.2

Boys 5000 Meter Run Championship

PI	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
42	5059	RJ Drucker	11	Episcopal HS	19:12.3	38	3:23.4	7:24.6	11:28.8
43	5132	Max Haensel	14	Ravenscroft	19:12.8	39	3:22.8	7:25.2	11:27.6
44	5061	Evan Leonard	11	Episcopal HS	19:23.6	40	3:32.4	7:48.0	11:45.0
45	5104	Mason Hazel	14	Pinewood Preparatory Sch	19:28.8		3:20.4	7:24.6	11:27.0
46	5172	Cody Bruce	12	St. David's School	19:33.9	41	3:28.8	7:33.6	11:38.4
47	5088	Ryan Hatton	11	North Raleigh Christian A	19:35.5	42	3:36.0	7:43.2	11:52.2
48	5074	Harrison Huntley	14	Grace Christian School	19:38.8	43	3:36.6	7:43.8	11:45.6
49	5079	Katarina Pibl	14	Grace Christian School	19:39.0	44	3:36.6	7:45.0	11:46.2
50	5197	Daniel Epps	11	Village Christian Academy	19:54.8	45	3:19.8	7:24.0	11:36.0
51	5199	Steven Jernigan	14	Village Christian Academy	19:55.2	46	3:29.4	7:39.6	11:49.8
52	5100	Ryan Colucci	11	Pinewood Preparatory Sch	20:01.3		3:18.0	7:19.8	11:27.6
53	5173	Tim Bubac	14	St. David's School	20:07.3	47	3:40.8	7:51.0	11:57.6
54	5167	Benjamin Guerin	14	St. Benedict's Prep	20:08.1	48	3:19.8	7:28.2	11:37.2
55	5149	Garrison Rountree	14	Ravenscroft	20:18.2	49	3:26.4	7:43.8	11:59.4
56	5138	Spencer Knudsen	13	Ravenscroft	20:18.5	50	3:28.8	7:44.4	11:59.4
57	5115	Caleb Hodge	12	Providence Academy	20:24.3	51	3:35.4	7:55.2	12:13.2
58	5153	Josh Silver	12	Ravenscroft	20:37.7	52	3:28.8	7:43.8	11:58.8
59	5121	John Steadman	12	Providence Academy	20:50.4	53	3:34.8	7:52.8	12:14.4
60	5113	Sterling Fooshee	14	Providence Academy	20:50.6	54	3:36.6	8:00.6	12:22.2
61	5195	Ryan Bumgardner	11	Village Christian Academy	20:56.8	55	3:34.2	7:54.0	12:15.6
62	5067	Joshua Skelton	12	Florence Christian School	21:08.2		3:31.8	8:03.0	12:24.0
63	5139	Alex Kumbar	12	Ravenscroft	21:09.7	56	3:28.8	7:43.8	11:59.4
64	5042	David Gracieux	11	Cary Christian School	21:30.5		3:36.6	7:55.8	12:36.0
65	5205	Billy White	13	Village Christian Academy	21:38.9	57	3:45.0	8:18.0	12:44.4
66	5078	Thomas Parker	11	Grace Christian School	21:43.4	58	3:49.8	8:28.2	12:59.4
67	5112	Chris Boccarossa	12	Providence Academy	21:47.2	60	3:55.8	8:39.0	13:08.4
67	5075	Ian MacPherson	13	Grace Christian School	21:44.7	59	3:40.8	8:06.6	12:36.6
68	5119	Caleb Presley	14	Providence Academy	22:01.5	61	3:55.2	8:38.4	13:13.8
69	5038	Ryan Bolick	12	Cary Christian School	22:07.3		3:39.0	8:09.6	12:52.8
70	5118	Ben Jewett	12	Providence Academy	23:11.1	62	3:38.4	8:28.2	13:23.4
71	5109	Matthew Stice	14	Pinewood Preparatory Sch	23:19.1		3:43.2	8:57.6	14:01.8
72	5114	Chace Graham	12	Providence Academy	23:37.1	63	3:56.4	8:50.4	13:40.2
73	5144	Eric Norford	12	Ravenscroft JV-A	23:54.7		3:57.0	8:54.6	13:54.0
74	5196	Tyler Elrod	12	Village Christian Academy	23:55.9	64	3:53.4	8:45.0	13:46.2
75	5077	Sinclair Owens	11	Grace Christian School	24:56.3	65	3:51.0	9:04.2	14:24.6
76	5194	Evan Arneson	11	Village Christian Academy	25:40.4	66	3:48.0	8:58.8	14:29.4

Boys 5000 Meter Run Championship

Boys 5000 Meter Run Championship Team Scores

1	Trinity Episcopal School	49	17:02.4
2	St. Benedict's Prep	70	17:14.4
3	Cary Academy	72	17:15.6
4	Episcopal HS	95	17:47.4
5	North Raleigh Christian A	111	18:09.6
6	St. David's School	112	18:01.2
7	Ravenscroft	197	19:19.8
8	Grace Christian School	217	20:02.4
9	Village Christian Academy	267	21:16.2
10	Providence Academy	279	21:10.8



American Independent Schools Champs

Cary, NC -- Wakemed Soccer Park

October 2, 2010

Girls 5000 Meter Run Championship

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	5045	Aundrea Holmes	12	Cary Christian School	19:47.8	1	3:26.4	7:31.2	11:39.6
2	5044	Tiffany Hagan	11	Cary Christian School	20:04.9	2	3:26.4	7:32.4	11:45.6
3	5083	Sarah Garratt		Hilton Head Prep	20:05.9		3:33.6	7:46.2	11:57.6
4	5150	Elisabeth Schricker	13	Ravenscroft	20:06.3	3	3:24.0	7:33.6	11:46.2
5	5203	Kristen Stephenson	12	Village Christian Academy	20:26.5	4	3:31.8	7:46.2	12:01.8
6	5098	Gabi Wilberding	13	North Raleigh Christian A	20:27.7	5	3:31.8	7:51.6	12:12.6
7	5181	Maggie O'Hara	14	St. David's School	20:32.8	6	3:28.8	7:51.6	12:09.6
8	5002	Emma Astrike Davis	14	Cary Academy	20:34.8	7	3:37.8	7:55.8	12:07.8
9	5202	Jennifer Stephenson	15	Village Christian Academy	20:35.4	8	3:36.0	7:55.2	12:13.8
10	5056	Caroline Stogner	14	Cary Christian School	20:40.5	9	3:43.2	7:57.6	12:13.8
11	5105	Sydney Hazel	11	Pinewood Preparatory Sch	20:48.2		3:33.6	7:54.6	12:12.6
12	5180	Wynn Mitchell	14	St. David's School	20:58.5	10	3:39.0	7:58.2	12:20.4
13	5099	Katie Black	15	Pinewood Preparatory Sch	21:00.7		3:43.8	8:22.2	12:40.2
14	5125	Emily Bedsole	13	Ravenscroft	21:04.0	11	3:37.8	8:00.0	12:21.0
15	5201	Caitlin LaNeve	13	Village Christian Academy	21:41.6	12	3:43.8	8:13.8	12:45.6
16	5010	Anna Hamilton	12	Cary Academy	21:47.3	13	3:44.4	8:13.8	12:44.4
17	5007	Hannah Goetz	13	Cary Academy	21:51.2	14	3:44.4	8:18.6	12:52.8
18	5097	Maggie Smitherman	12	North Raleigh Christian A	21:55.7	15	3:39.0	8:09.0	12:46.8
19	5179	Kinsey McDaniel	14	St. David's School	22:25.5	16	3:54.0	8:37.2	13:23.4
20	5156	Shannon Strong	14	Ravenscroft	22:33.0	17	3:40.8	8:13.8	13:01.8
21	5084	Marissa Bane	12	North Raleigh Christian A	22:36.4	18	4:04.8	8:55.2	13:38.4
22	5160	Carole Verdru	12	Ravenscroft	22:43.3	19	3:51.6	8:43.2	13:27.0
23	5015	Sydney Kalin	13	Cary Academy	22:49.1	20	4:07.8	8:57.0	13:44.4
24	5085	Olivia Bane	14	North Raleigh Christian A	22:50.0	21	3:50.4	8:39.0	13:25.2
25	5087	Ashley Hatton	15	North Raleigh Christian A	22:50.3	22	3:47.4	8:30.0	13:26.4
26	5091	Allison Puryear	15	North Raleigh Christian A	22:53.8	23	3:47.4	8:30.0	13:26.4
27	5000	Natalie Smith	13	Providence Academy	22:55.2	24	3:56.4	8:45.0	13:36.0
28	5107	Abby Mandel	13	Pinewood Preparatory Sch	23:02.6		3:55.2	8:44.4	13:35.4
29	5019	Hannah Kisley	11	Cary Academy	23:15.6	25	3:57.6	8:40.8	13:25.8
30	5184	Rachael Schwitzgebel	14	St. David's School	23:27.6	26	4:10.2	9:06.0	14:04.8
31	5022	Nicole Kofman	11	Cary Academy	23:42.9	27	4:15.6	9:12.0	13:59.4
32	5155	Caroline Spence	11	Ravenscroft	23:43.9	28	4:13.2	9:10.2	14:05.4
33	5126	Mary Grady Bell	14	Ravenscroft	23:44.5	29	3:55.8	8:51.6	14:00.6
34	5174	Lauren Conder	11	St. David's School	23:58.8	30	4:10.2	9:10.2	14:11.4
35	5070	Abby Brown	13	Grace Christian School	24:01.8		4:16.2	9:13.8	14:13.2
36	5111	Mariah Bechtel	14	Providence Academy	24:21.3	31	4:09.0	9:17.4	14:22.2
37	5094	Hannah Roe	12	North Raleigh Christian A	24:24.0	32	4:12.6	9:19.8	14:39.0
38	5069	Jose Alcaraz	14	Grace Christian School	24:30.5		4:03.0	9:04.2	14:03.0
39	5101	Lauren Fanning	13	Pinewood Preparatory Sch	24:32.1		4:04.2	9:13.2	14:36.0
40	5193	Katherine Arata	15	Village Christian Academy	24:33.5	33	4:15.6	9:13.8	14:12.0
41	5178	Lily Lasher	14	St. David's School	25:00.5	34	4:23.4	9:38.4	14:59.4

Girls 5000 Meter Run Championship

PI	Bib	Athlete Name	Affiliation	Time	Pts	1000m	2000m	3000m
42	5198	Lauren Goldner	13 Village Christian Academy	26:04.4	35	4:16.2	9:37.2	15:20.4
43	5048	Rachel Kenney	14 Cary Christian School	26:26.3	36	4:14.4	9:37.2	15:27.0
44	5200	Emily Kendziera	13 Village Christian Academy	26:28.3	37	4:22.2	9:55.8	15:33.6
45	5206	Madison Wirt	13 Village Christian Academy	27:07.3	38	4:31.2	10:00.0	15:51.0
46	5051	Maggie Miller	12 Cary Christian School	27:08.6	39	4:18.6	9:54.6	15:36.0
47	5122	Corrine Schmidt	14 Providence Academy	27:27.3	40	4:16.2	9:54.0	15:40.8
48	5072	Alex Dolwick	15 Grace Christian School	27:51.8		4:17.4	10:02.4	16:05.4
49	5117	Regan Huisman	13 Providence Academy	30:06.4	41	4:43.2	10:15.0	16:39.0
50	5073	Robert Hauser	12 Grace Christian School	31:47.5		5:02.4	11:36.6	18:05.4
51	5116	Kristen Hodge	14 Providence Academy	32:09.0	42	5:18.0	11:58.8	18:36.0
52	5053	Erin Pechacek	12 Cary Christian School JV-A	34:27.1		5:15.0	12:27.6	19:56.4
53	5049	Caroline Knox	13 Cary Christian School JV-A	35:19.6		5:42.6	12:55.8	20:21.6

Girls 5000 Meter Run Championship Team Scores

1	Ravenscroft	78	22:01.8
2	Cary Academy	79	22:03.6
3	North Raleigh Christian A	81	22:07.8
4	Cary Christian School	87	22:49.8
5	St. David's School	88	22:16.8
6	Village Christian Academy	92	22:40.2
7	Providence Academy	178	27:24.0



American Independent Schools Champs

Cary, NC -- Wakemed Soccer Park

October 2, 2010

Boys 5000 Meter Run Freshman/JV

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	5036	Alex Touzov	13	Cary Academy JV-A	19:45.9		3:34.8	7:40.2	11:52.2
2	5060	Tyler Kennedy	11	Episcopal HS JV-A	19:54.1		3:31.8	7:47.4	11:49.8
3	5157	Aaron Sugar	11	Ravenscroft JV-A	20:29.1	1	3:33.0	7:50.4	12:13.2
4	5012	Kyle Henderson	13	Cary Academy JV-A	20:45.0		3:43.2	8:08.4	12:22.8
5	5025	Patrick Luo	11	Cary Academy JV-A	21:00.3		3:48.0	8:18.6	12:39.6
6	5009	Zachary Graves	13	Cary Academy JV-B	21:25.2		3:45.0	8:20.4	12:42.0
7	5128	David Dameron	14	Ravenscroft JV-A	21:32.1	2	3:36.6	8:01.2	12:26.4
8	5136	Arash Kasebi	13	Ravenscroft JV-A	21:33.6	3	3:37.2	8:01.2	12:28.2
9	5137	Kyle Kittleberger	12	Ravenscroft JV-A	21:50.7	4	3:33.0	7:50.4	12:18.0
10	5026	Thomas Marshall	14	Cary Academy JV-B	21:52.6		3:49.2	8:24.0	12:55.2
11	5023	Michael Laverick	11	Cary Academy JV-B	22:38.7		3:48.6	8:28.2	13:10.2
12	5066	Hudson Jepertinger	14	Florence Christian School J	23:11.9		3:47.4	8:27.6	13:15.0
13	5144	Eric Norford	12	Ravenscroft JV-A	23:54.7	5	3:57.0	8:54.6	13:54.0
14	5140	Austin Laughery	14	Ravenscroft JV-B	26:40.6		4:33.6	10:18.0	15:54.0
15	5011	Ben Hatfield	14	Cary Academy JV-B	27:19.1		4:35.4	10:19.2	15:55.2

Boys 5000 Meter Run Freshman/JV Team Scores

1	Ravenscroft JV-A	15	21:52.2
---	------------------	----	---------



American Independent Schools Champs

Cary, NC -- Wakemed Soccer Park

October 2, 2010

Girls 5000 Meter Run Freshman/JV

Pl	Bib	Athlete Name		Affiliation	Time	Pts	1000m	2000m	3000m
1	5161	Julie Verdru	14	Ravenscroft JV-A	23:07.0	1	4:00.0	8:50.4	13:40.8
2	5133	Caroline Hirl	12	Ravenscroft JV-A	23:38.0	2	4:16.2	9:13.8	14:13.8
3	5131	Grace Fuscoe	12	Ravenscroft JV-A	23:45.2	3	4:09.0	9:10.8	14:07.8
4	5148	Kathryn Ann Robinson	14	Ravenscroft JV-B	24:07.9		4:21.0	9:12.6	14:04.2
5	5095	Ali Schubert	15	North Raleigh Christian JV-	24:14.9		4:09.0	9:15.0	14:22.8
6	5164	Caroline Zuckerman	13	Ravenscroft JV-A	24:18.5	4	4:12.0	9:19.2	14:30.0
7	5145	Rebecca Powell	14	Ravenscroft JV-A	24:21.5	5	4:13.8	9:16.2	14:25.8
8	5129	Virginia Douglas	14	Ravenscroft JV-A	24:32.7	6	4:13.2	9:16.2	14:25.8
9	5092	Stacy Ransom	12	North Raleigh Christian JV-	24:33.3		4:01.8	9:13.8	14:22.8
10	5163	Courtney Youngbar	12	Ravenscroft JV-B	24:51.4		4:14.4	9:25.2	14:37.8
11	5142	Lee Massey	13	Ravenscroft JV-B	25:00.1		4:21.6	9:37.8	14:57.6
12	5033	Elizabeth Strohbeck	13	Cary Academy JV-A	25:21.9		4:25.2	9:52.2	15:01.8
13	5123	Kyla Babson	13	Ravenscroft JV-A	25:56.3	7	4:12.0	9:12.0	14:34.2
14	5158	Sarah Take	14	Ravenscroft JV-C	26:33.4	8	4:43.8	10:26.4	16:10.8
15	5127	Brittani Bryan	14	Ravenscroft JV-B	26:40.1		4:57.0	10:44.4	16:13.2
16	5030	Tori Parrish	14	Cary Academy JV-A	26:48.5		4:38.4	10:13.2	15:42.0
17	5029	Juliette Parks	12	Cary Academy JV-A	26:57.0		4:22.2	9:58.2	15:37.2
18	5135	Kristine Kapatos	11	Ravenscroft JV-C	29:28.7	9	4:45.0	10:45.6	17:04.8
19	5159	Anna Taylor	14	Ravenscroft JV-C	29:32.6	10	5:03.6	11:09.6	17:21.0
20	5141	Jessie Lutz	14	Ravenscroft JV-C	30:26.6	11	4:59.4	11:09.6	18:00.0
21	5039	Anna Davis	13	Cary Christian School JV-A	30:45.3		4:59.4	11:12.0	17:33.0
22	5018	Nupur Khadilkar	12	Cary Academy JV-A	31:23.9		5:00.0	11:10.8	17:28.8
23	5134	Natalie Holdstock	13	Ravenscroft JV-C	32:27.9	12	4:55.2	11:28.2	18:13.2
24	5037	Abby Armstrong	13	Cary Christian School JV-A	34:06.8		5:01.8	11:24.0	18:52.8
25	5053	Erin Pechacek	12	Cary Christian School JV-A	34:27.1		5:15.0	12:27.6	19:56.4
26	5049	Caroline Knox	13	Cary Christian School JV-A	35:19.6		5:42.6	12:55.8	20:21.6

Girls 5000 Meter Run Freshman/JV Team Scores

1	Ravenscroft JV-A	15	23:49.8
2	Ravenscroft JV-C	50	29:42.0